

2022 QUALIFYING STANDARDS FOR INDOORS [F]

To compete the 2022 VISAA Indoor Track & Field Championships all students-athletes will have to have met the 2022 qualifying standard for each event they are entering and it will have been achieved during the 2021-2022 Winter Season.



	Indoor	*Outdoor
Girls High Jump	4-6	4-6
Boys High Jump	5-8	5-8
Girls Long Jump	13-01.0	13-01.0
Boys Long Jump	18-03.0	18-03.0
Girls Shot Put	24-07.0	24-07.0
Boys Shot Put	33-07.0	33-07.0
Girls Triple Jump	29-05.0	29-05.0
Boys Triple Jump	34-03.0	34-03.0
Girls Pole Vault	6-0	6-0
Boys Pole Vault	10-0	10-0
Girls 55M Hurdles	11.30	#11.30
Boys 55M Hurdles	9.90	#9.90
Girls 55M Dash	8.00	#8.00
Boys 55M Dash	7.10	#7.10
Girls 4x800m Relay	N/A	N/A
Boys 4x800m Relay	N/A	N/A
Girls 1600M	6:03.00	5:58.42
Boys 1600M	5:02.70	4:58.88
Girls 4x200m Relay	N/A	N/A
Boys 4x200m Relay	N/A	N/A
Girls 300	47.60	46.77
Boys 300	39.00	38.32
Girls 500	1:34.00	1:32.58
Boys 500	1:14.30	1:13.18
Girls 1000M	3:39.00	3:36.02
Boys 1000M	2:54.70	2:52.33
Girls 3200M	13:29.00	13:20.13
Boys 3200M	11:02.00	10:54.41
Girls 4x400m Relay	N/A	N/A
Boys 4x400m Relay	N/A	N/A

**Outdoor equivalent times have been calculated using the NCAA oversized/banked track conversion chart for Indoor Track & Field*

#Outdoor 55-meter Dash/Hurdle times, where an indoor time isn't available, will have .1 added for purposes of seeding.