

RaceTab by MileSplit/FloSports

Jeremy Woods, Run Roanoke

VISAA Cross Country State Championships - 11/7/2024
Panorama Farms, Earlysville, VA

Division I Boys 5000 Meter Run

Name	Yr Team	Time	Pts
1 Brady Brennan	12 Saint John Paul the	15:21.00	1
2 Quinn Eliason	11 St. Anne's-Belfield	15:36.05	2
3 Luke Carter	11 The Potomac School	16:24.23	3
4 Joshua Seidensticker	11 Catholic	16:28.04	4
5 Logan Beale	12 Paul VI Catholic	16:30.34	5
6 Asher Green	11 St. Christopher's	16:31.65	6
7 David Eaton	10 Fork Union	16:38.28	7
8 Jason Day	10 Bishop Ireton	16:39.37	8
9 LT Nguyen	10 St. Christopher's	16:47.66	9
10 Elijah Thompson	12 Saint John Paul the	16:52.80	10
11 Michael McKnew	11 Cape Henry Collegiat	16:57.79	11
12 Noah Altschuler	12 The Potomac School	16:59.39	12
13 Trip Moser	11 The Potomac School	17:03.32	13
14 Lance Jayme	11 Bishop O'Connell	17:05.16	14
15 Eli Levine	11 The Potomac School	17:08.04	15
16 Austin Colvin	12 Saint John Paul the	17:10.25	16
17 Liam Moore	12 Collegiate	17:11.93	17
18 Jayse Brefczynski	10 Bishop O'Connell	17:13.95	18
19 Robert Callahan	11 Fork Union	17:16.16	19
20 Zachary Dalva-Baird	12 The Potomac School	17:20.97	20
21 Peter Fleenor	9 Bishop O'Connell	17:24.07	21
22 Louis Dobson	11 Saint John Paul the	17:24.79	22
23 Brogan Brown	9 Norfolk Academy	17:27.95	23
24 Liam Kurzawa	12 St. Christopher's	17:28.53	24
25 Morgan Jay	11 Woodberry Forest	17:31.34	25
26 Kaden Fenno	12 St. Anne's-Belfield	17:36.45	26
27 Finn Guzik	10 Norfolk Academy	17:36.51	27
28 Owen Kulow	12 Norfolk Academy	17:37.92	28
29 David Hurley	10 Saint John Paul the	17:38.08	29
30 Justin Huynh	10 Bishop Ireton	17:40.99	30
31 Nic Willis	12 Fork Union	17:48.91	31
32 Declan McDonnell	12 St. Christopher's	17:50.35	32
33 Jonah Berkey	11 Saint John Paul the	17:53.95	33
34 Jacob Thompson	11 Saint John Paul the	17:55.15	34
35 Ryan Street	9 Bishop O'Connell	17:56.32	35
36 Chase Garcia	12 Paul VI Catholic	17:59.64	36
37 Luke Burnham	10 Cape Henry Collegiat	18:00.16	37
38 Isaac Zito	11 Norfolk Academy	18:02.89	38
39 Bensten Schone	10 Flint Hill	18:03.77	39
40 Austin Hrisko	12 Catholic	18:04.46	40
41 Abraham Warui	12 Woodberry Forest	18:04.60	41
42 Roy Fuller	12 Catholic	18:04.94	42
43 Wylly Bell	11 Woodberry Forest	18:09.63	43
44 Nicholas Coleman	11 Fork Union	18:09.74	44

45	Henry Krebs	9	St. Stephen's and St	18:13.31	45
46	Million DeSio	11	Bishop Ireton	18:13.83	46
47	Henry Russell	11	St. Christopher's	18:15.38	47
48	Spencer Anthony	12	Trinity Episcopal Sc	18:17.64	48
49	Matthew Sjurset	10	Saint John Paul the	18:22.62	
50	Luca McGhee Chavez	12	Episcopal	18:23.37	49
51	Avi Agrawal	11	The Potomac School	18:23.51	50
52	Ronan Montes	10	Fork Union	18:25.84	51
53	Xavier Masri	8	St. Anne's-Belfield	18:26.10	52
54	Preston Sutherland	10	Collegiate	18:26.27	53
55	Hugh Antonik	11	The Potomac School	18:29.58	54
56	Christopher Cooke	12	Saint John Paul the	18:31.37	
57	Bart O'Connor	12	St. Stephen's and St	18:33.78	55
58	Danny Kajubi	12	Woodberry Forest	18:36.57	56
59	Ben Thalhimer	9	Collegiate	18:37.89	57
60	Joseph McKnew	8	Cape Henry Collegiat	18:39.15	58
61	Robert Watts	10	Episcopal	18:39.62	59
62	Alex Fromm	12	Paul VI Catholic	18:39.66	60
63	Matthew Bousman	8	Norfolk Academy	18:43.05	61
64	Jonah Brown	9	Fork Union	18:44.07	62
65	Ryan Callahan	10	Paul VI Catholic	18:46.47	63
66	Justinas Petkauskas	11	Collegiate	18:46.79	64
67	Aryaan Agnihotri	12	St. Christopher's	18:48.33	65
68	Jake McLaughlin	9	St. Anne's-Belfield	18:51.44	66
69	Joseph Carter	9	Bishop Ireton	18:53.95	67
70	Tyler Walker	10	Catholic	18:54.65	68
71	Keese Shamblee	11	Norfolk Academy	18:58.87	69
72	Reade Lewis	10	Collegiate	18:58.94	70
73	Michael Bobrowski	11	Bishop Ireton	19:00.29	71
74	Ryan DeMaio	12	St. Anne's-Belfield	19:00.39	72
75	Patrick Porter	11	Bishop O'Connell	19:00.84	73
76	Kyle Jayme	9	Bishop O'Connell	19:03.78	74
77	Matthew McGuigan	10	Cape Henry Collegiat	19:03.85	75
78	Vincent Le	11	St. Anne's-Belfield	19:05.57	76
79	Felix Masri	8	St. Anne's-Belfield	19:05.97	77
80	Matthew Waidelich	11	Trinity Episcopal Sc	19:06.19	78
81	Josh Reinecke	10	The Potomac School	19:07.09	
82	Javier Almonte	12	The Potomac School	19:07.39	
83	Jacob Schiek	12	Bishop O'Connell	19:08.10	79
84	John Joseph Janosek	12	Saint John Paul the	19:08.35	
85	Emilio Burneo	11	Bishop Ireton	19:11.46	80
86	Vinny Kiernan	12	Paul VI Catholic	19:11.52	81
87	Ian Bradley	10	Bishop O'Connell	19:15.14	
88	Connor Pencek	9	St. Stephen's and St	19:17.26	82
89	Raul Acevedo	12	Catholic	19:17.39	83
90	Thomas Galahan	11	Collegiate	19:18.13	84
91	Brandon Eason	11	Catholic	19:20.04	85
92	Dillon DREIBELBIS	11	St. Stephen's and St	19:20.42	86
93	Dominic Best	10	Bishop O'Connell	19:20.63	
94	Kieran Johnston	9	Collegiate	19:23.89	87
95	Charles Horner	11	Woodberry Forest	19:26.12	88
96	Mason Cunnion	10	Norfolk Academy	19:28.59	89
97	Tyler Aronhalt	10	St. Christopher's	19:29.60	90

98 Miles Jackson	10 Bishop Ireton	19:30.13	91
99 James Nicoletti	9 Catholic	19:30.46	92
100 Brooks McCall	12 Woodberry Forest	19:39.90	93
101 Alexander Bauer	12 The Potomac School	19:40.68	
102 Sebastian Presnell	8 Cape Henry Collegiat	19:42.96	94
103 Stephen Schafer	12 Paul VI Catholic	19:46.56	95
104 Asa White	9 St. Christopher's	19:46.84	
105 Jacob Ye	11 St. Anne's-Belfield	19:49.21	
106 Victor Chenoweth	9 Norfolk Academy	19:49.51	
107 Jeremy Lin	9 Episcopal	19:49.82	96
108 Alex Villasis	11 Catholic	20:02.44	
109 Dade Blommel	10 Benedictine	20:03.94	97
110 Jude Meyer	10 Benedictine	20:07.15	98
111 William McCusker	9 St. Stephen's and St	20:07.88	99
112 Simon Ostrowski	10 Catholic	20:11.35	
113 Micah Krasner	11 Flint Hill	20:12.52	100
114 Tyran Johnson	11 Fork Union	20:14.33	101
115 Jackson Todd	9 Paul VI Catholic	20:15.61	102
116 Joey Kimble	9 Paul VI Catholic	20:19.47	
117 Nick Rubino	10 Cape Henry Collegiat	20:24.60	103
118 John Ristau	11 St. Stephen's and St	20:27.62	104
119 Paul Manetto	11 Bishop O'Connell	20:28.56	
120 Aarsal Sajjad	11 Paul VI Catholic	20:29.48	
121 Noah Smith	10 St. Christopher's	20:31.02	
122 Arjun Anand	9 St. Christopher's	20:32.32	
123 Tad Shores	11 Woodberry Forest	20:34.83	105
124 Michael Coleman	10 Cape Henry Collegiat	20:40.56	106
125 Leo Tang	12 Norfolk Academy	20:45.66	
126 Wyatt Flaherty	10 Trinity Episcopal Sc	20:47.03	107
127 Aarav Chawla	10 Flint Hill	20:47.24	108
128 Amos Campf	12 Episcopal	20:47.93	109
129 William Ocasal	11 Episcopal	20:47.95	110
130 Sean Appleton	9 Benedictine	20:48.87	111
131 Caleb POSTON	11 Episcopal	20:50.52	112
132 Grayson Forstner	12 Collegiate	20:51.55	
133 Drew Luff	12 Bishop Ireton	20:52.31	
134 Mekyi Shepard	12 Fork Union	20:55.22	
135 Devlin Maddox	8 Fork Union	21:08.01	
136 Michael Ankley	11 Catholic	21:09.21	
137 Collin McDonald	12 Woodberry Forest	21:10.79	
138 Baxter Phillips	11 Collegiate	21:11.78	
139 Myles Swain	12 Trinity Episcopal Sc	21:13.71	113
140 Keegan Hatchell	12 Cape Henry Collegiat	21:16.59	
141 Miles Graybill	12 Fork Union	21:17.21	
142 Dominick Wijaya-Munoz	11 Woodberry Forest	21:19.72	
143 Landon Pracht	9 Bishop Ireton	21:21.37	
144 Nick McWilliams	12 Flint Hill	21:22.34	114
145 Evan McLaughlin	10 Flint Hill	21:22.38	115
146 Nico Zeisler	9 St. Anne's-Belfield	21:23.42	
147 William Wesley	10 Benedictine	21:24.11	116
148 Bruce Thompson	12 Episcopal	21:25.00	117
149 Gibbon Powell	11 Woodberry Forest	21:25.28	
150 Hayden WAGNER	11 St. Stephen's and St	21:27.04	118

151	Mac Halm	12	Episcopal	21:29.79	
152	Miles Quindoza	9	Collegiate	21:31.43	
153	Aidan Branly	9	Paul VI Catholic	21:35.87	
154	Bryce Patterson	12	Bishop Ireton	21:40.72	
155	Solomon Crewe	11	Trinity Episcopal Sc	21:48.15	119
156	Hunter Waddell	11	Trinity Episcopal Sc	21:51.40	120
157	Solmon Kim	12	Episcopal	21:51.58	
158	Griffin Lang	10	Benedictine	22:18.69	121
159	Pearce Campbell	10	Episcopal	22:21.48	
160	Samuel Jacobson	11	Flint Hill	22:24.78	122
161	Noah Hammond	12	Flint Hill	22:34.71	123
162	Clemente Norambuena	11	St. Anne's-Belfield	22:38.25	
163	Johnny Wilmer	9	St. Stephen's and St	22:40.94	
164	Evan Kreckman	12	Benedictine	22:47.07	124
165	Henri Lillard	9	Cape Henry Collegiat	22:48.25	
166	Finnegan Howard	9	St. Stephen's and St	22:51.35	
167	Mark Porter	10	Benedictine	23:02.24	125
168	Cazin School	12	Benedictine	23:06.71	
169	Ryan Kennedy	12	Benedictine	23:06.85	
170	Alex Revell	9	Trinity Episcopal Sc	23:26.55	126
171	Trevor Johnson	9	Benedictine	23:33.61	
172	Ryan Mariscalco	10	Trinity Episcopal Sc	24:04.84	
173	Sam Versen	8	Trinity Episcopal Sc	24:14.42	
174	Caden Coffee	9	Flint Hill	25:25.01	

Division I Boys 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
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1 The Potomac School	63	3	12	13	15	20	50	54
Total Time: 1:24:56		Average: 16:59.19				1-5 Split: 57		
2 Saint John Paul the	78	1	10	16	22	29	33	34
Total Time: 1:24:27		Average: 16:53.39				1-5 Split: 2:18		
3 St. Christopher's	118	6	9	24	32	47	65	90
Total Time: 1:26:54		Average: 17:22.72				1-5 Split: 1:44		
4 Fork Union	152	7	19	31	44	51	62	101
Total Time: 1:28:19		Average: 17:39.79				1-5 Split: 1:48		
5 Bishop O'Connell	161	14	18	21	35	73	74	79
Total Time: 1:28:41		Average: 17:44.07				1-5 Split: 1:56		
6 Norfolk Academy	177	23	27	28	38	61	69	89
Total Time: 1:29:29		Average: 17:53.67				1-5 Split: 1:16		
7 St. Anne's-Belfield	218	2	26	52	66	72	76	77
Total Time: 1:29:31		Average: 17:54.09				1-5 Split: 3:25		
8 Bishop Ireton	222	8	30	46	67	71	80	91
Total Time: 1:30:29		Average: 18:05.69				1-5 Split: 2:21		
9 Catholic	237	4	40	42	68	83	85	92
Total Time: 1:30:50		Average: 18:09.90				1-5 Split: 2:50		
10 Paul VI Catholic	245	5	36	60	63	81	95	102
Total Time: 1:31:08		Average: 18:13.53				1-5 Split: 2:42		
11 Woodberry Forest	253	25	41	43	56	88	93	105
Total Time: 1:31:49		Average: 18:21.66				1-5 Split: 1:55		

12 Collegiate	261	17	53	57	64	70	84	87
Total Time: 1:32:02		Average: 18:24.37				1-5 Split: 1:48		
13 Cape Henry Collegiat	275	11	37	58	75	94	103	106
Total Time: 1:32:24		Average: 18:28.79				1-5 Split: 2:46		
14 St. Stephen's and St	367	45	55	82	86	99	104	118
Total Time: 1:35:33		Average: 19:06.53				1-5 Split: 1:55		
15 Episcopal	423	49	59	96	109	110	112	117
Total Time: 1:38:29		Average: 19:41.74				1-5 Split: 2:25		
16 Trinity Episcopal Sc	465	48	78	107	113	119	120	126
Total Time: 1:41:13		Average: 20:14.55				1-5 Split: 3:31		
17 Flint Hill	476	39	100	108	114	115	122	123
Total Time: 1:41:49		Average: 20:21.65				1-5 Split: 3:19		
18 Benedictine	543	97	98	111	116	121	124	125
Total Time: 1:44:43		Average: 20:56.56				1-5 Split: 2:15		