Division 2 2010 All-State Lacrosse Team

Attack - Will Crenshaw, Nansemond-Suffolk, Sr.
Attack - Matt Delmonico, Blue Ridge, Sr.
Attack - Andrew Maser, Hampton Roads, Jr.
Attack - Brendon McCann, Highland, Sr.
Midfield - Chris “Bubba” Delaney, Blue Ridge, Sr.
Midfield - Connor Haile, Highland, Sr.
Midfield - Tucker Hotte, Nansemond-Suffolk, Jr.
Midfield - Bennett King, VES, Sr.
Midfield - Mike Maroon, Cape Henry Collegiate, Jr.
Midfield - Patrick Silva, Highland, Jr.
Midfield - Pat Young, Christchurch, So.
LSM - Collin Brooke, Christchurch, Sr.
Defense - Bryan Basnight, Hampton Roads, Sr.
Defense - Zach Dennis, Highland, Sr.
Defense - Kody TeKanawa, Blue Ridge, Jr.
Defense - Joe Zirpolo, Nansemond-Suffolk, Sr.
Goalie - Justin Ashby, Christchurch, Sr.
Goalie - Cameron Setian, Walsingham, Sr.
Coach of the Year - Vince Smith, Christchurch