| School Name | BSOC Division |
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| Benedictine College Preparatory | I |
| Bishop Ireton High School | I |
| Bishop O'Connell High School | I |
| Cape Henry Collegiate | I |
| Catholic High School | I |
| Collegiate School | I |
| Episcopal High School | I |
| Flint Hill School | I |
| Fork Union Military Academy | I |
| Norfolk Academy | I |
| The Potomac School | I |
| St. Anne's-Belfield School | I |
| St. Christopher's School | I |

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| | BSOC |
| School Name | Division |
| Saint John Paul the Great Catholic High School | I |
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| St. Paul VI Catholic High School | I |
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| St. Stephen's and St. Agnes School | I |
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| Trinity Episcopal School | Ţ |
| Timity Episcopai School | 1 |
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| Woodberry Forest School | I |
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| | |
| Atlantic Shores Christian School | II |
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| nl n: 1 c-11 | |
| Blue Ridge School | II |
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| | |
| Christchurch School | II |
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| | |
| The Covenant School | II |
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| | |
| Eastern Mennonite School | 7.7 |
| Eastern Mennonite School | II |
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| | |
| Fredericksburg Christian School | II |
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| | |
| Grace Christian School (Mechanicsville) | II |
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| Hometon Boods Academic | 7.7 |
| Hampton Roads Academy | II |
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| School Name | BSOC Division |
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| | |
| Hargrave Military Academy | II |
| Highland School | II |
| Miller School of Albemarle | II |
| Nansemond-Suffolk Academy | II |
| Norfolk Christian School | II |
| Norfolk Collegiate | II |
| North Cross School | II |
| Peninsula Catholic High School | II |
| Randolph-Macon Academy | II |
| Seton School | II |
| The Steward School | II |
| Trinity Christian School | II |
| Virginia Academy | II |

| | BSOC |
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| School Name | Division |
| Virginia Episcopal School | II |
| | |
| Banner Christian School | III |
| Dames conscions concor | 111 |
| | |
| Carlisle School | III |
| | |
| The Carmel School | 111 |
| The Carmel School | III |
| | |
| Chelsea Academy | III |
| | |
| | |
| Christ Chapel Academy | III |
| | |
| Cristo Rey Richmond High School | III |
| (Provisional Member) | |
| | |
| Denbigh Baptist Christian School | III |
| | |
| Evergreen Christian School | III |
| Evergreen christian school | 111 |
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| Fishburne Military School | III |
| | |
| Fredericksburg Academy | III |
| Predeficksburg Academy | 111 |
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| Gateway Christian Academy | III |
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| | 7** |
| Grace Christian School (Staunton) | III |
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| | BSOC |
|------------------------------|-------------|
| School Name | Division |
| Grove Christian School | III |
| Grove Christian School | 111 |
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| Hampton Christian Academy | III |
| Trampton Christian Meademy | 111 |
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| Immanuel Christian School | III |
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| Massanutten Military Academy | III |
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| Millwood School | III |
| Williwood School | 111 |
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| The New Community School | III |
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| New Covenant Schools | III |
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| Portsmouth Christian School | III |
| Portsmouth Christian School | 111 |
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| Quantico Middle High School | III |
| Q | |
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| StoneBridge School | III |
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| Stuart Hall School | III |
| Stuart Hall School | 111 |
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| Tandem Friends School | III |
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| Timberlake Christian Schools | III |
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| School Name | BSOC Division |
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| Trinity Academy Meadow View | III |
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| Veritas School | III |
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| Wakefield Country Day School | III |
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| Wakefield School | III |
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| Walsingham Academy | III |
| | |
| Williamsburg Christian Academy | III |
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