Full School name	Volleyball Division
Bishop Ireton High School	I
Bishop O'Connell High School	I
Catholic High School	I
Collegiate School	I
Episcopal High School	I
Flint Hill School	I
The Madeira School	I
Norfolk Academy	I
Oakcrest School	I
The Potomac School	I
St. Anne's-Belfield School	I
St. Catherine's School	I
Saint Gertrude High School	I
Saint John Paul the Great Catholic High School	I
St. Paul VI Catholic High School	I
St. Stephen's and St. Agnes School	I
Trinity Christian School	I
Trinity Episcopal School	I
Atlantic Shores Christian School	II

Full School name	Volleyball Division
Cape Henry Collegiate	II
Chatham Hall	II
Christchurch School	II
The Covenant School	II
Eastern Mennonite School	II
Foxcroft School	II
Fredericksburg Christian School	II
Hampton Roads Academy	II
Highland School	II
Immanuel Christian School (Provisional)	II
Isle of Wight Academy	II
King Abdullah Academy	II
Nansemond-Suffolk Academy	II
Norfolk Christian School	II
Norfolk Collegiate	II
Peninsula Catholic High School	II
Seton School	II
The Steward School	II
Tandem Friends School	II
Veritas School	II

Full School name	Volleyball Division
Virginia Academy	II
Virginia Episcopal School	II
Brunswick Academy	III
Chelsea Academy	(Plays Up)
Greenbrier Christian Academy	III
Kenston Forest School	III
Massanutten Military Academy	III
Miller School of Albemarle	III
New Covenant Schools	III
North Cross School	III
Portsmouth Christian School	III
Quantico Middle High School	III
Randolph-Macon Academy	III
Richmond Christian School	III
Roanoke Catholic School	III
St. Margaret's School	III
StoneBridge School	III
Timberlake Christian Schools	III
Trinity School at Meadow View	III
Wakefield School	111

Full School name	Volleyball Division
Walsingham Academy	III
Westover Christian Academy	III
Amelia Academy	IV
Banner Christian School	IV
The Blessed Sacrament Huguenot School	IV
Broadwater Academy	IV
Carlisle School	IV
The Carmel School	IV
Christ Chapel Academy	IV
Denbigh Baptist Christian School	IV
The Fairfax Christian School	IV
Faith Christian School	IV
Fresta Valley Christian School	IV
Fuqua School	IV
Gateway Christian Academy	IV
Grace Christian School (Mechanicsville)	IV
Grove Christian School	IV
Guardian Christian Academy	IV
Hampton Christian Academy	IV
Millwood School	IV

Full School name	Volleyball Division
The New Community School	IV
Oak Hill Academy	IV
Saint Michael the Archangel Catholic High School	IV
Southampton Academy	IV
Stuart Hall School	IV
Tidewater Academy	IV
Wakefield Country Day School	IV
Williamsburg Christian Academy	IV