

RaceTab by MileSplit/FloSports

Run Roanoke, Run Roanoke

VISAA Cross Country State Championships - 11/9/2023
 Woodberry Forest 5K Course, Woodberry Forest, VA

Division I Boys 5000 Meter Run

Name	Yr Team	Time	Pts
1 Quinn Eliason	10 St. Anne's-Belfield	16:18.76	1
2 Sasha Minsky	12 Potomac School	16:35.46	2
3 Michael McKnew	10 Cape Henry Collegiat	17:03.31	3
4 Liam Moore	11 Collegiate	17:04.77	4
5 Logan Beale	11 Paul VI Catholic	17:08.09	5
6 James Bertram	12 Saint John Paul the	17:13.31	6
7 Asher Green	10 Saint Christopher's	17:13.89	7
8 Parker Tallman	12 Woodberry Forest	17:17.11	8
9 Joshua Seidensticker	10 Catholic High School	17:30.12	9
10 Luke Carter	10 Potomac School	17:31.51	10
11 Elijah Thompson	11 Saint John Paul the	17:32.01	11
12 Eli Levine	10 Potomac School	17:34.47	12
13 David Eaton	9 Fork Union	17:34.88	13
14 Alex Mathews	12 Potomac School	17:40.14	14
15 Austin Colvin	11 Saint John Paul the	17:40.27	15
16 Trip Moser	10 Potomac School	17:41.36	16
17 Zach Dalva-Baird	11 Potomac School	17:45.27	17
18 Jason Day	9 Bishop Ireton	17:46.00	18
19 Jonah Zuckerman	12 Cape Henry Collegiat	17:53.41	19
20 Abraham Warui	11 Woodberry Forest	17:59.97	20
21 Liam Harbour	12 Collegiate	18:04.90	21
22 Patrick Mayer	12 Saint Christopher's	18:05.88	22
23 Chase Garcia	11 Paul VI Catholic	18:10.05	23
24 Roy Fullmer	11 Catholic High School	18:16.22	24
25 Sean Wilcox	12 Bishop O'Connell	18:19.14	25
26 Ashwin Aggarwal	12 Collegiate	18:20.03	26
27 Wylly Bell	10 Woodberry Forest	18:22.24	27
28 Luca McGhee Chavez	11 Episcopal	18:24.22	28
29 Morgan Jay	11 Woodberry Forest	18:24.36	29
30 Courtney Collins	11 St. Anne's-Belfield	18:26.23	30
31 Jonah Berkey	10 Saint John Paul the	18:28.42	31
32 Cole Bornschein	12 Saint John Paul the	18:29.01	32
33 Bolling Lewis	12 Collegiate	18:29.06	33
34 Matthew Elliott	12 Saint John Paul the	18:29.88	34
35 Max Zeldes	12 Potomac School	18:30.00	35
36 Long Nguyen	9 Saint Christopher's	18:32.31	36
37 Ryan DeMaio	11 St. Anne's-Belfield	18:33.16	37
38 Marcus King	12 St.Stephen's and St.	18:33.81	38
39 Finn Guzik	9 Norfolk Academy	18:35.04	39
40 Walker Angus	12 Collegiate	18:37.50	40
41 Noah Altschuler	11 Potomac School	18:39.47	
42 Louis Dobson	10 Saint John Paul the	18:40.41	41
43 Avi Agrawal	10 Potomac School	18:40.91	
44 Ashton Crocker	9 Norfolk Academy	18:43.70	42

45	Nicholas Fowler	12	St. Anne's-Belfield	18:44.36	43
46	Javier Almonte	11	Potomac School	18:45.13	
47	Danny Kajubi	11	Woodberry Forest	18:45.26	44
48	Raul Acevedo	11	Catholic High School	18:45.68	45
49	Paul Kiesling	10	Woodberry Forest	18:46.12	46
50	Jaydn Pieron	12	Fork Union	18:46.45	47
51	Preston Sutherland	9	Collegiate	18:46.86	48
52	Bryce Patterson	11	Bishop Ireton	18:49.29	49
53	Ronan Montes	9	Fork Union	18:51.31	50
54	Stephen Miller	12	Saint John Paul the	18:55.98	
55	Robert Callahan	10	Fork Union	19:00.31	51
56	Benjamin Harris	8	Collegiate	19:00.56	52
57	Michael Swingle	12	Bishop O'Connell	19:01.61	53
58	Besnten Schone	9	Flint Hill	19:03.32	54
59	Hunter Michel	12	Bishop Ireton	19:04.33	55
60	Brooks McCall	11	Woodberry Forest	19:05.23	56
61	Lance Jayme	10	Bishop O'Connell	19:06.57	57
62	Declan McDonnell	11	Saint Christopher's	19:09.33	58
63	Jacob Thompson	10	Saint John Paul the	19:10.89	
64	Jeremy Young	12	St.Stephen's and St.	19:11.60	59
65	Henry Zanone	12	Woodberry Forest	19:13.39	
66	Bart O'Connor	11	St.Stephen's and St.	19:14.94	60
67	James Edwards	9	Saint Christopher's	19:15.49	61
68	Sam Bibeau	12	Norfolk Academy	19:17.48	62
69	Tyler Walker	9	Catholic High School	19:19.10	63
70	Aryaan Agnihotri	11	Saint Christopher's	19:19.22	64
71	Ryan Maso	9	Paul VI Catholic	19:19.91	65
72	Noah Smith	9	Saint Christopher's	19:24.50	66
73	Emilio Burneo	10	Bishop Ireton	19:25.45	67
74	Isaac Zito	10	Norfolk Academy	19:26.34	68
75	Will Crouch	12	Norfolk Academy	19:28.89	69
76	Spencer Anthony	11	Trinity Episcopal Sc	19:32.77	70
77	Thomas Mulhern	12	Saint John Paul the	19:32.89	
78	Jeremy Morris	12	Catholic High School	19:33.12	71
79	Mac Halm	11	Episcopal	19:35.79	72
80	Alex Fromm	11	Paul VI Catholic	19:36.22	73
81	Ben KWON	12	Episcopal	19:37.75	74
82	Brogan Brown	8	Norfolk Academy	19:45.21	75
83	Michael Bobrowski	10	Bishop Ireton	19:47.88	76
84	Evan Kreckman	11	Benedictine	19:47.91	77
85	Nicholas Coleman	10	Fork Union	19:48.88	78
86	Malachi Walsh	11	Fork Union	19:50.45	79
87	Miles Jackson	9	Bishop Ireton	19:51.17	80
88	Brian Revor	12	Paul VI Catholic	19:52.18	81
89	Alex Corbitt	10	Benedictine	19:52.68	82
90	Thomas Strickler	12	Trinity Episcopal Sc	19:54.39	83
91	Matthew Healey	10	Catholic High School	19:55.13	84
92	Ben Burtram	12	Fork Union	19:55.14	85
93	Dillon DREIBELBIS	10	St.Stephen's and St.	19:55.92	86
94	Jackson Hills	12	Cape Henry Collegiat	19:56.17	87
95	Reid Klanderman	12	Bishop O'Connell	19:56.37	88
96	Million DeSio	10	Bishop Ireton	19:56.54	89
97	Stephen Schafer	11	Paul VI Catholic	19:59.82	90

98 Charles Horner	10 Woodberry Forest	19:59.83	
99 Ian Bradley	9 Bishop O'Connell	20:01.00	91
100 Brandon Eason	10 Catholic High School	20:05.76	92
101 Jackson Cope	9 Bishop Ireton	20:05.89	
102 Quinn Parvin	10 Norfolk Academy	20:07.44	93
103 Myles Swain	11 Trinity Episcopal Sc	20:09.20	94
104 Justinas Petkauskas	10 Collegiate	20:11.08	
105 Reade Lewis	9 Collegiate	20:11.28	
106 Bruce Thompson	11 Episcopal	20:13.46	95
107 Henry Russell	10 Saint Christopher's	20:14.09	
108 Harrison Lue	10 St.Stephen's and St.	20:15.34	96
109 Amare McCalla	12 Catholic High School	20:15.40	
110 Sammay Averill	12 Catholic High School	20:16.58	
111 Sam Yun	9 Flint Hill	20:18.29	97
112 Pete Sheehey	9 Bishop O'Connell	20:18.47	98
113 Keese Shamblee	10 Norfolk Academy	20:19.69	
114 Anthony Thieman	12 Bishop O'Connell	20:22.67	99
115 Gray Bryant	9 Norfolk Academy	20:25.31	
116 Micah Krasner	10 Flint Hill	20:25.71	100
117 Vinny Kiernan	11 Paul VI Catholic	20:26.22	101
118 Alex Cheng	12 St. Anne's-Belfield	20:26.39	102
119 Thomas Harrison	12 Collegiate	20:28.43	
120 Will Loveland	10 Bishop O'Connell	20:32.89	
121 Will Ballantine	9 Woodberry Forest	20:33.74	
122 Alec Sweet	9 Flint Hill	20:34.22	103
123 Nick Rubino	9 Cape Henry Collegiat	20:41.94	104
124 Carson Noble	11 St. Anne's-Belfield	20:46.41	105
125 Carter Erwin	12 Trinity Episcopal Sc	20:47.01	106
126 John Silk	12 Bishop O'Connell	20:47.02	
127 Holden Nelson	12 Norfolk Academy	20:50.97	
128 Luke Hart	11 Bishop O'Connell	20:54.72	
129 Edward Devenney	12 Catholic High School	21:00.29	
130 John Ristau	10 St.Stephen's and St.	21:00.48	107
131 Will Scanlon	11 Bishop Ireton	21:03.65	
132 Elliott Kim	12 Episcopal	21:04.01	108
133 Blake Griffiths	11 Cape Henry Collegiat	21:04.06	109
134 Jayden Ginty	12 Fork Union	21:05.55	
135 Liam Welsh	9 St. Anne's-Belfield	21:11.34	110
136 Carson Ortegon	11 Cape Henry Collegiat	21:11.69	111
137 Caleb POSTON	10 Episcopal	21:12.98	112
138 Lukas Ko	9 Episcopal	21:13.16	113
139 Cameron Herrera	9 Paul VI Catholic	21:16.88	
140 Alexander Kurtz	11 Paul VI Catholic	21:18.39	
141 Henry Nelson	9 Saint Christopher's	21:19.04	
142 Clint Ellison	12 Benedictine	21:19.14	114
143 Aaron Kim	12 Episcopal	21:24.43	
144 Jude Meyer	9 Benedictine	21:24.86	115
145 Emmanuel Ehumah	11 Bishop Ireton	21:33.26	
146 Joe Sanders	12 Trinity Episcopal Sc	21:34.50	116
147 James Hu	11 Fork Union	21:38.83	
148 Tyler Aronhalt	9 Saint Christopher's	21:41.57	
149 Michael Coleman	9 Cape Henry Collegiat	21:46.52	117
150 Jonah Adams	12 St.Stephen's and St.	21:59.10	118

151 Griffin Lang	9 Benedictine	22:02.40	119
152 Devlin Edgar	11 Cape Henry Collegiat	22:03.72	
153 Hayden WAGNER	10 St.Stephen's and St.	22:08.43	
154 William Bishop	11 Paul VI Catholic	22:12.15	
155 Wyatt Flaherty	9 Trinity Episcopal Sc	22:12.57	120
156 Cole Davidson	12 Flint Hill	22:22.25	121
157 Kenneth Radtke	9 Fork Union	22:23.05	
158 Nick McWilliams	11 Flint Hill	22:23.87	122
159 Cazin School	11 Benedictine	22:26.89	123
160 Evan McLaughlin	9 Flint Hill	22:35.04	124
161 Fin Byrne	9 Trinity Episcopal Sc	22:38.94	125
162 James Russo	12 Benedictine	23:06.50	126
163 Mac Turner	9 Benedictine	23:57.73	
164 Landon Nguyen	9 Flint Hill	25:19.89	

Division I Boys 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Potomac School	54	2	10	12	14	16	17	35
Total Time: 1:27:03		Average: 17:24.59				1-5 Split: 1:06		
2 Saint John Paul the	95	6	11	15	31	32	34	41
Total Time: 1:29:24		Average: 17:52.61				1-5 Split: 1:16		
3 Collegiate	124	4	21	26	33	40	48	52
Total Time: 1:30:37		Average: 18:07.26				1-5 Split: 1:33		
4 Woodberry Forest	128	8	20	27	29	44	46	56
Total Time: 1:30:49		Average: 18:09.79				1-5 Split: 1:29		
5 Saint Christopher`s	184	7	22	36	58	61	64	66
Total Time: 1:32:17		Average: 18:27.38				1-5 Split: 2:02		
6 Catholic High School	212	9	24	45	63	71	84	92
Total Time: 1:33:25		Average: 18:40.85				1-5 Split: 2:03		
7 St. Anne's-Belfield	213	1	30	37	43	102	105	110
Total Time: 1:32:29		Average: 18:29.78				1-5 Split: 4:08		
8 Fork Union	239	13	47	50	51	78	79	85
Total Time: 1:34:02		Average: 18:48.37				1-5 Split: 2:14		
9 Paul VI Catholic	247	5	23	65	73	81	90	101
Total Time: 1:34:07		Average: 18:49.29				1-5 Split: 2:45		
10 Bishop Ireton	265	18	49	55	67	76	80	89
Total Time: 1:34:53		Average: 18:58.59				1-5 Split: 2:02		
11 Norfolk Academy	280	39	42	62	68	69	75	93
Total Time: 1:35:32		Average: 19:06.29				1-5 Split: 54		
12 Bishop O'Connell	314	25	53	57	88	91	98	99
Total Time: 1:36:25		Average: 19:16.94				1-5 Split: 1:42		
13 Cape Henry Collegiat	322	3	19	87	104	109	111	117
Total Time: 1:36:39		Average: 19:19.78				1-5 Split: 4:01		
14 St.Stephen's and St.	339	38	59	60	86	96	107	118
Total Time: 1:37:12		Average: 19:26.33				1-5 Split: 1:42		
15 Episcopal	377	28	72	74	95	108	112	113
Total Time: 1:38:56		Average: 19:47.05				1-5 Split: 2:40		
16 Trinity Episcopal Sc	469	70	83	94	106	116	120	125
Total Time: 1:41:58		Average: 20:23.58				1-5 Split: 2:02		

17 Flint Hill	475	54	97	100	103	121	122	124
Total Time: 1:42:44		Average: 20:32.76				1-5 Split: 3:19		
18 Benedictine	507	77	82	114	115	119	123	126
Total Time: 1:44:27		Average: 20:53.40				1-5 Split: 2:15		