September 11, 2019

Dear Athletic Directors and Field Hockey Coaches,

I hope the first couple of weeks of your season have gone well and that the school year is off to a great start! As the season is gearing up, please pay attention to these helpful reminders.

**Weekly Polls:**
During the week of September 16th, Mary Blake will be sending you an email that outlines when and how to report scores. Please pay attention to the specifics of this email and be on time with your emails each week; in order for the polls to come out on time, this information is vital. The first poll will be posted on the VISAA website on September 23rd.

**VISAA State Tournament Information:**
As mentioned in the spring/summer email, we are once again headed to Evergreen Sportsplex in Leesburg, VA for the state tournament this year. Hopefully the dates are already on your calendar, and the schedule is as follows:

- **Friday, November 8: Semifinals**
  - 10 AM – Higher seed DI
  - Noon – Lower seed DI
  - 2 PM – Higher seed DII
  - 4 PM – Lower seed DII
- **Saturday, November 9: Finals**
  - 1 PM – DI
  - 3 PM – D2

**Awards information:**
We will be continuing the same process for nominating student-athletes for All-State honors. You will receive information from Elizabeth Blaum in October about the nominating process.

Also, we encourage all coaches to join the National Field Hockey Coaches Association before the end of September. There are many benefits to joining this group, and you have the ability to nominate your student-athletes for All-American consideration and for the OPA Winning Teams/NFHCA High School National Academic Squad.

**Updated Contact Information:**
If you have a new field hockey coach or a new Athletic Director, please let me know as soon as possible.

Best of luck this season!

Jane