

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 21 Girls 100 Meter Dash Division I (21) Prelims

Meet Record: 12.22 5/18/2019 **Micayah Holland, Norfolk Christian**

	Name	Year	School	Seed Time
1	Versen, Lucy	10	Trinity Episcopal School	12.33
2	Chance, Armani	10	Catholic High School	12.60
3	Hughes, Madison	10	St. Stephen's and St. Agnes Sc	12.72
4	Lookadoo, Hayley	11	St. Stephen's and St. Agnes Sc	12.80
5	Adams, Mia	10	Madeira School	12.80
6	Stiebel, Selah	12	Episcopal	12.84
7	Bailey, Azaria	12	Collegiate	12.94
8	Barabanov, Rose	9	The Potomac School	13.03
9	Walker, Adriana	12	Saint Catherine's	13.23
10	Armstrong, Leslie	11	Saint Catherine's	13.32
11	Horton, Michele	10	The Potomac School	13.35
12	Martinez, Kyria	10	St. Gertrude	13.37
13	Egan, Catherine	12	Oakcrest School	13.38
14	Reed, Anwen	12	Flint Hill School	13.45
15	Nelson, Ashlyn	9	Trinity Episcopal School	13.50
16	Dunn, Jazie	9	Collegiate	13.52
17	Mosby, Jordan	12	Saint Catherine's	13.56
18	Monahan, Lucy	11	Oakcrest School	13.59
19	Meney, Carli	9	St. Anne's-Belfield School	13.61
20	Appiah, Vicky	9	Episcopal	13.62
21	Lerner, Maria	10	The Potomac School	13.69

Event 23 Girls 200 Meter Dash Division I (22)

Meet Record: 24.74 5/15/2010 **Emmy Fraenk, Hampton Roads**

	Name	Year	School	Seed Time
1	Versen, Lucy	10	Trinity Episcopal School	25.75
2	Fulgham, Mackenzie	12	The Potomac School	25.78
3	Versen, Lilly	12	Trinity Episcopal School	26.25
4	Barabanov, Rose	9	The Potomac School	26.47
5	Beggerow, Emily	10	Collegiate	26.60
6	Overdeck, Tenley	12	The Potomac School	26.64
7	Adams, Mia	10	Madeira School	26.95
8	Bailey, Azaria	12	Collegiate	27.19
9	DelVecchio, Mary	11	Flint Hill School	27.36
10	Egan, Catherine	12	Oakcrest School	27.55
11	Reed, Anwen	12	Flint Hill School	27.85
12	Meredith, Taylor	12	Saint Catherine's	28.01
13	Mosby, Jordan	12	Saint Catherine's	28.16
14	Monahan, Lucy	11	Oakcrest School	28.22
15	Nelson, Ashlyn	9	Trinity Episcopal School	28.24
16	Kulow, Taylor	9	Norfolk Academy	28.24
17	Semisch, Teagan	10	St. Gertrude	28.28
18	Appiah, Vicky	9	Episcopal	28.38
19	Dunn, Jazie	9	Collegiate	28.41
20	Sutton, Kennedy	10	Saint Catherine's	28.51
21	Meney, Carli	9	St. Anne's-Belfield School	28.67
22	Martinez, Kyria	10	St. Gertrude	28.79

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 25 Girls 400 Meter Dash Division I (23)

Meet Record: 56.45 5/18/2019 Catherine Hyman, The Potomac School

	Name	Year	School	Seed Time
1	Fulgham, Mackenzie	12	The Potomac School	56.98
2	Obasi, Chinenye	11	Saint John Paul the Great Cath	57.33
3	Garrard, Emily	12	Episcopal	59.51
4	Moore, Aaris	8	Saint Catherine's	1:00.22
5	Overdeck, Tenley	12	The Potomac School	1:00.36
6	Scott, Lauren	12	St. Stephen's and St. Agnes Sc	1:00.59
7	DelVecchio, Mary	11	Flint Hill School	1:00.92
8	Beggerow, Emily	10	Collegiate	1:01.27
9	Everhart, Charlotte	11	The Potomac School	1:01.68
10	Jones, Ainsleigh	9	Trinity Episcopal School	1:01.87
11	Stufflebeem, Ella	10	Norfolk Academy	1:02.98
12	Perkinson, Reagan	9	Trinity Episcopal School	1:03.81
13	Mayer, Annabelle	9	Saint Catherine's	1:04.14
14	Kennedy, Katie	12	Oakcrest School	1:04.32
15	Sutton, Kennedy	10	Saint Catherine's	1:04.47
16	Hsieh, Maggi	9	Trinity Christian School	1:04.81
17	Borcherding, Meredith	10	Trinity Christian School	1:05.31
18	Fleming, Reese	10	Collegiate	1:05.32
19	Paget-Brown, Chloe	11	St. Anne's-Belfield School	1:05.36
20	Myers, Allie	8	Trinity Christian School	1:05.63
21	Pemberton, Willow	11	St. Anne's-Belfield School	1:05.68
22	Shalva, Avital	9	Madeira School	1:07.43
23	Musselmani, Aya	11	Norfolk Academy	1:07.74

Event 26 Girls 800 Meter Run Division I (24)

Meet Record: 2:13.62 5/20/2006 Katie Doswell, Saint Catherine's

	Name	Year	School	Seed Time
1	Exley, Reagan	12	The Potomac School	2:09.62
2	Tuttle, Kate	12	The Potomac School	2:14.83
3	Harris, Virginia	9	Collegiate	2:18.49
4	Smith, Lane	12	Episcopal	2:25.10
5	Ferrell, Rosie	9	Collegiate	2:26.75
6	Rouse, Ali	10	St. Stephen's and St. Agnes Sc	2:28.31
7	Dean, Julia	11	Trinity Christian School	2:30.68
8	Harter, Emalene	12	Saint Catherine's	2:30.71
9	Earp, Jane	9	Norfolk Academy	2:31.13
10	Stoeter, Catherine	11	Saint John Paul the Great Cath	2:31.18
11	Stufflebeem, Ella	10	Norfolk Academy	2:32.63
12	Windisch, Brynn	9	The Potomac School	2:33.71
13	Sloan, Sophie	11	Collegiate	2:34.24
14	Clemons, Piper	8	Saint Catherine's	2:34.31
15	Price, Kathryn	12	Saint Catherine's	2:34.69
16	Harty, Claire	10	Episcopal	2:35.01
17	Spiegeler, Erynn	11	Saint John Paul the Great Cath	2:36.46
18	Marcus, Grace	11	Trinity Episcopal School	2:37.53
19	Roy, Nisha	9	Episcopal	2:37.56
20	Dake, Margaret	10	Saint John Paul the Great Cath	2:40.33
21	Moss, Maddy	12	Oakcrest School	2:40.64
22	Gebler, Bella	12	Catholic High School	2:40.83

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 26 ... (Girls 800 Meter Run Division I (24))

	Name	Year	School	Seed Time
23	Sweda, Lianor	12	Oakcrest School	2:41.00
24	Hensley, Ari	10	Trinity Christian School	2:41.08

Event 27 Girls 1600 Meter Run Division I (15)

Meet Record:		4:53.12	5/19/2023	Reese Dalton, The Covenant School	
	Name	Year	School	Seed Time	
1	Exley, Reagan	12	The Potomac School	4:54.34	
2	Tuttle, Kate	12	The Potomac School	5:07.19	
3	Earp, Jane	9	Norfolk Academy	5:12.79	
4	Blaszak, Bridget	11	Collegiate	5:20.38	
5	Wulff, Caroline	12	Saint Catherine's	5:20.78	
6	Bayler, Annabel	10	Saint Catherine's	5:21.65	
7	Dean, Julia	11	Trinity Christian School	5:32.76	
8	Myers, Caroline	11	Trinity Christian School	5:34.67	
9	Matiunas, Charlotte	11	Episcopal	5:34.81	
10	Spiegeler, Erynn	11	Saint John Paul the Great Cath	5:36.29	
11	Keffer, Allie	10	Norfolk Academy	5:43.37	
12	Navitsky, Lydia	9	Episcopal	5:46.01	
13	Blackwood, Ellie	9	Collegiate	5:47.13	
14	Kay, Madison	12	Norfolk Academy	5:49.00	
15	Bechtel, Tegan	9	Saint John Paul the Great Cath	5:49.11	

Event 28 Girls 3200 Meter Run Division I (22)

Meet Record:		10:47.43	5/17/2014	Molly McKenna, Peninsula Catholic	
	Name	Year	School	Seed Time	
1	Tuttle, Kate	12	The Potomac School	11:09.93	
2	Blaszak, Bridget	11	Collegiate	11:22.09	
3	Wulff, Caroline	12	Saint Catherine's	11:34.43	
4	Bayler, Annabel	10	Saint Catherine's	11:46.88	
5	Myers, Caroline	11	Trinity Christian School	11:55.52	
6	Lewis, Anne	9	Collegiate	12:03.16	
7	Constandy, Karina	11	St. Stephen's and St. Agnes Sc	12:09.09	
8	McCoppin, Alyssa	9	Saint John Paul the Great Cath	12:10.64	
9	Kouyoumdjian, Arielle	11	The Potomac School	12:30.03	
10	Hensley, Ari	10	Trinity Christian School	12:37.29	
11	Pemberton, Brynne	11	St. Anne's-Belfield School	12:38.19	
12	Harris, Kailyn	8	Trinity Episcopal School	12:41.50	
13	Miller, Avery	10	The Potomac School	12:46.62	
14	Ferrell, Giles	12	Collegiate	13:03.48	
15	Albanese, Gianna	10	Saint John Paul the Great Cath	13:05.44	
16	Carter, Eleanor	10	St. Anne's-Belfield School	13:06.39	
17	Keffer, Allie	10	Norfolk Academy	13:14.95	
18	Womack, Ellie	9	St. Anne's-Belfield School	13:20.24	
19	Noel, Caitlyn	8	Trinity Christian School	13:24.47	
20	Carington, Grace	10	Saint Catherine's	13:26.83	
21	Martinez Ortega, Valeria	9	Madeira School	13:51.09	
22	Carter, Katrina	11	Saint John Paul the Great Cath	13:54.22	

Event 22 Girls 100 Meter Hurdles Division I (12) Prelims

Meet Record:		14.73	5/15/2010	Shantell Bingham, Episcopal	
	Name	Year	School	Seed Time	
1	Shannon, Piper	11	Saint Catherine's	15.56	

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 22 ... (Girls 100 Meter Hurdles Division I (12) Prelims)

	Name	Year	School	Seed Time
2	Chance, Armani	10	Catholic High School	15.70
3	Miller, Evie	12	Trinity Christian School	16.48
4	Kulow, Taylor	9	Norfolk Academy	16.55
5	Gatty, Aseye	11	Saint Catherine's	18.08
6	Nester, Helena	12	Flint Hill School	18.19
7	Torrence, Carter	9	Saint Catherine's	18.19
8	Clarkson, Whitney	12	Collegiate	18.36
9	Vilela, Natalia	12	The Potomac School	18.79
10	Nicholls, Amaya	11	St. Stephen's and St. Agnes Sc	18.83
11	VanRaaphorst, Lexie	9	Trinity Christian School	19.92
12	Figaro, Taliyah	9	St. Stephen's and St. Agnes Sc	19.98

Event 24 Girls 300 Meter Hurdles Division I (18)

Meet Record:		44.03	5/18/2019	Willa Shannon, Saint Catherine's	
	Name	Year	School	Seed Time	
1	Gatty, Aseye	11	Saint Catherine's	47.87	
2	Shannon, Piper	11	Saint Catherine's	47.92	
3	Miller, Evie	12	Trinity Christian School	48.95	
4	Lookadoo, Hayley	11	St. Stephen's and St. Agnes Sc	49.84	
5	Nester, Helena	12	Flint Hill School	51.77	
6	Vilela, Natalia	12	The Potomac School	51.83	
7	Torrence, Carter	9	Saint Catherine's	52.77	
8	Horton, Michele	10	The Potomac School	53.97	
9	Nicholls, Amaya	11	St. Stephen's and St. Agnes Sc	54.15	
10	Ryan-Byrne, Rose	11	St. Anne's-Belfield School	54.23	
11	Clarkson, Whitney	12	Collegiate	54.91	
12	Wu, Claire	12	Flint Hill School	55.36	
13	O'Beirne, Charlotte	12	Oakcrest School	55.60	
14	VanRaaphorst, Lexie	9	Trinity Christian School	55.68	
15	Sinclair, Autumn	9	Saint John Paul the Great Cath	56.23	
16	Figaro, Taliyah	9	St. Stephen's and St. Agnes Sc	56.93	
17	Cairncross, India	11	The Potomac School	56.93	
18	Daub, Chloe	9	Collegiate	57.35	

Event 18 Girls 4x100 Meter Relay Division I (13)

Meet Record:		49.49	5/16/2009	St. Stephen's & St. Agnes	
		Adelberg, Nelson, Cook, Jackson			
	Team	Relay	Seed Time		
1	Trinity Episcopal School	A	50.28		
2	Saint Catherine's	A	50.29		
3	Episcopal	A	50.59		
4	St. Stephen's and St. Agnes Sc	A	50.86		
5	Collegiate	A	51.69		
6	The Potomac School	A	52.39		
7	Flint Hill School	A	53.24		
8	St. Gertrude	A	53.74		
9	Madeira School	A	54.08		
10	Trinity Christian School	A	54.23		
11	Norfolk Academy	A	54.32		
12	St. Anne's-Belfield School	A	54.62		
13	Catholic High School	A	57.71		

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 19 Girls 4x400 Meter Relay Division I (12)

Meet Record: 3:57.97 5/18/2019 **Saint Catherine's**
H. Turton, H. Ballowe, W. Shannon, A. Gurkin

	Team	Relay	Seed Time
1	The Potomac School	A	4:07.18
2	Collegiate	A	4:10.71
3	Trinity Christian School	A	4:13.25
4	St. Stephen's and St. Agnes Sc	A	4:16.33
5	Saint Catherine's	A	4:17.48
6	Trinity Episcopal School	A	4:25.46
7	Norfolk Academy	A	4:25.71
8	Episcopal	A	4:29.33
9	Saint John Paul the Great Cath	A	4:31.89
10	Oakcrest School	A	4:32.78
11	Flint Hill School	A	4:33.41
12	St. Anne's-Belfield School	A	4:37.71

Event 20 Girls 4x800 Meter Relay Division I (12)

Meet Record: 9:42.36 5/19/2018 **Episcopal High School**
C. Boehm, A. Boehm, R. Simmons, P. Hathaway

	Team	Relay	Seed Time
1	The Potomac School	A	9:51.11
2	Collegiate	A	10:03.23
3	Episcopal	A	10:11.23
4	Saint John Paul the Great Cath	A	10:16.55
5	Saint Catherine's	A	10:26.60
6	St. Stephen's and St. Agnes Sc	A	10:55.14
7	St. Anne's-Belfield School	A	11:06.54
8	Catholic High School	A	11:10.18
9	Trinity Christian School	A	11:14.28
10	Trinity Episcopal School	A	11:14.71
11	Madeira School	A	11:39.12
12	Oakcrest School	A	11:53.85

Event 30 Girls High Jump Division I (14)

Meet Record: 5-05 1981 **Pease, Bishop O'Connell**
Meet Record: 5-05 5/17/2014 **Nadia Khoury, Trinity Episcopal**

	Name	Year	School	Seed Mark
1	Kulow, Taylor	9	Norfolk Academy	5-04.00
2	Chance, Armani	10	Catholic High School	5-00.00
3	Coffey, Kyla	12	Collegiate	5-00.00
4	Barr, Olivia	9	Episcopal	4-10.00
5	Hailes, Harper	12	Collegiate	4-10.00
6	Horton, Michele	10	The Potomac School	4-08.00
7	Lookadoo, Hayley	11	St. Stephen's and St. Agnes Sc	4-08.00
8	Clarkson, Whitney	12	Collegiate	4-08.00
9	Armstrong, Leslie	11	Saint Catherine's	4-06.00
10	Mokarem, Leila	9	Flint Hill School	4-04.00
11	Ledger, Emily	9	St. Anne's-Belfield School	4-04.00
12	Robertson, Boston	10	Flint Hill School	4-02.00
13	Vilela, Natalia	12	The Potomac School	4-02.00
14	Moro Kluskova, Dana	11	St. Anne's-Belfield School	4-02.00

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 32 Girls Pole Vault Division I (11)**Meet Record: 11-10 5/21/2022****Lauren Lucy, Collegiate**

	Name	Year	School	Seed Mark
1	Smullen, Madelyn	10	Saint Catherine's	10-06.00
2	Mayr, Abby	12	Collegiate	9-06.00
3	Braxton, Claire	10	Episcopal	9-03.00
4	Kuhlen, Annie	8	Saint Catherine's	9-00.00
5	Bailey, Azaria	12	Collegiate	9-00.00
6	Staub, Anne Randolph	11	Norfolk Academy	8-00.00
7	Clemons, Piper	8	Saint Catherine's	7-06.00
8	Moro Kluskova, Dana	11	St. Anne's-Belfield School	7-00.00
9	Collenberg, Whitney	12	Norfolk Academy	7-00.00
10	Noble, Abby	12	St. Anne's-Belfield School	6-06.00
11	Staub, Lucy	11	Norfolk Academy	6-00.00

Event 31 Girls Long Jump Division I (18)**Meet Record: 18-04.50 1995****Miller, St. Gertrude**

	Name	Year	School	Seed Mark
1	Chance, Armani	10	Catholic High School	18-01.25
2	Obasi, Chinenye	11	Saint John Paul the Great Cath	17-03.75
3	Kulow, Taylor	9	Norfolk Academy	16-09.25
4	Horton, Michele	10	The Potomac School	16-08.00
5	Moore, Aaris	8	Saint Catherine's	16-07.50
6	Bailey, Azaria	12	Collegiate	16-05.00
7	Kennedy, Katie	12	Oakcrest School	16-03.00
8	Gatty, Aseye	11	Saint Catherine's	16-01.50
9	DeVaughn, Farah	11	St. Stephen's and St. Agnes Sc	15-11.50
10	Smith, Chloe	11	Episcopal	15-11.50
11	Jackson, Julia	10	The Potomac School	15-08.00
12	Coffey, Kyla	12	Collegiate	15-07.00
13	Barr, Olivia	9	Episcopal	15-07.00
14	Tenorio, Kahlen	9	Saint John Paul the Great Cath	15-05.75
15	McKay, Abigail	9	Saint Catherine's	15-04.00
16	Souza, Lais	11	Madeira School	15-02.00
17	Jordan, Gabrielle	10	Trinity Christian School	15-01.50
18	Cotman, Morgan	9	Collegiate	15-00.00

Event 34 Girls Triple Jump Division I (19)**Meet Record: 39-09.25 5/17/2008****Nefertiti Smith, Norfolk Collegiate**

	Name	Year	School	Seed Mark
1	Chance, Armani	10	Catholic High School	35-08.50
2	Gatty, Aseye	11	Saint Catherine's	35-04.00
3	Kulow, Taylor	9	Norfolk Academy	34-09.00
4	Horton, Michele	10	The Potomac School	34-00.00
5	McKay, Abigail	9	Saint Catherine's	32-02.50
6	Jackson, Julia	10	The Potomac School	32-00.00
7	Jordan, Gabrielle	10	Trinity Christian School	31-06.00
8	Nicholls, Amaya	11	St. Stephen's and St. Agnes Sc	31-03.50
9	Tenorio, Kahlen	9	Saint John Paul the Great Cath	30-11.25
10	Stanwix, Lily	11	Collegiate	30-11.00
11	Tran, Michelle	8	Collegiate	30-07.25
12	O'Beirne, Charlotte	12	Oakcrest School	30-07.00
13	Kurzawa, Chloe	9	Saint Catherine's	30-04.25

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 34 ... (Girls Triple Jump Division I (19))

	Name	Year	School	Seed Mark
14	Carradice, Katie	11	Trinity Christian School	30-03.50
15	Beverly, Shelby	12	Norfolk Academy	30-01.50
16	DeVaughn, Farah	11	St. Stephen's and St. Agnes Sc	29-08.75
17	Noble, Abby	12	St. Anne's-Belfield School	29-08.00
18	Chaing, Noelle	12	Norfolk Academy	29-07.00
19	Smith, Chloe	11	Episcopal	29-05.00

Event 33 Girls Shot Put Division I (23)

Meet Record:		40-05	5/17/2008	Jessica Watkins, Virginia Episcopal		
	Name	Year	School	Seed Mark		
1	Reese, Ava	11	Episcopal	36-11.50		
2	Barr, Olivia	9	Episcopal	36-05.00		
3	Delmore, Bre	12	St. Anne's-Belfield School	35-03.00		
4	Pollio, Sophie	12	Norfolk Academy	33-11.50		
5	Harvey, Chanel	12	Flint Hill School	33-08.00		
6	Stevens, Clara	12	Flint Hill School	33-01.00		
7	Wills, Lydia	9	Saint Catherine's	31-03.00		
8	Jameson, Isobella	12	Saint John Paul the Great Cath	30-09.00		
9	Panko, Mack	12	Norfolk Academy	30-03.00		
10	Maurer, Emily	10	St. Anne's-Belfield School	30-01.00		
11	Miller, Ariana	12	Saint Catherine's	30-00.00		
12	Tierney, Emerson	11	Saint Catherine's	30-00.00		
13	Duncan, Rachel	12	Collegiate	29-07.00		
14	McNichols, Mary	9	Oakcrest School	28-06.50		
15	Goin, Naheema	10	St. Stephen's and St. Agnes Sc	28-05.50		
16	Bailey, Mary Mae	12	Trinity Christian School	28-05.00		
17	Burnell-Grant, Kaiya	12	Norfolk Academy	28-02.50		
18	Kovac, Angelina	9	Saint John Paul the Great Cath	27-03.00		
19	Lundquist, Anya	9	Catholic High School	26-11.00		
20	Miles, Chloe	12	Collegiate	26-06.00		
21	Dhillon, Anjun	12	Collegiate	26-04.00		
22	Brandwein, Julia	12	Catholic High School	26-02.50		
23	Greene, Kerri	12	The Potomac School	26-02.00		

Event 29 Girls Discus Throw Division I (23)

Meet Record:		134-07	5/20/2023	Gabi Deglau, Collegiate		
	Name	Year	School	Seed Mark		
1	Kovac, Angelina	9	Saint John Paul the Great Cath	119-04		
2	Barr, Olivia	9	Episcopal	117-02		
3	Maurer, Emily	10	St. Anne's-Belfield School	111-02		
4	Jameson, Isobella	12	Saint John Paul the Great Cath	110-02		
5	Reese, Ava	11	Episcopal	103-05.50		
6	Tierney, Emerson	11	Saint Catherine's	102-04		
7	Stevens, Clara	12	Flint Hill School	100-11		
8	Burnell-Grant, Kaiya	12	Norfolk Academy	100-02		
9	Delmore, Bre	12	St. Anne's-Belfield School	95-09		
10	Sumpter, Emmy	11	Saint Catherine's	93-10		
11	Bailey, Mary Mae	12	Trinity Christian School	88-02		
12	Dhillon, Anjun	12	Collegiate	87-08		
13	Hilliard, Lauren	11	The Potomac School	87-00		
14	Harvey, Chanel	12	Flint Hill School	86-11		

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 29 ... (Girls Discus Throw Division I (23))

	Name	Year	School	Seed Mark
15	Kaleda, Caroline	11	The Potomac School	84-09
16	Pollio, Sophie	12	Norfolk Academy	84-06
17	Yaroschak, Irene	12	Trinity Christian School	81-09.75
18	Duncan, Rachel	12	Collegiate	81-08
19	Wills, Lydia	9	Saint Catherine's	80-11
20	Panko, Mack	12	Norfolk Academy	80-01
21	Lamson, Karen	10	St. Stephen's and St. Agnes Sc	79-05
22	Carr, Mary	11	Oakcrest School	79-01
23	McNichols, Mary	9	Oakcrest School	76-01

Event 55 Girls 100 Meter Dash Division II (30) Prelims

Meet Record:		12.22	5/18/2019	Micayah Holland, Norfolk Christian	
	Name	Year	School	Seed Time	
1	Hamrick, Jeylah	12	Walsingham Academy	12.23	
2	Granados, Elena	12	Cape Henry Collegiate	12.84	
3	Johnson, Faith	8	North Cross	13.25	
4	Nguyen, Kaitlynn	9	Peninsula Catholic	13.31	
5	Burner, Aurora	12	Eastern Mennonite School	13.32	
6	Stevenson, Alana	9	Greenbrier Christian Academy	13.37	
7	Ofole, Chiamaka	10	Stonebridge School	13.42	
8	Holland, Courtnee	9	Virginia Episcopal School	13.45	
9	Williams, Baylee	9	Norfolk Christian	13.54	
10	Valles, Ines	11	Cape Henry Collegiate	13.59	
11	Warren, Eliza	10	Eastern Mennonite School	13.68	
12	Campbell, Riya	10	Stonebridge School	13.72	
13	Ogunlade, Toni	11	Randolph-Macon Academy	13.72	
14	Heredia, Sofia	12	Peninsula Catholic	13.75	
15	Williams, Peyton	12	Peninsula Catholic	13.76	
16	Way, Isabelle	8	Atlantic Shores Christian	13.79	
17	Notewo, Brigitte	11	Randolph-Macon Academy	13.84	
18	Allen, Ryleigh	12	Norfolk Christian	13.84	
19	Tillman-Coleman, Shyla	10	Christ Chapel Academy	13.94	
20	Gilbert, McKenzie	10	Nansemond-Suffolk Academy	13.96	
21	Hepburn, Rayanne	12	Williamsburg Christian Academy	13.96	
22	Rodriguez, Sophia	9	Christ Chapel Academy	13.98	
23	Henderson, Auri	11	Chatham Hall	13.98	
24	Amimaria, Diallo	11	Randolph-Macon Academy	14.00	
25	Assam, Zuri	11	Chatham Hall	14.03	
26	Bess, Maddisen	10	Immanuel Christian School	14.04	
27	Miller, Kira	12	Miller School	14.06	
28	Tolbert, Andrea	8	Hampton Roads Academy	14.07	
29	Cannon, Taniya	8	Stonebridge School	14.08	
30	Wood, Lauren	11	Trinity School at Meadow View	14.09	

Event 57 Girls 200 Meter Dash Division II (26)

Meet Record:		24.73	5/15/2010	Emmy Fraenk, Hampton Roads	
	Name	Year	School	Seed Time	
1	Hamrick, Jeylah	12	Walsingham Academy	24.84	
2	Granados, Elena	12	Cape Henry Collegiate	26.33	
3	Scruggs, Avia	9	Norfolk Christian	27.00	
4	O'Herron, Mickie	12	Roanoke Catholic School	27.13	

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 57 ... (Girls 200 Meter Dash Division II (26))

	Name	Year	School	Seed Time
5	Ofole, Chiamaka	10	Stonebridge School	27.99
6	Burner, Aurora	12	Eastern Mennonite School	28.02
7	Nguyen, Kaitlynn	9	Peninsula Catholic	28.11
8	Williams, Baylee	9	Norfolk Christian	28.20
9	Valles, Ines	11	Cape Henry Collegiate	28.23
10	Ebaugh, Amara	12	Stonebridge School	28.25
11	Johnson, Faith	8	North Cross	28.26
12	Heredia, Sofia	12	Peninsula Catholic	28.45
13	Way, Isabelle	8	Atlantic Shores Christian	28.53
14	Stevenson, Alana	9	Greenbrier Christian Academy	28.69
15	Rodriguez, Sophia	9	Christ Chapel Academy	28.75
16	Wood, Lauren	11	Trinity School at Meadow View	28.75
17	Tolbert, Andrea	8	Hampton Roads Academy	28.84
18	Gomoke, Emmy	9	Stonebridge School	28.89
19	Hobson, Iva	9	Peninsula Catholic	28.93
20	Henderson, Auri	11	Chatham Hall	28.95
21	Assam, Zuri	11	Chatham Hall	28.99
22	Simon, Reagan	10	Immanuel Christian School	29.01
23	Hubbard, Jazlyn	9	Norfolk Christian	29.08
24	Bess, Maddisen	10	Immanuel Christian School	29.17
25	Hammond, Miranda	8	Nansemond-Suffolk Academy	29.19
26	Ogunlade, Toni	11	Randolph-Macon Academy	29.19

Event 59 Girls 400 Meter Dash Division II (15)

Meet Record: 56.45 5/18/2019 Catherine Hyman, The Potomac School

	Name	Year	School	Seed Time
1	O'Herron, Mickie	12	Roanoke Catholic School	1:00.57
2	Cabell, Mary	12	Peninsula Catholic	1:01.06
3	Branan, Rachel	9	Peninsula Catholic	1:03.18
4	Spence, Lily	11	Trinity School at Meadow View	1:04.10
5	Lanphear, Lauren	10	Veritas School	1:04.13
6	Scruggs, Avia	9	Norfolk Christian	1:04.13
7	Williams, Baylee	9	Norfolk Christian	1:04.49
8	Lanphear, Jenna	10	Veritas School	1:05.10
9	Stowell, Danielle	11	Hampton Roads Academy	1:05.17
10	Cruess, Siobhan	12	Veritas School	1:05.84
11	Hubbard, Jazlyn	9	Norfolk Christian	1:06.08
12	Mack, Kailee	8	Hampton Christian	1:06.59
13	Coniglione, Eva	10	Roanoke Catholic School	1:06.79
14	Ruhl, Addison	8	New Covenant Schools	1:07.04
15	Warren, Eliza	10	Eastern Mennonite School	1:07.07

Event 60 Girls 800 Meter Run Division II (19)

Meet Record: 2:13.62 5/20/2006 Katie Doswell, Saint Catherine's

	Name	Year	School	Seed Time
1	Dalton, Reese	12	The Covenant School	2:09.68
2	Pongracz, Alyssa	11	Peninsula Catholic	2:18.97
3	Chaney, Kerrigan	11	North Cross	2:21.24
4	Bayer, Francesca	11	Trinity School at Meadow View	2:21.24
5	Tankersley, Zoe	12	Hampton Roads Academy	2:24.10
6	Prince, Rachel	10	Greenbrier Christian Academy	2:24.12

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 60 ... (Girls 800 Meter Run Division II (19))

	Name	Year	School	Seed Time
7	Aaron, Aubrey	11	Roanoke Catholic School	2:31.02
8	Wood, Savannah	10	The Covenant School	2:33.10
9	Banks, Hannah	10	Peninsula Catholic	2:37.56
10	Blinn, Kate	9	Walsingham Academy	2:38.05
11	Leitner, Melia	11	New Covenant Schools	2:38.17
12	Monga-Rochard, Louise	11	Walsingham Academy	2:39.32
13	Shahar, Reut	12	Miller School	2:39.48
14	Manning, Isabella	10	Denbigh Baptist	2:39.98
15	Myles, Ainsley	9	North Cross	2:40.48
16	Trudeau, Lexi	10	Hampton Roads Academy	2:40.68
17	Garcia, Angelina	10	Trinity School at Meadow View	2:41.58
18	Lowe, Lucy	9	Tandem Friends School	2:41.81
19	Fortier, Grace	10	Immanuel Christian School	2:41.90

Event 61 Girls 1600 Meter Run Division II (17)

Meet Record:		4:53.12	5/19/2023	Reese Dalton, The Covenant School	
	Name	Year	School	Seed Time	
1	Dalton, Reese	12	The Covenant School	4:39.32	
2	Chaney, Kerrigan	11	North Cross	4:54.16	
3	Gardiner, Maddie	12	The Covenant School	5:00.94	
4	Frost, Eve	10	Stonebridge School	5:20.36	
5	Nunziata, Josie	9	Stonebridge School	5:23.87	
6	Prince, Rachel	10	Greenbrier Christian Academy	5:29.04	
7	Curtis, Isabella	9	Peninsula Catholic	5:43.26	
8	Loker, Erin	12	Eastern Mennonite School	5:44.73	
9	VonCanon, Violet	10	Veritas School	5:46.98	
10	Blinn, Kate	9	Walsingham Academy	5:48.46	
11	Myles, Ainsley	9	North Cross	5:50.69	
12	Shahar, Reut	12	Miller School	5:51.84	
13	Melnitchouk, Olivia	10	Hampton Roads Academy	5:53.40	
14	Currey, Agnes	10	Immanuel Christian School	5:55.75	
15	Henson, Virginia	11	Fredericksburg Christian	5:57.88	
16	Fortier, Grace	10	Immanuel Christian School	5:58.54	
17	Kauffman, Logan	10	Peninsula Catholic	5:58.89	

Event 62 Girls 3200 Meter Run Division II (25)

Meet Record:		10:47.43	5/17/2014	Molly McKenna, Peninsula Catholic	
	Name	Year	School	Seed Time	
1	Gardiner, Maddie	12	The Covenant School	10:54.65	
2	Nunziata, Josie	9	Stonebridge School	11:24.64	
3	Frost, Eve	10	Stonebridge School	11:42.55	
4	Shepherd, Amelie	11	Veritas School	12:14.94	
5	Curtis, Isabella	9	Peninsula Catholic	12:33.03	
6	Loker, Erin	12	Eastern Mennonite School	12:43.89	
7	Melnitchouk, Olivia	10	Hampton Roads Academy	12:44.45	
8	Enos, Paisley	8	Cape Henry Collegiate	12:52.82	
9	Currey, Agnes	10	Immanuel Christian School	12:58.99	
10	Nuckols, Karis	11	Grove Christian School	13:26.31	
11	Calhoun, Libbie	11	Kenston Forest School	13:35.94	
12	Monga-Rochard, Louise	11	Walsingham Academy	13:38.65	
13	Nator, Isabella	8	Cape Henry Collegiate	13:40.33	

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 62 ... (Girls 3200 Meter Run Division II (25))

	Name	Year	School	Seed Time
14	Henson, Virginia	11	Fredericksburg Christian	13:40.71
15	Haas, Lily	11	Hampton Roads Academy	13:41.33
16	Fullilove, Callie	10	Trinity School at Meadow View	13:45.38
17	Manning, Isabella	10	Denbigh Baptist	13:45.79
18	Bradley, Sophia	12	Roanoke Catholic School	13:47.88
19	Easterling, Kaitlyn	12	Miller School	13:49.72
20	Lowe, Lucy	9	Tandem Friends School	13:50.63
21	Gatewood, Claire	10	Tandem Friends School	13:52.25
22	Taylor, Grace	9	Immanuel Christian School	13:56.94
23	Castillo, Izabella	11	Fredericksburg Christian	13:58.99
24	Hackman, Ila	8	Eastern Mennonite School	14:01.44
25	Martin, Sadie	11	Cape Henry Collegiate	14:04.53

Event 56 Girls 100 Meter Hurdles Division II (16) Prelims

Meet Record:		14.73	5/15/2010	Shantell Bingham, Episcopal	
	Name	Year	School	Seed Time	
1	Smith, Karly	10	Roanoke Catholic School	17.08	
2	Floyd, Charlie	11	Roanoke Catholic School	17.48	
3	Streeter, Bailey	9	Greenbrier Christian Academy	18.56	
4	Elliot, Abigail	10	Greenbrier Christian Academy	18.57	
5	Medina, Nicole	12	Roanoke Catholic School	19.05	
6	Jefferson, A'Kira	10	Richmond Christian	19.13	
7	Morse, Charlotte	10	New Covenant Schools	19.13	
8	Hurst, Lya	11	Eastern Mennonite School	19.28	
9	Beverly, Brooklyn	9	Norfolk Christian	19.33	
10	Kenny, Alicia	10	New Covenant Schools	19.40	
11	Gilbert, MeKenzie	10	Nansemond-Suffolk Academy	19.50	
12	Savery, Rebekah	12	Norfolk Christian	19.57	
13	Squatrito, Angelina	11	Cape Henry Collegiate	19.99	
14	DuBois, Mariah	9	Immanuel Christian School	20.53	
15	Katz, Hanna	12	Eastern Mennonite School	20.56	
16	Shore, Abigail	10	Immanuel Christian School	20.57	

Event 58 Girls 300 Meter Hurdles Division II (17)

Meet Record:		44.03	5/18/2019	Willa Shannon, Saint Catherine's	
	Name	Year	School	Seed Time	
1	Hamrick, Jeylah	12	Walsingham Academy	43.96	
2	Smith, Karly	10	Roanoke Catholic School	48.97	
3	Medina, Nicole	12	Roanoke Catholic School	51.26	
4	Floyd, Charlie	11	Roanoke Catholic School	51.34	
5	Trudeau, Allison	12	Hampton Roads Academy	51.61	
6	Holland, Courtnee	9	Virginia Episcopal School	52.39	
7	Morse, Charlotte	10	New Covenant Schools	52.64	
8	Kenny, Alicia	10	New Covenant Schools	53.97	
9	Beverly, Brooklyn	9	Norfolk Christian	55.08	
10	Elliot, Abigail	10	Greenbrier Christian Academy	55.33	
11	Streeter, Bailey	9	Greenbrier Christian Academy	55.91	
12	Hurst, Lya	11	Eastern Mennonite School	57.10	
13	Howell, Kate	9	Fredericksburg Christian	57.11	
14	Shore, Abigail	10	Immanuel Christian School	57.97	
15	Gilbert, MeKenzie	10	Nansemond-Suffolk Academy	58.25	

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 58 ... (Girls 300 Meter Hurdles Division II (17))

	Name	Year	School	Seed Time
16	Stubbs, Emily	9	Stonebridge School	58.31
17	Petersen, Natalie	12	Veritas School	58.55

Event 52 Girls 4x100 Meter Relay Division II (21)

Meet Record: 49.49 5/16/2009 St. Stephe's & St. Agnes
 Adelberg, Nelson, Cook, Jackson

	Team	Relay	Seed Time
1	Peninsula Catholic	A	52.95
2	Roanoke Catholic School	A	53.56
3	Norfolk Christian	A	54.29
4	Randolph-Macon Academy	A	54.43
5	Cape Henry Collegiate	A	54.86
6	Fredericksburg Christian	A	55.31
7	Eastern Mennonite School	A	55.78
8	New Covenant Schools	A	56.01
9	Immanuel Christian School	A	57.04
10	Miller School	A	57.24
11	Chatham Hall	A	57.37
12	Williamsburg Christian Academy	A	57.53
13	Walsingham Academy	A	57.60
14	Christ Chapel Academy	A	57.67
15	Stonebridge School	A	57.72
16	Atlantic Shores Christian	A	57.84
17	Hampton Christian	A	58.14
18	Greenbrier Christian Academy	A	58.53
19	Hampton Roads Academy	A	59.30
20	Broadwater Academy	A	59.43
21	Nansemond-Suffolk Academy	A	59.93

Event 53 Girls 4x400 Meter Relay Division II (18)

Meet Record: 3:57.97 5/18/2019 Saint Catherine's
 H. Turton, H. Ballowe, W. Shannon, A. Gurkin

	Team	Relay	Seed Time
1	Peninsula Catholic	A	4:16.95
2	Roanoke Catholic School	A	4:19.21
3	Hampton Roads Academy	A	4:20.18
4	Norfolk Christian	A	4:27.38
5	Veritas School	A	4:31.29
6	Trinity School at Meadow View	A	4:32.30
7	New Covenant Schools	A	4:36.56
8	Fredericksburg Christian	A	4:39.63
9	Immanuel Christian School	A	4:43.39
10	Stonebridge School	A	4:43.87
11	Greenbrier Christian Academy	A	4:45.89
12	Chatham Hall	A	4:46.53
13	Cape Henry Collegiate	A	4:48.57
14	Miller School	A	4:48.98
15	Atlantic Shores Christian	A	4:51.01
16	Eastern Mennonite School	A	4:58.49
17	Tandem Friends School	A	4:59.07
18	Williamsburg Christian Academy	A	5:02.50

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 54 Girls 4x800 Meter Relay Division II (12)

Meet Record: 9:42.36 5/19/2018 Episcopal High School

	Team	Relay	Seed Time
1	Veritas School	A	10:12.35
2	Stonebridge School	A	10:22.34
3	Peninsula Catholic	A	10:38.53
4	Roanoke Catholic School	A	11:05.98
5	Immanuel Christian School	A	11:17.95
6	Trinity School at Meadow View	A	11:22.95
7	Hampton Roads Academy	A	11:26.53
8	Fredericksburg Christian	A	11:43.28
9	Randolph-Macon Academy	A	11:47.17
10	Cape Henry Collegiate	A	11:54.45
11	Eastern Mennonite School	A	12:06.03
12	Greenbrier Christian Academy	A	12:34.65

Event 64 Girls High Jump Division II (14)

Meet Record: 5-05 1981 Pease, Bishop O'Connell
Meet Record: 5-05 5/17/2014 Nadia Khoury, Trinity Episcopal

	Name	Year	School	Seed Mark
1	Smith, Karly	10	Roanoke Catholic School	5-02.00
2	Scruggs, Avia	9	Norfolk Christian	4-10.00
3	Medina, Nicole	12	Roanoke Catholic School	4-08.00
4	Smith, Anna	11	Miller School	4-08.00
5	Smith, Leah	11	Broadwater Academy	4-08.00
6	Lance, Addison	12	Atlantic Shores Christian	4-08.00
7	Williams, Baylee	9	Norfolk Christian	4-06.00
8	Ogunlade, Toni	11	Randolph-Macon Academy	4-06.00
9	Morse, Charlotte	10	New Covenant Schools	4-06.00
10	Arnold, Katie	11	Broadwater Academy	4-04.00
11	Cannon, Taniya	8	Stonebridge School	4-04.00
12	Allen, Ryleigh	12	Norfolk Christian	4-04.00
13	Rogers, Emily	10	Eastern Mennonite School	4-04.00
14	Patrick, Olivia	11	The New Community School	4-04.00

Event 66 Girls Pole Vault Division II (5)

Meet Record: 11-10 5/21/2022 Lauren Lucy, Collegiate

	Name	Year	School	Seed Mark
1	Smith, Leah	11	Broadwater Academy	7-06.00
2	Smith, Karly	10	Roanoke Catholic School	7-00.00
3	Gossman, Ruthie	9	Atlantic Shores Christian	6-06.00
4	Crais, Elly	9	Walsingham Academy	6-00.00
5	Griffin, Caroline	9	Atlantic Shores Christian	6-00.00

Event 65 Girls Long Jump Division II (21)

Meet Record: 18-04.50 1995 Miller, St. Gertrude

	Name	Year	School	Seed Mark
1	Holland, Courtnee	9	Virginia Episcopal School	18-06.00
2	Hamrick, Jeylah	12	Walsingham Academy	18-03.00
3	Granados, Elena	12	Cape Henry Collegiate	17-07.00
4	O'Herron, Mickie	12	Roanoke Catholic School	16-08.50
5	Smith, Karly	10	Roanoke Catholic School	16-08.50
6	Kenny, Alicia	10	New Covenant Schools	15-02.50
7	Patel, Ellie	12	Roanoke Catholic School	15-01.50

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 65 ... (Girls Long Jump Division II (21))

	Name	Year	School	Seed Mark
8	Smith, Anna	11	Miller School	14-09.00
9	Beverly, Brooklyn	9	Norfolk Christian	14-09.00
10	Valles, Ines	11	Cape Henry Collegiate	14-08.50
11	Kenny, Leila	8	New Covenant Schools	14-07.00
12	Notewo, Brigitte	11	Randolph-Macon Academy	14-06.50
13	Ogunlade, Toni	11	Randolph-Macon Academy	14-06.00
14	Wright, Addison	8	Fredericksburg Christian	14-05.00
15	Ofole, Chiamaka	10	Stonebridge School	14-05.00
16	Telfian, Anna	11	The New Community School	14-02.25
17	Rhodes, Jadyn	12	North Cross	14-02.00
18	Elliot, Abigail	10	Greenbrier Christian Academy	14-02.00
19	Kimball, Kate	8	Cape Henry Collegiate	14-01.25
20	Amimaria, Diallo	11	Randolph-Macon Academy	14-01.00
21	Stevenson, Alana	9	Greenbrier Christian Academy	14-00.50

Event 68 Girls Triple Jump Division II (11)

Meet Record: 39-09.25 5/17/2008		Nefertiti Smith, Norfolk Collegiate		Seed Mark
	Name	Year	School	Seed Mark
1	Granados, Elena	12	Cape Henry Collegiate	38-06.50
2	O'Herron, Mickie	12	Roanoke Catholic School	35-00.50
3	Holland, Courtnee	9	Virginia Episcopal School	34-00.75
4	Patel, Ellie	12	Roanoke Catholic School	33-11.00
5	Smith, Karly	10	Roanoke Catholic School	33-07.50
6	Notewo, Brigitte	11	Randolph-Macon Academy	31-07.50
7	Hammond, Miranda	8	Nansemond-Suffolk Academy	31-02.50
8	Beverly, Brooklyn	9	Norfolk Christian	31-02.50
9	Cannon, Taniya	8	Stonebridge School	29-00.00
10	Arbogast, Jordyn	11	Greenbrier Christian Academy	28-08.50
11	Rhodes, Jadyn	12	North Cross	28-08.00

Event 67 Girls Shot Put Division II (25)

Meet Record: 40-05 5/17/2008		Jessica Watkins, Virginia Episcopal		Seed Mark
	Name	Year	School	Seed Mark
1	YueHan Chen, Brooklyn	10	North Cross	34-03.00
2	Blocker, Adirah	9	Hampton Christian	33-07.00
3	Llavore, Justinne	10	Roanoke Catholic School	33-07.00
4	Edenfield, Olivia	11	Atlantic Shores Christian	33-00.25
5	Waldemar, Charlotte	12	Atlantic Shores Christian	33-00.00
6	Fadairo, Tife	10	Atlantic Shores Christian	31-10.00
7	Smith, Leah	11	Broadwater Academy	31-07.00
8	Bijou, Kebbay	9	Randolph-Macon Academy	29-05.50
9	Granados, Elena	12	Cape Henry Collegiate	29-04.00
10	Robert, Sarah	12	New Covenant Schools	28-01.00
11	Reyes-Roja, Nancy	10	Peninsula Catholic	27-07.50
12	Arnold, Katie	11	Broadwater Academy	27-03.00
13	Keating, Kaitlyn	11	Chatham Hall	27-03.00
14	Mai, Xinwen	10	Massanutten Academy	27-02.00
15	Rose, Gabrielle	9	New Covenant Schools	27-01.00
16	Choat, Morgan	12	Immanuel Christian School	26-07.75
17	Sigler, Mahdy	11	Hampton Christian	26-04.00
18	Nomu, Anglamenga	10	Randolph-Macon Academy	26-02.00

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 67 ... (Girls Shot Put Division II (25))

	Name	Year	School	Seed Mark
19	Squatrito, Angelina	11	Cape Henry Collegiate	26-02.00
20	Van der Merwe, Rory	8	Kenston Forest School	26-01.50
21	Jacobs, Mae	12	New Covenant Schools	25-09.00
22	Boyd, Kalani	8	Cape Henry Collegiate	25-08.00
23	Ocran, Ivana	11	Randolph-Macon Academy	25-07.00
24	Campbell, Keri	12	Chatham Hall	25-06.00
25	Arbogast, Jordyn	11	Greenbrier Christian Academy	25-05.00

Event 63 Girls Discus Throw Division II (26)

Meet Record: 134-07 5/20/2023		Gabi Deglau, Collegiate		
	Name	Year	School	Seed Mark
1	Llavore, Justinne	10	Roanoke Catholic School	113-11
2	Smith, Leah	11	Broadwater Academy	99-10
3	Robert, Sarah	12	New Covenant Schools	98-10
4	Garcia, Olivia	9	Atlantic Shores Christian	91-06
5	Blocker, Adirah	9	Hampton Christian	90-03
6	Waldemar, Charlotte	12	Atlantic Shores Christian	89-09
7	Holloway, Keira	12	Hampton Roads Academy	87-00
8	Fadairo, Tife	10	Atlantic Shores Christian	86-08
9	YueHan Chen, Brooklyn	10	North Cross	85-04
10	Hardy, Olivia	11	Nansemond-Suffolk Academy	83-08
11	Ocran, Ivana	11	Randolph-Macon Academy	83-03
12	Choat, Morgan	12	Immanuel Christian School	82-11.50
13	Oyefuga, Temiloluwa	8	Grove Christian School	79-01.50
14	Van der Merwe, Rory	8	Kenston Forest School	78-02.50
15	Walrond, Olivia	10	Stonebridge School	77-00
16	Smith, Natalie	10	Roanoke Catholic School	76-07
17	Granados, Elena	12	Cape Henry Collegiate	74-06
18	Zimmerman, Rachel	10	Richmond Christian	72-02
19	Squatrito, Angelina	11	Cape Henry Collegiate	72-00
20	McCurley, Sarah	11	New Covenant Schools	71-00
21	Hopkins, Emily	9	Grove Christian School	69-05
22	Bijou, Kebbay	9	Randolph-Macon Academy	69-01
23	Oyefuga, Oreoluwa	10	Grove Christian School	68-10
24	Arnold, Katie	11	Broadwater Academy	68-06
25	Tipton, Aubrey	11	Massanutten Academy	67-09
26	Bibby, Madelyn	10	North Cross	67-01

Event 4 Boys 100 Meter Dash Division I (28) Prelims

Meet Record: 10.53 5/21/2016		Michael Davenport, Woodberry Forest		
	Name	Year	School	Seed Time
1	White, Maddox	10	St. Christopher's	10.71
2	King, Andrew	12	Flint Hill School	10.74
3	Defoor, Dylan	12	Norfolk Academy	10.77
4	Adamson, Ty	12	Cape Henry Collegiate	10.89
5	Phillips, Reed	11	Episcopal	10.91
6	Morrison, John	10	Woodberry Forest	10.98
7	Enoch, Ty	12	St. Anne's-Belfield School	10.99
8	Boucher-Zazzaro, Luke	11	Fork Union	11.00
9	Robinson, Sheldon	11	Woodberry Forest	11.02
10	McCalla, Amare	12	Catholic High School	11.04

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 4 ... (Boys 100 Meter Dash Division I (28) Prelims)

	Name	Year	School	Seed Time
11	Chang, Martin	12	Woodberry Forest	11.05
12	Zollar, Jacob	12	St. Christopher's	11.10
13	Kittrel, Isaiah	10	Fork Union	11.11
14	Griffith, Zahir	12	Norfolk Academy	11.14
15	Davis, Xay	11	Collegiate	11.15
16	Allen, Zion	9	Episcopal	11.27
17	Gosline, Addison	11	St. Christopher's	11.31
18	Stewart, Bryce	11	Flint Hill School	11.32
19	Mason, Deuce	9	Trinity Episcopal School	11.34
20	Calkins, Stephen	10	The Potomac School	11.36
21	Tokan-Lawal, Oreoluwa	11	Collegiate	11.38
22	Witt, Alex	11	Catholic High School	11.39
23	McDaniel, Isaiah	10	Fork Union	11.39
24	Taylor, Max	12	St. Anne's-Belfield School	11.47
25	Dais, Donovan	11	The Potomac School	11.48
26	McNeal, Victor	11	Flint Hill School	11.48
27	Johnson, Malik	12	Episcopal	11.48
28	Edwards, Terrance	12	Trinity Episcopal School	11.48

Event 6 Boys 200 Meter Dash Division I (20)

Meet Record: 21.32 5/18/2019 Curtis Borden, St. Stephen's&St. Agnes

	Name	Year	School	Seed Time
1	Phillips, Reed	11	Episcopal	21.62
2	Zollar, Jacob	12	St. Christopher's	22.20
3	Griswold, Cole	12	The Potomac School	22.27
4	Defoor, Dylan	12	Norfolk Academy	22.34
5	Morrison, John	10	Woodberry Forest	22.50
6	Sims, Nathan	12	Trinity Episcopal School	22.58
7	Ofori-Ansah, Judah	11	Episcopal	22.62
8	Nti, Kevin	11	Woodberry Forest	22.63
9	Adamson, Ty	12	Cape Henry Collegiate	22.75
10	Cruthirds, Bradley	12	St. Stephen's and St. Agnes Sc	22.79
11	Allen, Zion	9	Episcopal	22.80
12	King, Andrew	12	Flint Hill School	22.81
13	Enoch, Ty	12	St. Anne's-Belfield School	22.81
14	Calkins, Stephen	10	The Potomac School	22.94
15	Boucher-Zazzaro, Luke	11	Fork Union	22.96
16	Hnath, Jackson	11	Norfolk Academy	22.96
17	Kittrel, Isaiah	10	Fork Union	22.97
18	Chang, Martin	12	Woodberry Forest	23.01
19	Garnett, Hunter	12	St. Christopher's	23.04
20	Stewart, Bryce	11	Flint Hill School	23.23

Event 8 Boys 400 Meter Dash Division I (26)

Meet Record: 48.34 1966 Calhoun, Randolph-Macon

	Name	Year	School	Seed Time
1	Griswold, Cole	12	The Potomac School	49.58
2	Sims, Nathan	12	Trinity Episcopal School	49.64
3	White, Maddox	10	St. Christopher's	50.60
4	Dhillon, Armaan	11	Saint John Paul the Great Cath	50.66
5	Cruthirds, Bradley	12	St. Stephen's and St. Agnes Sc	51.19

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 8 ... (Boys 400 Meter Dash Division I (26))

	Name	Year	School	Seed Time
6	Wittkamp, Ben	12	Collegiate	51.22
7	Xantus, Gabriel	11	Saint John Paul the Great Cath	51.81
8	Mazeika, Marius	12	Woodberry Forest	51.95
9	Matthews, Shaun	10	Fork Union	52.17
10	Shepard, Mekyi	11	Fork Union	52.40
11	Mayer, Coleman	9	St. Christopher's	52.80
12	Whiteside, Kaydan	8	Fork Union	52.82
13	Obasi, Tobechi	10	Saint John Paul the Great Cath	52.85
14	Lee, Ve	12	The Potomac School	52.99
15	Smith, Jack	11	Collegiate	53.88
16	Sosnitsky, JP	11	The Potomac School	54.21
17	Acevedo, Raul	11	Catholic High School	54.31
18	Schoenborn, Antonio	12	Benedictine	54.61
19	Galgano, James	11	Collegiate	54.84
20	Noble, Matthew	11	St. Christopher's	54.95
21	Melton, Zaidien	10	Woodberry Forest	55.09
22	Muniz, Jonah	11	Trinity Episcopal School	55.19
23	Spencer, Miles	10	St. Stephen's and St. Agnes Sc	55.21
24	Tragert, Owen	8	Cape Henry Collegiate	55.39
25	Caplan, Hayden	10	Cape Henry Collegiate	55.61
26	Wood, Sam	11	St. Anne's-Belfield School	55.62

Event 9 Boys 800 Meter Run Division I (19)**Meet Record: 1:52.87 5/18/2019****Liam Bellamy, Collegiate**

	Name	Year	School	Seed Time
1	McKnew, Michael	10	Cape Henry Collegiate	1:57.39
2	Mathews, Alex	12	The Potomac School	1:59.51
3	Thompson, Elijah	11	Saint John Paul the Great Cath	2:00.27
4	Warui, Abraham	11	Woodberry Forest	2:00.63
5	Smith, Noah	9	St. Christopher's	2:01.77
6	Dalva-Baird, Zach	11	The Potomac School	2:02.41
7	Howard, Augustine	12	Saint John Paul the Great Cath	2:02.62
8	Mayer, Patrick	12	St. Christopher's	2:03.19
9	Eaton, David	9	Fork Union	2:04.12
10	Levine, Eli	10	The Potomac School	2:04.26
11	Everson, Alexander	10	Saint John Paul the Great Cath	2:04.85
12	Guzik, Finn	9	Norfolk Academy	2:05.19
13	London, James	11	St. Stephen's and St. Agnes Sc	2:05.62
14	Angus, Walker	12	Collegiate	2:07.15
15	Hope, Charles	12	Norfolk Academy	2:07.60
16	Mathews, Beauford	11	St. Christopher's	2:09.31
17	Hutchens, Charlie	11	Flint Hill School	2:10.07
18	Adams, Jonah	12	St. Stephen's and St. Agnes Sc	2:10.51
19	Aggarwal, Ashwin	12	Collegiate	2:10.56

Event 10 Boys 1600 Meter Run Division I (15)**Meet Record: 4:10.24 1976****Ledder (Mile), Bishop O'Connell**

	Name	Year	School	Seed Time
1	Tallman, Parker	12	Woodberry Forest	4:22.75
2	Green, Asher	10	St. Christopher's	4:24.04
3	Thompson, Elijah	11	Saint John Paul the Great Cath	4:24.77

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 10 ... (Boys 1600 Meter Run Division I (15))

	Name	Year	School	Seed Time
4	Warui, Abraham	11	Woodberry Forest	4:24.82
5	McKnew, Michael	10	Cape Henry Collegiate	4:25.50
6	Bertram, James	12	Saint John Paul the Great Cath	4:27.73
7	Minsky, Sasha	12	The Potomac School	4:27.90
8	Callahan, Robert	10	Fork Union	4:34.51
9	Seidensticker, Joshua	10	Catholic High School	4:35.25
10	Altschuler, Noah	11	The Potomac School	4:35.40
11	Lewis, Bolling	12	Collegiate	4:36.73
12	Carter, Luke	10	The Potomac School	4:39.94
13	Nguyen, Long	9	St. Christopher's	4:41.19
14	Miller, Stephen	12	Saint John Paul the Great Cath	4:45.08
15	Bibeau, Sam	12	Norfolk Academy	4:46.48

Event 11 Boys 3200 Meter Run Division I (23)

Meet Record: 9:06.64 1976		Layman (Two Mile), Eastern Mennonite		
	Name	Year	School	Seed Time
1	Minsky, Sasha	12	The Potomac School	9:24.01
2	Tallman, Parker	12	Woodberry Forest	9:46.82
3	Bertram, James	12	Saint John Paul the Great Cath	9:49.08
4	Colvin, Austin	11	Saint John Paul the Great Cath	9:58.08
5	Green, Asher	10	St. Christopher's	10:01.80
6	Moore, Liam	11	Collegiate	10:07.62
7	Harbour, Liam	12	Collegiate	10:09.97
8	Waidelich, Matthew	10	Trinity Episcopal School	10:11.06
9	King, Marcus	12	St. Stephen's and St. Agnes Sc	10:12.20
10	Lewis, Bolling	12	Collegiate	10:19.19
11	Eaton, David	9	Fork Union	10:24.97
12	Moser, Trip	10	The Potomac School	10:25.77
13	Altschuler, Noah	11	The Potomac School	10:26.21
14	McDonnell, Declan	11	St. Christopher's	10:30.00
15	Bibeau, Sam	12	Norfolk Academy	10:31.23
16	Carter, Luke	10	The Potomac School	10:32.26
17	Coleman, Nicholas	10	Fork Union	10:33.91
18	Dobson, Louis	10	Saint John Paul the Great Cath	10:37.04
19	Young, Jeremy	12	St. Stephen's and St. Agnes Sc	10:43.99
20	O'Connor, Bart	11	St. Stephen's and St. Agnes Sc	10:46.21
21	Jay, Morgan	10	Woodberry Forest	10:48.82
22	Pieron, Jaydn	12	Fork Union	10:50.11
23	Fowler, Nicholas	12	St. Anne's-Belfield School	10:58.83

Event 5 Boys 110 Meter Hurdles Division I (11) Prelims

Meet Record: 14.42 5/20/2000		Steven McDonnough, Benedictine		
	Name	Year	School	Seed Time
1	Momolu, Harry	12	Fork Union	14.44
2	Clark, Jarrett	12	Woodberry Forest	15.19
3	Rivera, Carlos	11	Woodberry Forest	15.62
4	Dodson, Durham	11	St. Christopher's	15.79
5	Ireland, Briggs	12	St. Christopher's	16.08
6	Tan, Tommy	12	Norfolk Academy	16.21
7	Olesen, Victor	10	St. Christopher's	16.27
8	Figaro, Tawon	10	St. Stephen's and St. Agnes Sc	16.41

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 5 ... (Boys 110 Meter Hurdles Division I (11) Prelims)

	Name	Year	School	Seed Time
9	Turner, Mark	12	St. Stephen's and St. Agnes Sc	16.90
10	Sheth, Kalin	12	Flint Hill School	18.16
11	Dillon, Ben	11	Catholic High School	18.58

Event 7 Boys 300 Meter Hurdles Division I (14)

Meet Record: 38.51 5/21/2022 Albert Asare, Woodberry Forest

	Name	Year	School	Seed Time
1	Momolu, Harry	12	Fork Union	39.76
2	Clark, Jarrett	12	Woodberry Forest	41.15
3	Tan, Tommy	12	Norfolk Academy	42.06
4	Lee, Emmet	12	Flint Hill School	42.43
5	Rivera, Carlos	11	Woodberry Forest	42.71
6	Figaro, Tawon	10	St. Stephen's and St. Agnes Sc	42.83
7	Dodson, Durham	11	St. Christopher's	43.47
8	Jackson, Alex	9	Fork Union	44.39
9	Parks, Carson	10	Trinity Episcopal School	45.48
10	Jones, Elan	11	Flint Hill School	45.68
11	Turner, Mark	12	St. Stephen's and St. Agnes Sc	45.71
12	Sheth, Kalin	12	Flint Hill School	45.85
13	Dillon, Ben	11	Catholic High School	45.99
14	Garcia, Ethan	10	Saint John Paul the Great Cath	46.33

Event 1 Boys 4x100 Meter Relay Division I (12)

Meet Record: 41.68 5/20/2023 Woodberry Forest

L. Ellis, J. Ferguson, S. Robinson, R. Handelsman

	Team	Relay	Seed Time
1	Woodberry Forest	A	42.32
2	Flint Hill School	A	43.22
3	Episcopal	A	43.33
4	St. Christopher's	A	43.53
5	Trinity Episcopal School	A	43.54
6	Fork Union	A	43.65
7	Collegiate	A	43.69
8	Norfolk Academy	A	43.86
9	The Potomac School	A	43.86
10	St. Anne's-Belfield School	A	44.48
11	Saint John Paul the Great Cath	A	44.54
12	Catholic High School	A	44.59

Event 2 Boys 4x400 Meter Relay Division I (12)

Meet Record: 3:22.44 5/19/2012 Woodberry Forest

J Yellets, R Pivovarnik, M Kelley, E Ways

	Team	Relay	Seed Time
1	Saint John Paul the Great Cath	A	3:28.12
2	Fork Union	A	3:28.13
3	St. Christopher's	A	3:28.40
4	St. Stephen's and St. Agnes Sc	A	3:29.33
5	Norfolk Academy	A	3:30.38
6	The Potomac School	A	3:31.70
7	Collegiate	A	3:32.90
8	Episcopal	A	3:33.96
9	Woodberry Forest	A	3:38.03

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 2 ... (Boys 4x400 Meter Relay Division I (12))

	Team	Relay	Seed Time
10	Catholic High School	A	3:46.75
11	Flint Hill School	A	3:46.94
12	St. Anne's-Belfield School	A	3:47.62

Event 3 Boys 4x800 Meter Relay Division I (12)

Meet Record: 7:54.66 5/18/2013 Fork Union
 N Okaah, R Garver, P Lomong, A Lomong

	Team	Relay	Seed Time
1	Saint John Paul the Great Cath	A	8:19.20
2	The Potomac School	A	8:21.20
3	St. Stephen's and St. Agnes Sc	A	8:26.66
4	St. Christopher's	A	8:27.36
5	Norfolk Academy	A	8:49.11
6	Woodberry Forest	A	8:52.96
7	Trinity Episcopal School	A	9:01.46
8	Collegiate	A	9:02.73
9	St. Anne's-Belfield School	A	9:06.55
10	Catholic High School	A	9:08.78
11	Flint Hill School	A	9:18.58
12	Fork Union	A	9:24.36

Event 13 Boys High Jump Division I (14)

Meet Record: 6-08.50 5/16/2009 Ben Katz, St. Christopher's

	Name	Year	School	Seed Mark
1	Ferguson, Jaden	12	Woodberry Forest	6-04.00
2	Foster, Bishop	11	Collegiate	6-04.00
3	Warmack, Toby	11	Woodberry Forest	6-02.00
4	Grunwald, John	12	Norfolk Academy	6-02.00
5	Hunter, Ford	11	St. Christopher's	6-02.00
6	Jones, Kendall	11	Flint Hill School	6-01.00
7	Stewart, Bryce	11	Flint Hill School	6-00.00
8	Anderson, Brandon	11	Collegiate	5-10.00
9	Dhillon, Armaan	11	Saint John Paul the Great Cath	5-10.00
10	Ireland, Briggs	12	St. Christopher's	5-10.00
11	Mason, TrÃ	11	St. Anne's-Belfield School	5-08.00
12	Hammond, Isaiah	9	Flint Hill School	5-08.00
13	Johnson, Tae'Veon	10	Collegiate	5-08.00
14	Jordan, Eli	11	Trinity Episcopal School	5-08.00

Event 15 Boys Pole Vault Division I (10)

Meet Record: 15-06 5/19/2018 Harrison Rice, St. Christopher's

Meet Record: 15-06 5/20/2023 Victor Olesen, St. Christopher's

	Name	Year	School	Seed Mark
1	Olesen, Victor	10	St. Christopher's	17-07.00
2	Bradshaw, Ned	12	Collegiate	13-06.00
3	Blundin, Joseph	11	Woodberry Forest	13-00.00
4	Matthews, Charlie	11	Woodberry Forest	12-06.00
5	Noble, Carson	11	St. Anne's-Belfield School	12-00.00
6	Bonbright, James	10	Collegiate	12-00.00
7	Becker, Wally	9	Collegiate	11-06.00
8	Floyd, Everette	10	Woodberry Forest	11-06.00
9	Burtram, Ben	12	Fork Union	11-00.00

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 15 ... (Boys Pole Vault Division I (10))

	Name	Year	School	Seed Mark
10	Mayer, Benjamin	9	St. Christopher's	10-00.00

Event 14 Boys Long Jump Division I (14)

Meet Record: 24-01.50 1984		Eric Metcalf, Bishop O'Connell		
	Name	Year	School	Seed Mark
1	Morrison, John	10	Woodberry Forest	22-11.75
2	Ferguson, Jaden	12	Woodberry Forest	22-05.50
3	Davis, Xay	11	Collegiate	22-03.75
4	Zollar, Jacob	12	St. Christopher's	21-08.75
5	Andrews, Kenan	11	Woodberry Forest	21-06.50
6	Anderson, Brandon	11	Collegiate	21-04.50
7	Griffith, Zahir	12	Norfolk Academy	21-04.00
8	Gosline, Addison	11	St. Christopher's	21-01.75
9	Burnham, Seth	12	Catholic High School	20-09.25
10	Nash, Kahlil	12	St. Christopher's	20-07.75
11	Grunwald, John	12	Norfolk Academy	20-06.00
12	McDaniel, Isaiah	10	Fork Union	20-05.00
13	Ihegihu, Caleb	12	Flint Hill School	20-01.00
14	Woodson, Stephon	12	Trinity Episcopal School	20-00.25

Event 17 Boys Triple Jump Division I (15)

Meet Record: 47-07 5/20/2006		Brandon Caleb, Fork Union		
	Name	Year	School	Seed Mark
1	Andrews, Kenan	11	Woodberry Forest	44-11.50
2	Davis, Xay	11	Collegiate	42-07.00
3	Burnham, Seth	12	Catholic High School	42-05.75
4	Ferguson, Jaden	12	Woodberry Forest	42-04.75
5	Grunwald, John	12	Norfolk Academy	42-02.75
6	Foster, Bishop	11	Collegiate	41-09.50
7	Woodson, Stephon	12	Trinity Episcopal School	41-08.00
8	Rice, Henry	11	St. Christopher's	41-04.00
9	Diggs, Nasir	8	Collegiate	41-01.00
10	Berkey, Jonah	10	Saint John Paul the Great Cath	40-08.75
11	Noble, Carson	11	St. Anne's-Belfield School	39-07.50
12	Asare, Elijah	10	St. Christopher's	39-01.00
13	Mazeika, Marius	12	Woodberry Forest	39-00.00
14	Turner, Mark	12	St. Stephen's and St. Agnes Sc	38-10.00
15	Spaulding, Carmelo	11	Fork Union	38-09.25

Event 16 Boys Shot Put Division I (17)

Meet Record: 66-01 5/20/2023		Rodney Lora, Woodberry Forest		
	Name	Year	School	Seed Mark
1	Gardiner, Cooper	12	Trinity Episcopal School	55-06.25
2	Stuart, Chance	11	Norfolk Academy	55-02.00
3	Logan, Nick	10	Woodberry Forest	49-05.50
4	Seward, E.J.	12	St. Christopher's	48-08.25
5	Omohundro, Henry	12	St. Christopher's	47-09.00
6	Beaulieu, Emile	12	Woodberry Forest	47-07.50
7	Herndon, Grayson	11	St. Christopher's	47-06.25
8	Taylor, Max	12	St. Anne's-Belfield School	47-04.00
9	Ansah, Jonie	12	Fork Union	46-09.50
10	Smith, Anwaar	12	Flint Hill School	46-09.00

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 16 ... (Boys Shot Put Division I (17))

	Name	Year	School	Seed Mark
11	Bell, Tiki	10	Episcopal	46-06.00
12	Niang, Daouda	12	Fork Union	45-09.75
13	Rosen, William	12	Trinity Episcopal School	45-09.00
14	Moyer, Mathias	10	Fork Union	45-00.75
15	Toll, Hudson	12	St. Anne's-Belfield School	44-10.00
16	Nnamani, Chinuorumogu	11	Saint John Paul the Great Cath	43-06.75
17	Sensoy, Emre	12	Episcopal	41-10.00

Event 12 Boys Discus Throw Division I (23)

Meet Record:		182-10	5/19/2012	Jordan Roach, Fork Union	
	Name	Year	School	Seed Mark	
1	Niang, Daouda	12	Fork Union	160-10	
2	Toll, Hudson	12	St. Anne's-Belfield School	159-05	
3	Logan, Nick	10	Woodberry Forest	148-05	
4	Gardiner, Cooper	12	Trinity Episcopal School	147-07	
5	Stuart, Chance	11	Norfolk Academy	143-11	
6	Ansah, Jonie	12	Fork Union	142-01	
7	Omohundro, Henry	12	St. Christopher's	139-07	
8	Seward, E.J.	12	St. Christopher's	138-01	
9	Beaulieu, Emile	12	Woodberry Forest	137-02	
10	Kovac, Luke	11	Saint John Paul the Great Cath	131-06	
11	Nnamani, Chinuorumogu	11	Saint John Paul the Great Cath	128-03	
12	Vataliya, Om	12	Flint Hill School	127-08	
13	Rosen, William	12	Trinity Episcopal School	127-03	
14	Ciuffo, Costello	11	Norfolk Academy	124-02	
15	Taylor, Max	12	St. Anne's-Belfield School	121-09	
16	Hope, Charles	12	Norfolk Academy	121-03	
17	Ramsey, Dash	12	Flint Hill School	121-02	
18	Herndon, Grayson	11	St. Christopher's	119-06	
19	Moyer, Mathias	10	Fork Union	118-00	
20	Lemma, Nick	12	Catholic High School	116-08	
21	Seith, Logan	11	Cape Henry Collegiate	114-06	
22	Rivers, Isaac	11	Collegiate	113-07	
23	Williams, Justin	11	Collegiate	110-10	

Event 38 Boys 100 Meter Dash Division II (35) Prelims

Meet Record:		10.53	5/21/2016	Michael Davenport, Woodberry Forest	
	Name	Year	School	Seed Time	
1	Patel, Dillan	12	Roanoke Catholic School	10.99	
2	Taylor, Eli	12	Blue Ridge School	11.21	
3	Mittendorfer, Moritz	12	North Cross	11.30	
4	Ray, Christian	11	Fredericksburg Christian	11.31	
5	Hertzler, Milo	12	Eastern Mennonite School	11.32	
6	Zhang, Jiakai	11	Massanutten Academy	11.34	
7	Powell, Jerry	12	Brunswick Academy	11.36	
8	Matsinhe, Dayo	10	Blue Ridge School	11.37	
9	Jennings, Kyrion	12	Norfolk Christian	11.38	
10	Elliott, David	12	Hampton Christian	11.39	
11	Kebbay, Bilal	12	Randolph-Macon Academy	11.39	
12	Izunna, Okoye	12	Randolph-Macon Academy	11.53	
13	Turner, Jake	10	Trinity Christian School	11.53	

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 38 ... (Boys 100 Meter Dash Division II (35) Prelims)

	Name	Year	School	Seed Time
14	Hawkins, Seven	11	The New Community School	11.54
15	Okeke, Ikechukwu	11	Massanutten Academy	11.56
16	Doku, Jojo	10	Randolph-Macon Academy	11.59
17	Cruz, Yariel	10	Blue Ridge School	11.62
18	Jones, Jordan	12	Peninsula Catholic	11.62
19	Bowden, Nasir	9	Hampton Roads Academy	11.64
20	Peebles, Khristian	10	Hampton Christian	11.79
21	Guishard, Emmanuel	10	Hargrave Military Academy	11.83
22	Anyabwile, Titus	11	Immanuel Christian School	11.84
23	Reed, DeShannon	9	North Cross	11.85
24	Campbell, Isaiah	11	Eastern Mennonite School	11.85
25	Hairston, Jordan	12	Miller School	11.86
26	Jones, Caleb	12	Norfolk Christian	11.88
27	Showalter, Mason	9	Eastern Mennonite School	11.89
28	Dunmyer, Antwan	11	Immanuel Christian School	11.92
29	Richards, Weston	12	Virginia Episcopal School	11.93
30	Bannerman, Brent	12	Christ Chapel Academy	11.96
31	Breivik, Jaxon	11	Massanutten Academy	11.96
32	Clarke, Jason	12	Miller School	11.96
33	Williams, Josh	10	Trinity Christian School	11.98
34	Goodman, Carter	10	Nansemond-Suffolk Academy	11.98
35	Bonds, Nate	11	North Cross	11.99

Event 40 Boys 200 Meter Dash Division II (16)

Meet Record: 21.32 5/18/2019 Curtis Borden, St. Stephens St. Agnes

	Name	Year	School	Seed Time
1	Patel, Dillan	12	Roanoke Catholic School	22.64
2	Mittendorfer, Moritz	12	North Cross	22.93
3	Jennings, Kyrion	12	Norfolk Christian	22.97
4	Whitaker, Ethan	12	Trinity Christian School	23.04
5	Kebbay, Bilal	12	Randolph-Macon Academy	23.09
6	Doku, Jojo	10	Randolph-Macon Academy	23.47
7	Elliott, David	12	Hampton Christian	23.62
8	Turner, Jake	10	Trinity Christian School	23.62
9	Hawkins, Seven	11	The New Community School	23.70
10	Chippendale, William	12	Veritas School	23.80
11	Jones, Jordan	12	Peninsula Catholic	23.81
12	Griffith, Agegnehu	10	Hargrave Military Academy	23.88
13	Guishard, Emmanuel	10	Hargrave Military Academy	23.90
14	Jones, Caleb	12	Norfolk Christian	23.92
15	Dolo, Izayk	11	Blue Ridge School	23.97
16	Zhang, Jiakai	11	Massanutten Academy	24.00

Event 42 Boys 400 Meter Dash Division II (15)

Meet Record: 48.34 1966 Calhoun, Randolph-Macon

	Name	Year	School	Seed Time
1	Jennings, Kyrion	12	Norfolk Christian	51.29
2	Crouse, Evan	12	Trinity Christian School	51.82
3	Fisher, Andrew	12	Trinity Christian School	52.22
4	Kline, Eli	9	Virginia Episcopal School	52.39
5	Whitaker, Ethan	12	Trinity Christian School	52.42

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 42 ... (Boys 400 Meter Dash Division II (15))

	Name	Year	School	Seed Time
6	Peebles, Khristian	10	Hampton Christian	52.80
7	Griffith, Agegnehu	10	Hargrave Military Academy	52.87
8	Hertzler, Milo	12	Eastern Mennonite School	53.39
9	Basile, Hunter	11	North Cross	53.77
10	Jones, Caleb	12	Norfolk Christian	54.40
11	Zivanov, Aleksa	9	North Cross	54.73
12	Anthony, Yoder	8	Randolph-Macon Academy	54.78
13	BonAmi, Aaron	11	Fredericksburg Christian	55.01
14	Chippendale, William	12	Veritas School	55.36
15	Bedwell, Nick	12	Randolph-Macon Academy	55.59

Event 43 Boys 800 Meter Run Division II (16)

Meet Record: 1:52.87 5/18/2019		Liam Bellamy, Collegiate		
	Name	Year	School	Seed Time
1	Lawrence, Jon Nathan	10	The Covenant School	1:57.10
2	Dovgalyuk, Calvin	11	Trinity Christian School	1:57.86
3	Samson, Luga	11	Eastern Mennonite School	1:58.89
4	Driscoll, Billy	12	Peninsula Catholic	2:02.74
5	Moscoso, Christopher	11	Trinity Christian School	2:03.15
6	White, Dylan	12	North Cross	2:05.19
7	Fulcher, Colten	10	Hampton Roads Academy	2:06.92
8	Jang, Ian	9	Trinity Christian School	2:07.50
9	Wang, Lucas	11	Virginia Episcopal School	2:08.06
10	Hartke, Ishan	11	Hampton Roads Academy	2:08.23
11	Sneary, Jedrek	11	Eastern Mennonite School	2:08.60
12	Primich, Nick	11	Walsingham Academy	2:08.73
13	Rhodes, Adam	11	Eastern Mennonite School	2:09.14
14	Streeter, Hayden	11	Greenbrier Christian Academy	2:09.81
15	Voss, William	12	Veritas School	2:10.44
16	Mudd, Daniel	10	Atlantic Shores Christian	2:10.66

Event 44 Boys 1600 Meter Run Division II (21)

Meet Record: 4:10.24 1976		Ledder (Mile), Bishop O'Connell		
	Name	Year	School	Seed Time
1	Lawrence, Jon Nathan	10	The Covenant School	4:13.92
2	Dovgalyuk, Calvin	11	Trinity Christian School	4:22.39
3	Driscoll, Billy	12	Peninsula Catholic	4:25.60
4	White, Dylan	12	North Cross	4:32.38
5	Leachman, Emmett	11	Wakefield School	4:33.95
6	Moscoso, Christopher	11	Trinity Christian School	4:34.07
7	Fulcher, Colten	10	Hampton Roads Academy	4:43.18
8	Lecher, Christian	10	Brunswick Academy	4:45.20
9	Chaney, Finton	9	North Cross	4:45.49
10	Wang, Lucas	11	Virginia Episcopal School	4:45.69
11	Lawrence, Joshua	8	The Covenant School	4:46.02
12	O'Flynn, Aidan	10	Veritas School	4:46.09
13	Buppert, Hayes	9	Tandem Friends School	4:46.69
14	Crestetto, Jared	11	Trinity Christian School	4:47.71
15	Fisher, Lennon	10	Immanuel Christian School	4:53.37
16	Michael, DeMato	9	Randolph-Macon Academy	4:55.00
17	Rodriguez, Carlos	10	Peninsula Catholic	4:55.62

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 44 ... (Boys 1600 Meter Run Division II (21))

	Name	Year	School	Seed Time
18	Bixler, Calvin	11	Eastern Mennonite School	4:55.63
19	Mudd, Daniel	10	Atlantic Shores Christian	4:55.70
20	Larson, Dietrich	11	Miller School	4:56.07
21	Seckman, Michael	9	New Covenant Schools	4:56.12

Event 45 Boys 3200 Meter Run Division II (18)

Meet Record:		9:06.64	1976	Layman (Two Mile), Eastern Mennonite		
	Name	Year	School	Seed Time		
1	Leachman, Curtis	11	Wakefield School	9:24.29		
2	Dovgalyuk, Calvin	11	Trinity Christian School	9:32.68		
3	Robinson, Andrew	11	Walsingham Academy	9:54.63		
4	Driscoll, Billy	12	Peninsula Catholic	9:59.69		
5	Lineweaver, Price	10	The Covenant School	10:09.67		
6	Crestetto, Jared	11	Trinity Christian School	10:15.70		
7	O'Flynn, Aidan	10	Veritas School	10:17.54		
8	Chaney, Finton	9	North Cross	10:20.06		
9	Michael, DeMato	9	Randolph-Macon Academy	10:30.77		
10	Coniglione, Enzo	9	Roanoke Catholic School	10:31.56		
11	Ron, Kevin	8	Trinity Christian School	10:45.10		
12	Blemker, Jack	10	Tandem Friends School	10:49.92		
13	O'Hallarn, Gene	10	Walsingham Academy	10:54.07		
14	Larson, Dietrich	11	Miller School	10:58.16		
15	Primich, Nick	11	Walsingham Academy	10:59.26		
16	Anderson, Harry	11	North Cross	11:00.45		
17	Estes, Kaleb	9	The Covenant School	11:00.85		
18	Castaneda, Daniel	8	Eastern Mennonite School	11:04.12		

Event 39 Boys 110 Meter Hurdles Division II (10) Prelims

Meet Record:		14.42	5/20/2000	Steven McDonnough, Benedictine		
	Name	Year	School	Seed Time		
1	Burke, Davian	12	Banner Christian School	14.03		
2	Burke, Brady	12	Brunswick Academy	16.09		
3	Lemcke, Cohen	10	Blue Ridge School	16.46		
4	Higgins, John	12	Trinity Christian School	16.91		
5	Buford, Graham	10	Hargrave Military Academy	17.32		
6	Thomas, Jamal	10	Nansemond-Suffolk Academy	18.27		
7	Sean, Shernuk	9	Randolph-Macon Academy	19.04		
8	Caban, DJ	11	Greenbrier Christian Academy	19.39		
9	Yutzy, Joseph	11	Eastern Mennonite School	19.90		
10	Gosman, Ethan	11	Greenbrier Christian Academy	19.94		

Event 41 Boys 300 Meter Hurdles Division II (14)

Meet Record:		38.51	5/21/2022	Albert Asare, Woodberry Forest		
	Name	Year	School	Seed Time		
1	Burke, Davian	12	Banner Christian School	38.16		
2	Patel, Dillan	12	Roanoke Catholic School	42.68		
3	Burke, Brady	12	Brunswick Academy	42.85		
4	Burch, Isaiah	12	Peninsula Catholic	43.49		
5	Condon, Liam	10	Grove Christian School	43.96		
6	Lemcke, Cohen	10	Blue Ridge School	44.23		
7	Buford, Graham	10	Hargrave Military Academy	45.65		
8	Nohan, Elliot	12	Blue Ridge School	45.76		

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 41 ... (Boys 300 Meter Hurdles Division II (14))

	Name	Year	School	Seed Time
9	Yutzy, Joseph	11	Eastern Mennonite School	45.95
10	Higgins, John	12	Trinity Christian School	46.46
11	Caban, DJ	11	Greenbrier Christian Academy	46.60
12	Leblanc, Kyler	10	Broadwater Academy	47.45
13	Dunmyer, Antwan	11	Immanuel Christian School	47.46
14	Howell, Luke	11	Fredericksburg Christian	49.44

Event 35 Boys 4x100 Meter Relay Division II (23)

Meet Record: 41.68 5/20/2023 Woodberry Forest
L. Ellis, J. Ferguson, S. Robinson, R. Handelsman

	Team	Relay	Seed Time
1	Trinity Christian School	A	44.73
2	North Cross	A	44.93
3	Blue Ridge School	A	45.40
4	Randolph-Macon Academy	A	45.70
5	Miller School	A	46.03
6	Immanuel Christian School	A	46.04
7	Fredericksburg Christian	A	46.66
8	Peninsula Catholic	A	47.09
9	Williamsburg Christian Academy	A	47.10
10	Hampton Roads Academy	A	47.14
11	Hampton Christian	A	47.24
12	Christ Chapel Academy	A	47.91
13	Massanutten Academy	A	47.94
14	Nansemond-Suffolk Academy	A	48.10
15	Tandem Friends School	A	48.22
16	Eastern Mennonite School	A	48.65
17	New Covenant Schools	A	49.07
18	Stonebridge School	A	49.46
19	The New Community School	A	49.91
20	Broadwater Academy	A	50.27
21	Grove Christian School	A	50.72
22	Greenbrier Christian Academy	A	50.76
23	Richmond Christian	A	51.86

Event 36 Boys 4x400 Meter Relay Division II (17)

Meet Record: 3:22.44 5/19/2012 Woodberry Forest
J Yellets, R Pivovarnik, M Kelley, E Ways

	Team	Relay	Seed Time
1	Trinity Christian School	A	3:27.98
2	North Cross	A	3:37.48
3	Peninsula Catholic	A	3:37.58
4	Eastern Mennonite School	A	3:39.77
5	Hampton Roads Academy	A	3:46.67
6	Randolph-Macon Academy	A	3:49.76
7	Fredericksburg Christian	A	3:51.03
8	Miller School	A	3:53.92
9	Immanuel Christian School	A	3:57.56
10	Stonebridge School	A	3:57.85
11	Blue Ridge School	A	3:58.58
12	Tandem Friends School	A	3:59.60

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 36 ... (Boys 4x400 Meter Relay Division II (17))

	Team	Relay	Seed Time
13	Greenbrier Christian Academy	A	4:00.71
14	New Covenant Schools	A	4:01.00
15	Christ Chapel Academy	A	4:02.07
16	Grove Christian School	A	4:03.71
17	Broadwater Academy	A	4:08.06

Event 37 Boys 4x800 Meter Relay Division II (17)

Meet Record: 7:54.66 5/18/2013 Fork Union
N Okaah, R Garver, P Lomong, A Lomong

	Team	Relay	Seed Time
1	Eastern Mennonite School	A	8:31.85
2	Trinity Christian School	A	8:40.14
3	North Cross	A	8:50.93
4	Hampton Roads Academy	A	9:14.34
5	Tandem Friends School	A	9:16.32
6	Peninsula Catholic	A	9:22.50
7	Randolph-Macon Academy	A	9:23.06
8	Immanuel Christian School	A	9:34.73
9	Stonebridge School	A	9:36.88
10	Massanutten Academy	A	9:49.00
11	Fredericksburg Christian	A	10:02.96
12	Walsingham Academy	A	10:03.01
13	Blue Ridge School	A	10:04.42
14	Greenbrier Christian Academy	A	10:06.33
15	Roanoke Catholic School	A	10:13.72
16	Broadwater Academy	A	10:16.15
17	Atlantic Shores Christian	A	10:18.40

Event 47 Boys High Jump Division II (14)

Meet Record: 6-08.50 5/16/2009 Ben Katz, St. Christopher's

	Name	Year	School	Seed Mark
1	Smith, Levin	12	Blue Ridge School	6-02.00
2	Kebbay, Bilal	12	Randolph-Macon Academy	6-00.00
3	Rhodes, Jase	10	North Cross	5-10.00
4	BonAmi, Aaron	11	Fredericksburg Christian	5-10.00
5	Hairston, Jordan	12	Miller School	5-10.00
6	Richards, Weston	12	Virginia Episcopal School	5-08.00
7	Bragg, I'Szwohn	9	Brunswick Academy	5-08.00
8	Hart, Ja'ziel	10	North Cross	5-08.00
9	Nwafor, Chima	9	Stonebridge School	5-06.00
10	Robinson, Markus	12	Blue Ridge School	5-06.00
11	Hunter, D'Myo	11	Blue Ridge School	5-06.00
12	Kirabo, Nolan	9	Randolph-Macon Academy	5-06.00
13	LaRocco, Rocson	11	Hampton Roads Academy	5-06.00
14	Kline, Eli	9	Virginia Episcopal School	5-04.00

Event 49 Boys Pole Vault Division II (6)

Meet Record: 15-06 5/19/2018 Harrison Rice, St. Christoher's
Meet Record: 15-06 5/20/2023 Victor Olesen, St. Christopher's

	Name	Year	School	Seed Mark
1	Skelton, Liam	10	Roanoke Catholic School	11-06.00
2	Eno, Thomas	10	Broadwater Academy	11-00.00

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 49 ... (Boys Pole Vault Division II (6))

	Name	Year	School	Seed Mark
3	Cittadine, Eric	9	Blue Ridge School	9-06.00
4	Leblanc, Kyler	10	Broadwater Academy	9-06.00
5	Omura, Aito	10	Blue Ridge School	9-06.00
6	McWhorter, Jackson	11	Blue Ridge School	9-00.00

Event 48 Boys Long Jump Division II (14)

Meet Record: 24-01.50 1984				Eric Metcalf, Bishop O'Connell
	Name	Year	School	Seed Mark
1	Rhodes, Jase	10	North Cross	21-07.25
2	Hunter, D'Myo	11	Blue Ridge School	21-05.00
3	Daviu, Pedro	10	Blue Ridge School	20-11.25
4	Taylor, Eli	12	Blue Ridge School	20-11.25
5	Turner, Jake	10	Trinity Christian School	19-08.50
6	Doku, Jojo	10	Randolph-Macon Academy	19-07.00
7	Bonds, Nate	11	North Cross	19-06.00
8	Hairston, Jordan	12	Miller School	19-05.00
9	Clarke, Jason	12	Miller School	19-04.00
10	Guishard, Emmanuel	10	Hargrave Military Academy	19-02.00
11	Johnson, Jacob	11	North Cross	19-02.00
12	Thomas, Jamal	10	Nansemond-Suffolk Academy	19-00.25
13	Burke, Brady	12	Brunswick Academy	18-10.50
14	Tapere, Isaiah	11	Randolph-Macon Academy	18-09.25

Event 51 Boys Triple Jump Division II (19)

Meet Record: 47-07 5/20/2006				Brandon Caleb, Fork Union
	Name	Year	School	Seed Mark
1	Rhodes, Jase	10	North Cross	47-02.00
2	Daviu, Pedro	10	Blue Ridge School	44-11.00
3	Turner, Jake	10	Trinity Christian School	42-04.50
4	Matsinhe, Dayo	10	Blue Ridge School	41-11.25
5	Taylor, Eli	12	Blue Ridge School	40-11.25
6	Thomas, Jamal	10	Nansemond-Suffolk Academy	39-03.00
7	Alston, Jayden	10	Hargrave Military Academy	39-00.00
8	Carlson, Aaron	9	Hampton Roads Academy	38-04.50
9	Doku, Jojo	10	Randolph-Macon Academy	37-07.00
10	Tapere, Isaiah	11	Randolph-Macon Academy	37-04.00
11	Landes, Cooper	10	Eastern Mennonite School	37-00.50
12	Leblanc, Kyler	10	Broadwater Academy	36-09.00
13	Weir, Zane	12	Atlantic Shores Christian	36-05.00
14	Nash, Royce	11	Hargrave Military Academy	36-05.00
15	Nwafor, Chima	9	Stonebridge School	36-04.00
16	Williams, Josh	10	Trinity Christian School	36-03.00
17	Rodriguez, Edwyn	10	Immanuel Christian School	36-02.00
18	Blake, Elijah	9	Hampton Roads Academy	35-09.50
19	Clark, Joseph	8	Fredericksburg Christian	35-09.50

Event 50 Boys Shot Put Division II (18)

Meet Record: 66-01 5/20/2023				Rodney Lora, Woodberry Forest
	Name	Year	School	Seed Mark
1	Giddens, Trey	10	Norfolk Christian	46-01.00
2	Linton, Patrick	12	Atlantic Shores Christian	45-11.00
3	Jungmann, Cedric	12	Blue Ridge School	43-06.00

VISAA Track & Field Championship - 5/17/2024 to 5/18/2024
Sports Backers Stadium
Performance List

Event 50 ... (Boys Shot Put Division II (18))

	Name	Year	School	Seed Mark
4	Hayes, Nathan	10	North Cross	42-10.50
5	Brown, Xavier	11	Fredericksburg Christian	42-00.50
6	Cohen, Isaac	12	Atlantic Shores Christian	41-09.00
7	Frogner, Sander	11	North Cross	41-08.50
8	Weaver, Jack	11	Atlantic Shores Christian	41-01.00
9	Abdella, Owen	11	Miller School	40-08.00
10	Sparks, Kelton	11	Blue Ridge School	40-08.00
11	Bonds, Nate	11	North Cross	39-10.00
12	Lowe, Alexander	11	Massanutten Academy	39-05.00
13	Hribik, Sebastien	12	Blue Ridge School	39-02.75
14	Whitehurst, Caleb	11	Greenbrier Christian Academy	39-02.00
15	Arnold, Logan	10	Broadwater Academy	39-01.00
16	Jefferson, Braydon	12	Fredericksburg Christian	38-11.25
17	Jennings, Blake	11	Greenbrier Christian Academy	38-08.50
18	Brown, Ja'Mir	12	Brunswick Academy	38-01.00

Event 46 Boys Discus Throw Division II (24)

Meet Record: 182-10 5/19/2012 Jordan Roach, Fork Union

	Name	Year	School	Seed Mark
1	Linton, Patrick	12	Atlantic Shores Christian	144-04
2	Qin, Leon	11	Hargrave Military Academy	142-06
3	Rhodes, Jerel	12	North Cross	138-00
4	Arnold, Logan	10	Broadwater Academy	137-07
5	Skelton, Andrew	12	Blue Ridge School	136-09
6	Brown, Ja'Mir	12	Brunswick Academy	134-02
7	Giddens, Trey	10	Norfolk Christian	129-01
8	Cohen, Isaac	12	Atlantic Shores Christian	127-06
9	Ye, Steven	9	Broadwater Academy	126-05
10	Mott, Theo	12	Eastern Mennonite School	122-03
11	Nichols, Marshall	10	Eastern Mennonite School	115-02
12	Simango, Shanon	12	Blue Ridge School	114-01
13	Hitchings, Ian	11	Greenbrier Christian Academy	111-07
14	Bonds, Nate	11	North Cross	106-03
15	Hyvarinen, Michael	12	Atlantic Shores Christian	105-07
16	Jungmann, Cedric	12	Blue Ridge School	102-11
17	Jefferson, Braydon	12	Fredericksburg Christian	102-11
18	Lee, Beau	10	Roanoke Catholic School	102-03
19	Grubb, Prestin	9	Richmond Christian	101-01
20	Ponzar, Maden	10	Immanuel Christian School	100-10
21	Higgins, John	12	Trinity Christian School	99-05
22	Abdella, Owen	11	Miller School	99-02
23	Whitehurst, Caleb	11	Greenbrier Christian Academy	98-00
24	Lacy, Jeremiah	11	Stonebridge School	98-00