Dear Athletic Director and Baseball Coaches:

As the spring baseball season approaches, we invite you to participate in VISAA Baseball. Once again, we will have three separate divisions with the same enrollment breakdown that was used last year. There will be separate polls, tournaments, and All-State awards for the three divisions. Each division will have weekly polls that will be voted on by our committee which consists of representatives throughout the state.

We will rank the top 10 teams each week, and the tournament will consist of the top 8/9 teams in each division in the final poll. The dates that the polls will be released are: April 1st, April 8th, April 15th, April 22nd, April 29th, and May 6th. The quarterfinal games will be held at the higher seed, and the semi-finals and finals will be held at Shepherd Stadium, Colonial Heights VA

The schools invited to participate in the state tournament will be notified by Sunday, May 12th.

The dates for the baseball state tournament are as follows:
- Division I & II- 8 vs 9 Play-in games- Monday May 13th - played at higher seed
- Division I, II & III - First round – Tuesday May 14th - played at higher seed
- Division III - Semi-finals – Thursday May 16th - @ Shepherd Stadium
- Division I, II - Semi-finals – Friday May 17th - @ Shepherd Stadium
- Division I, II & III - Finals – Saturday May 18th - @ Shepherd Stadium
- Division I, II & III – Rain Date Sunday May 19th - @ Shepherd Stadium

Once again, all schools must use Game changer for tracking pitch count during every game. This can be done with a smart phone or ipad/computer. Coaches will notify each other when a pitcher has reached 90 pitches. Please identify your team on GC as your school name. You will still input pitch count into Maxpreps within 24 hours after your game. Last year we did have a few coaches that received suspensions for pitch count violations. Please know the rules and abide by them.

As a member of the VISAA participating in the Baseball, you will need to post your schedule and all of your scores on MaxPreps. http://www.maxpreps.com/state/baseball/virginia.htm. In order to accomplish this, you will need to enter your roster and schedule ASAP. If you do not update MaxPreps it will be very difficult for our committee to rank you on a weekly basis. Only games vs regular high schools will count. Homeschool and travel team games do not count toward your record

Here is a review of the VISAA mandatory pitching restrictions.
- Pitchers will be allowed no more than 110 pitches per game. A pitcher may finish throwing to the current batter if he reaches 110 during the at bat. Any player that throws more than 100 pitches in a contest must rest for four days.
- 76 to 100 pitches in a day requires three days of rest; 51 to 75 pitches in a day requires two days of rest and 26 to 50 pitches in a day requires one day of rest. 25 pitches or less requires no rest
- A pitcher is only allowed to pitch in one game per day unless the pitcher throws 25 or fewer pitches in first game. In that case, pitcher may pitch in 2nd game of day. Pitch totals for both games combined will require prescribed daily limits and required rest. (Doubleheader Rule that is not addressed in VHSL Rule)
- If a pitcher throws 25 or less pitches in one day, he can throw the next day, but can’t exceed 110 pitches for both days combined. Pitch totals for both games combined will require prescribed daily limits and required rest.
- Teams must record all pitches in Maxpreps after every game. Coaches must double check with each other at the conclusion of the game to agree on pitch count for every pitcher
- Teams that violate the pitching restrictions will result in a 1 game suspension for the coach. 2nd violation, the coach will be suspended 5 games.

Our committee is looking forward to another exciting spring of baseball for the Independent Schools in Virginia. Feel free to contact me if you have any questions.

Sincerely,
Chad D Byler, CAA
VISAA Baseball Chairman
757.452.6733 office, 757.409.1917 cell
cbyler@norfolkacademy.org
Follow us on Twitter