	Girls
School Name	XC Division
Bishop Ireton High School	I
Bishop O'Connell High School	I
Catholic High School	I
Collegiate School	I
Episcopal High School	I
Flint Hill School	I
The Madeira School	I
Norfolk Academy	I
Oakcrest School	I
The Potomac School	I
St. Catherine's School	I
Saint Gertrude High School	I
Saint John Paul the Great Catholic High School	I

	Girls
School Name	XC Division
St. Paul VI Catholic High School	I
St. I auf VI Cathone High School	1
St. Stephen's and St. Agnes School	I
Trinity Episcopal School	I
Atlantic Shores Christian School	II
Cape Henry Collegiate	II
Chatham Hall	II
Christchurch School	II
The Covenant School	II
Cristo Rey Richmond High School (Provisional Member)	II
Evergreen Christian School	II
Foxcroft School	II
Fredericksburg Christian School	II
Grace Christian School (Mechanicsville)	II

	Girls
School Name	XC Division
Hampton Roads Academy	II
Highland School	II
Immanuel Christian School	II
Isle of Wight Academy	II
Miller School of Albemarle	II
Nansemond-Suffolk Academy	II
Norfolk Christian School	II
Norfolk Collegiate	II
North Cross School	II
Peninsula Catholic High School	II
Randolph-Macon Academy	II
St. Anne's-Belfield School	II
Seton School	II

	Girls
School Name	XC Division
The Steward School	II
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StoneBridge School	II
otone Bridge School	11
Trinity Christian School	II
Veritas School	II
Virginia Academy	II
Virginia Episcopal School	II
Amelia Academy	III
Banner Christian School	III
The Blessed Sacrament Huguenot School	III
Broadwater Academy	III
Brunswick Academy	III
Carlisle School	III
The Carmel School	III

	Girls
0.1 137	XC
School Name	Division
Chelsea Academy	III
Christ Chapel Academy	III
Cornerstone Christian Academy (Provisional Member)	III
Denbigh Baptist Christian School	III
Eastern Mennonite School	III
The Fairfax Christian School	III
Fredericksburg Academy	III
Fuqua School	III
Gateway Christian Academy	III
Grace Christian School (Staunton)	III
Greenbrier Christian Academy	III
Grove Christian School	III
Guardian Christian Academy	III

	Girls
School Name	XC Division
Kenston Forest School	III
Millwood School	III
The New Community School	III
New Covenant Schools	III
Quantico Middle High School	III
Richmond Christian School	III
Roanoke Catholic School	III
Saint Michael the Archangel High School	III
Stuart Hall School	III
Tandem Friends School	III
Tidewater Academy	III
Timberlake Christian Schools	III
Trinity Academy Meadow View	III

School Name	Girls XC Division
School Name	Division
Wakefield School	III
Walsingham Academy	III
Westover Christian Academy	III
Williamsburg Christian Academy	III