

VISAA Track & Field Championship - 5/16/2025 to 5/17/2025

Sports Backers Stadium

Meet Program - DII Running Events

Event 56 Girls 100 Meter Hurdles Division II (32)**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Friday 5/16/2025 - 1:00 PM****Meet Record: 14.73 5/15/2010 Shantell Bingham**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Moore, Zariyah	9	Atlantic Sho	21.07
2	Walrond, Olivia	11	Stonebridge	20.04
3	Ryan-Byrne, Rose	12	St. Anne's-B	18.67
4	Smith, Karly	11	Roanoke Cath	16.64
5	Akintide, Derin	10	Trinity Chri	18.66
6	Gebara, Jasmine	11	Atlantic Sho	19.85
7	Fairfield, Ruth	10	Eastern Menn	21.01
8	Johnson, Lindsey	12	Immanuel Chr	21.85

Heat 2 of 4 Prelims

1	Sauvager, Ella	9	Randolph-Mac	21.11
2	Streeter, Bailey	10	Greenbrier C	20.07
3	Gilbert, McKenzie	11	Nansemond-Su	18.93
4	Kenny, Alicia	11	New Covenant	17.00
5	Wolfe, Mia	9	Virginia Epi	18.46
6	Davis, Reagan	12	Virginia Epi	19.85
7	Hammond, Dawn	12	Nansemond-Su	20.97
8	Palmer, Carter	11	Stonebridge	21.41

Heat 3 of 4 Prelims

1	Cherkaoui, Meriam	9	Walsingham A	21.12
2	Sommer, Leni	10	St. Anne's-B	20.56
3	Jefferson, A'Kira	11	Richmond Chr	19.22
4	Floyd, Charlie	12	Roanoke Cath	17.30
5	Daniel, Marshall	12	Cape Henry C	18.42
6	Brewley, Allie	8	Atlantic Sho	19.77
7	Mazur, Reese	9	Nansemond-Su	20.85
8	Carter, Ashley-Elizabeth	10	Hampton Road	21.34

Heat 4 of 4 Prelims

1	Mahaffee, Cassiddy	9	Broadwater A	21.13
2	Stadnyk, Anna	12	Roanoke Cath	20.65
3	Robinson, Emmalee	11	Greenbrier C	19.54
4	VanRaaphorst, Lexie	10	Trinity Chri	18.08
5	Schultz, Brooklyn	8	Walsingham A	18.38
6	Hurst, Lya	12	Eastern Menn	19.70
7	DuBois, Mariah	10	Immanuel Chr	20.73
8	Stemple, Kailey	11	Trinity Chri	21.30

Event 39 Boys 110 Meter Hurdles Division II (14)**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/16/2025 - 1:00 PM****Meet Record: 14.36 5/17/2024 Davian Burke**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

2	Hoelz, Jacob	12	Immanuel Chr	19.89
3	Countiss, Brady	11	Greenbrier C	19.34
4	Cayaso, Zyir	11	Blue Ridge S	16.82
5	Lemcke, Cohen	11	Blue Ridge S	15.93
6	Thomas, Jamal	11	Nansemond-Su	16.29
7	Guardo, Edward	9	Immanuel Chr	18.29
8	Eno, Thomas	11	Broadwater A	19.64

Heat 2 of 2 Prelims

2	Starkey, Grant	9	Nansemond-Su	19.90
3	Gilliatt, Madden	10	Nansemond-Su	19.59
4	Dunmyer, Antwan	12	Immanuel Chr	17.07
5	O'Herron, Sean	11	Roanoke Cath	16.13
6	Buford, Graham	11	Blue Ridge S	16.22
7	Williams, Josh	11	Trinity Chri	18.07
8	Yutzy, Joseph	12	Eastern Menn	19.60

Event 55 Girls 100 Meter Dash Division II (33)**8 Advance: Top 1 Each Heat plus Next 3 Best Times****Friday 5/16/2025 - 1:10 PM****Meet Record: 12.16 5/17/2024 Jeylah Hamrick**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 5 Prelims

2	Leitner, Melia	12	New Covenant	14.08
3	Meney, Carli	10	St. Anne's-B	13.67
4	Miller, Gabby	11	North Cross	13.41
5	Heru, Aziyah	11	Atlantic Sho	12.07
6	Stevenson, Alana	10	Greenbrier C	13.38
7	Lyon, Imani	8	Hampton Chri	13.65
8	Schroer, Molly	11	Seton School	14.06

Heat 2 of 5 Prelims

2	Mack, Kelsey	11	Hampton Chri	14.10
3	Edwards, Miracle	10	Fredericksbu	13.68
4	Johnson, Faith	9	North Cross	13.43
5	Braxton, Parker	10	Miller Schoo	12.81
6	Oyofe, Zibah	9	Trinity Chri	13.36
7	McKee, Harper	9	Eastern Menn	13.64
8	Jacobs, Ellie	12	New Covenant	13.96

Heat 3 of 5 Prelims

2	King, Anna	9	Trinity Scho	14.10
3	Tinsley, Serenity	8	St. Anne's-B	13.68
4	Assam, Zuri	12	Chatham Hall	13.44
5	Ofole, Chiamaka	11	Stonebridge	12.90
6	Pendleton-Morant, Zuriel	10	Hampton Road	13.27
7	Way, Isabelle	9	Atlantic Sho	13.64
8	Simon, Reagan	11	Immanuel Chr	13.89

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Heat 4 of 5 Prelims...(Event 55 Girls 100 Meter Dash Division II (33))

2	Hammond, Miranda	9	Nansemond-Su	13.71
3	Ogunlade, Toni	12	Randolph-Mac	13.45
4	Branan, Rachel	10	Peninsula Ca	13.03
5	Bess, Maddisen	11	Immanuel Chr	13.24
6	Cunningham, Gabrielle	8	Christ Chape	13.59
7	Cannon, Taniya	9	Stonebridge	13.87

Heat 5 of 5 Prelims

2	Warren, Eliza	11	Eastern Menn	13.80
3	Clark, Ava	12	Virginia Epi	13.47
4	Ofole, Zara	9	Stonebridge	13.04
5	Williams, Baylee	10	Norfolk Chri	13.14
6	Edwards, Jamariah	10	Roanoke Cath	13.58
7	Rak, Acelin	9	Fredericksbu	13.83

Event 38 Boys 100 Meter Dash Division II (30)**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Friday 5/16/2025 - 1:10 PM****Meet Record: 10.53 5/21/2016 Michael Davenport**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Qin, Jiale	11	North Cross	11.93
3	Caesar, Nate	9	Fredericksbu	11.79
4	Saravia, Edwin	12	Eastern Menn	11.54
5	Roman, Micheal	11	Blue Ridge S	10.98
6	Esievo, Tega	12	Randolph-Mac	11.53
7	Headley, Dre	11	The Covenant	11.75
8	Moultrie, Joshua	10	Fredericksbu	11.92

Heat 2 of 4 Prelims

2	Gatling, Mark	12	Guardian Chr	11.94
3	Wynn, Jaylen	12	Peninsula Ca	11.80
4	Saunders, Ant	12	Miller Schoo	11.56
5	Ross, Henry	11	Nansemond-Su	11.06
6	Okoye, Izunna	12	Randolph-Mac	11.50
7	Eno, Thomas	11	Broadwater A	11.73
8	Showalter, Mason	7	Eastern Menn	11.89

Heat 3 of 4 Prelims

1	Crawford, Cornelius	12	Denbigh Bapt	11.96
2	Keeling, David	12	Miller Schoo	11.81
3	Peebles, Khristian	11	Peninsula Ca	11.60
4	Stafford, Darius	12	Blue Ridge S	11.09
5	Petkov, Kamen	12	North Cross	11.49
6	Owens, Chandler	12	Hargrave Mil	11.72
7	Brophy, James	12	New Covenant	11.87
8	Williams, Tres	11	Nansemond-Su	12.00

Heat 4 of 4 Prelims

1	Nwafor, Chima	10	Stonebridge	11.96
2	Walkes, Amari	10	Virginia Epi	11.86
3	Brewley, Wesley	12	Atlantic Sho	11.64
4	Matsinhe, Dayo	11	Blue Ridge S	11.19
5	Grubb, James	10	North Cross	11.48
6	Welburn, Craig	11	Immanuel Chr	11.71
7	Garrett, Kyle	9	Nansemond-Su	11.86
8	Baker, Liam	12	Peninsula Ca	11.97

Event 54 Girls 4x800 Meter Relay Division II (14)**Friday 5/16/2025 - 1:25 PM****Meet Record: 9:42.36 5/19/2018 Episcopal High School**

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Peninsula Ca	A	10:08.00
	1) Curtis, Isabella 10		2) Patterson, Mary 10
	3) Liddle, Samantha 9		4) Pongracz, Alyssa 12
2	Stonebridge	A	10:23.70
	1) Nunziata, Josie 10		2) Campbell, Riya 11
	3) Busby, Sarah 10		4) Frost, Eve 11
3	Veritas Scho	A	10:27.39
	1) Shepherd, Amelie 12		2) VonCanon, Violet 11
	3) Lanphear, Lauren 11		4) Lanphear, Jenna 11
4	Trinity Chri	A	10:29.71
	1) Hsieh, Maggi 10		2) Chronister, Anna 9
	3) Hsieh, Leyla 12		4) Dean, Julia 12
5	St. Anne's-B	A	10:34.67
	1) Goodwin, Olivia 9		2) Adams, Ruby 8
	3) Lyman, Ivy 12		4) Womack, Ellie 10
6	Trinity Scho	A	10:38.37
	1) Garcia, Angelina 11		2) Guillory, Claire 8
	3) Severino, Lucia 8		4) Bayer, Francesca 12
7	Walsingham A	A	10:42.18
	1) Blinn, Kate 10		2) Monga-Rochard, Louise 12
	3) Pei, Helia 10		4) Dodd, Elizabeth 10
8	Immanuel Chr	A	11:00.81
	1) Taliaferro, Isabel 9		2) Fortier, Grace 11
	3) Currey, Agnes 11		4) Winslow, Marjorie (Mo) 10
9	Norfolk Chri	A	11:16.40
	1) Randall, Sophia 12		2) Ayotte, Tessa 9
	3) Savery, Anna 9		4) Soca, Avery 12
10	Greenbrier C	A	11:16.72
	1) Barriault, Bella 10		2) Prince, Sarah 9
	3) Castelow, Vivian 8		4) Smith, Carissa 9
11	Cape Henry C	A	11:30.46
	1) Hecker, Alaina 9		2) Nator, Isabella 9
	3) Cajulis, Olivia 11		4) Karsanac, Ava 8
12	Fredericksbu	A	11:35.20
	1) Howell, Kate 10		2) Kennedy, Londyn 8
	3) Dahlberg, Catherine 9		4) Henson, Virginia 12
13	Roanoke Cath	A	11:40.04
	1) Aaron, Aubrey 12		2) Barger, Joey 9
	3) Becker, Addison 12		4) Coniglione, Eva 11
14	Eastern Menn	A	12:25.08
	1) Von Arnswaldt, Layla 9		2) McKee, Quinn 8
	3) Loker, Rachel 9		4) Hackman, Ila 9

VISAA Track & Field Championship - 5/16/2025 to 5/17/2025**Sports Backers Stadium****Meet Program - DII Running Events****Event 37 Boys 4x800 Meter Relay Division II (17)****Friday 5/16/2025 - 1:25 PM****Meet Record: 7:54.66 5/18/2013 Fork Union****N Okaah, R Garver, P Lomong, A Lomong**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Eastern Menn	A	8:32.70
	1) Rhodes, Adam 12	2) Bixler, Calvin 12	
	3) Castaneda, Daniel 9	4) Sneary, Jedrek 12	
2	Trinity Chri	A	8:39.88
	1) Waggoner, Gideon 10	2) Greenwood, Daniel 9	
	3) Crestetto, Jared 12	4) Kwitchoff, Jeremy 10	
3	Immanuel Chr	A	8:55.63
	1) Sizelove, Benjamin 10	2) Orsini, Tristan 10	
	3) Taylor, Scott 12	4) Easter, Braxton 10	
4	Tandem Frien	A	8:59.80
	1) Griffith, Miles 10	2) Wilberger, Peter 10	
	3) Blemker, Jack 11	4) Simon, Gabriel 11	
5	North Cross	A	9:00.82
	1) Anderson, Harry 12	2) Horner, Justus 9	
	3) Cullen, Gray 8	4) Miao, Josh 12	
6	Hampton Road	A	9:07.49
	1) McGee, Joshua 9	2) Beach, Gage 11	
	3) Evans, Dylan 11	4) Busch, Zachary 11	
7	The Covenant	A	9:07.87
	1) Estes, Kaleb 10	2) Lineweaver, Price 11	
	3) Jackson, Dominic 9	4) Moore, Hudson 11	
8	Blue Ridge S	A	9:08.79
	1) Chappell, Max 10	2) Martinez, Daniel 10	
	3) Budakovic, Mateo 11	4) Green, Chase 10	
9	Walsingham A	A	9:08.95
	1) Primich, Nick 12	2) Thompson, Steven 12	
	3) Galindo, Luke 11	4) O'Hallam, Gene 11	
10	Randolph-Mac	A	9:30.64
	1) DeMato, Michael 10	2) Dasher, Hakim 8	
	3) Way, Ronan 12	4) Sauvager, Cole 12	
11	Fredericksbu	A	9:30.90
	1) Gould, Ian 9	2) Kramer, Connel 10	
	3) Durbin, Lucas 9	4) Jett, Samuel 10	
12	Stonebridge	A	9:38.84
	1) Bekele, Kaleb 12	2) Brueseke, Boden 12	
	3) Reza, Victor 12	4) Hoeppner, Hannes 11	
13	Isle of Wigh	A	9:55.73
	1) Huber, Gage 11	2) Levelle, Hunter 9	
	3) Mackie, Brendan 11	4) Butler, John 12	
14	Banner Chris	A	9:56.80
	1) Harrington, Chase 9	2) Harrington, Colby 8	
	3) Lekberg, David 9	4) Campbell, Cody 10	
15	Roanoke Cath	A	10:03.52
	1) Stadnyk, Thomas 12	2) Aaron, Rhodes 10	
	3) Patel, Will 8	4) Barger, Reese 12	
16	Peninsula Ca	A	10:07.67
	1) Mahn, Marshall 9	2) Williams, Evan 9	
	3) Favret, Colin 9	4) Baggott, Thomas 12	
17	Greenbrier C	A	10:22.11
	1) Cauldwell, Kellen 12	2) Sebura, Cole 12	
	3) Youngblood, Landon 8	4) Perkins, Ethan 10	

Event 61 Girls 1600 Meter Run Division II (19)**Friday 5/16/2025 - 2:15 PM****Meet Record: 4:47.32 5/17/2024 Reese Dalton**

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Karsanac, Ava	8	Cape Henry C	5:41.64
2	Nunziata, Josie	10	Stonebridge	5:42.51
3	Chronister, Anna	9	Trinity Chri	5:45.21
4	Brown, Ana	12	Virginia Epi	5:48.22
5	Hensley, Ari	11	Trinity Chri	5:55.25
6	VonCanon, Violet	11	Veritas Scho	5:55.95
7	Taliaferro, Isabel	9	Immanuel Chr	5:57.37
8	Lyman, Ivy	12	St. Anne's-B	5:57.94
Section 2 of 2 Finals				
1	Chaney, Kerrigan	12	North Cross	5:01.18
2	Curtis, Isabella	10	Peninsula Ca	5:14.19
3	Prince, Rachel	11	Greenbrier C	5:16.11
4	Freeman, Remington	9	Walsingham A	5:17.02
5	Perriello, Cadigan	12	St. Anne's-B	5:22.59
6	Frost, Eve	11	Stonebridge	5:25.99
7	Wood, Savannah	11	The Covenant	5:33.86
8	Currey, Agnes	11	Immanuel Chr	5:35.61
9	Perkins, Kaitlyn	9	North Cross	5:38.27
10	Galie, Grace	8	The Covenant	5:40.48
11	Melnitchouk, Lilyana	9	Hampton Road	5:40.82

Event 44 Boys 1600 Meter Run Division II (15)**Friday 5/16/2025 - 2:15 PM****Meet Record: 4:10.24 1976 Ledder (Mile)**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Lawrence, Jon Nathan	11	The Covenant	4:15.64
2	Moscoco, Christopher	12	Trinity Chri	4:24.71
3	Robinson, Andrew	12	Walsingham A	4:26.61
4	Dovgalyuk, Calvin	12	Trinity Chri	4:27.74
5	Britton, Spencer	10	North Cross	4:28.05
6	Buppert, Hayes	10	Tandem Frien	4:29.16
7	Jang, Ian	10	Trinity Chri	4:30.20
8	Lawrence, Joshua	9	The Covenant	4:33.99
9	Chaney, Finton	10	North Cross	4:35.87
10	Sherrard, Jack	12	Veritas Scho	4:36.88
11	Fisher, Lennon	11	Immanuel Chr	4:37.44
12	Wang, Lucas	12	Virginia Epi	4:38.30
13	Austin, Bryce	9	North Cross	4:38.68
14	Griffith, Miles	10	Tandem Frien	4:45.23
15	O'Flynn, Aidan	11	Veritas Scho	4:45.94

VISAA Track & Field Championship - 5/16/2025 to 5/17/2025**Sports Backers Stadium****Meet Program - DII Running Events****Event 52 Girls 4x100 Meter Relay Division II (22)****Friday 5/16/2025 - 2:35 PM****Meet Record: 49.49 5/16/2009 St. Stephe's & St. Agnes
Adelberg, Nelson, Cook, Jackson**

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
2	Guardian Chr	A	59.40
	1) Wright, Taylor 8	2) Rosales, Grace 12	
	3) Myles, Kierstyn 8	4) Worsham, Makaela 10	
3	Nansemond-Su	A	57.66
	1) Cecil, Kaylee 10	2) Fiero, Maddie 9	
	3) Zydron, Addie 9	4) Grant, Gracie 10	
4	Eastern Menn	A	57.09
	1) Jahne, Corina 11	2) McKee, Harper 9	
	3) Warren, Norah 9	4) Fairfield, Ruth 10	
5	New Covenant	A	55.76
	1) Seckman, Eleanore 8	2) Leitner, Melia 12	
	3) Jacobs, Ellie 12	4) Kenny, Alicia 11	
6	Hampton Chri	A	55.92
	1) Altman, Hazel 9	2) Lyon, Imani 8	
	3) Mack, Kailee 9	4) Mack, Kelsey 11	
7	Greenbrier C	A	57.15
	1) Stevenson, Alana 10	2) Robinson, Emmalee 11	
	3) Krenz, Isabelle 9	4) Buckley, Aryanna 10	
8	Trinity Scho	A	58.15
	1) King, Anna 9	2) Fitzpatrick, Chloe 8	
	3) Guillory, Emma 12	4) Deloye, Annaliese 10	
Section 2 of 3 Finals			
2	Virginia Epi	A	55.28
	1) Clark, Ava 12	2) Hellewell, Charlotte 11	
	3) Davis, Reegan 12	4) Wolfe, Mia 9	
3	Chatham Hall	A	54.97
	1) Bethell, Kennissa 10	2) Velez, Stephanie 10	
	3) Harris, Daisy 11	4) Assam, Zuri 12	
4	Immanuel Chr	A	54.27
	1) Fisher, Britain 9	2) DuBois, Mariah 10	
	3) Johnson, Lindsey 12	4) Lagbaja, Tomi 12	
5	Cape Henry C	A	54.09
	1) Cajulis, Maia 9	2) Daniel, Marshall 12	
	3) Hecker, Alaina 9	4) Taber, Daphne 9	
6	St. Anne's-B	A	54.14
	1) Tinsley, Serenity 8	2) Druzgal, Keira 11	
	3) Hyonkeu, Ange 12	4) Meney, Carli 10	
7	Walsingham A	A	54.90
	1) Garrett, Lucy 8	2) Ibrahim, Olivia 8	
	3) Vandesand, Reese 8	4) Stokes, Natalie 11	
8	Hampton Road	A	55.11
	1) Solomon, Aniyah 10	2) Flores, Alejandra 12	
	3) Stowell, Danielle 12	4) Pendleton-Morant, Zuriel 10	

Section 3 of 3 Finals

1	Fredericksbu	A	53.62
	1) Edwards, Miracle 10	2) Rak, Acelin 9	
	3) Bianchi, Kiana 11	4) Durbin, Cora 11	
2	Stonebridge	A	52.99
	1) Cannon, Taniya 9	2) Campbell, Riya 11	
	3) Ofole, Zara 9	4) Ofole, Chiamaka 11	
3	Atlantic Sho	A	52.56
	1) Watkins, Nina 10	2) Brewley, Allie 8	
	3) Way, Isabelle 9	4) Gebara, Jasmine 11	
4	Peninsula Ca	A	51.89
	1) Hobson, Iva 10	2) Houlihan, Cailin 9	
	3) Liddle, Samantha 9	4) Nguyen, Kaitlynn 10	
5	Norfolk Chri	A	52.45
	1) Savery, Anna 9	2) Williams, Baylee 10	
	3) Soca, Avery 12	4) Jones, Natalia 11	
6	Roanoke Cath	A	52.96
	1) Llavore, Justinne 11	2) Smith, Karly 11	
	3) Edwards, Jamariah 10	4) Floyd, Charlie 12	
7	Trinity Chri	A	53.62
	1) Stemple, Kailey 11	2) Oyoyo, Zibah 9	
	3) Myers, Allie 9	4) Akintide, Derin 10	
8	Randolph-Mac	A	53.83
	1) Notewo, Brigitte Ngoyang 12	2) Gillis, Jocelyn 9	
	3) Vactor, Iman 12	4) Ogunlade, Toni 12	

Event 35 Boys 4x100 Meter Relay Division II (19)**Friday 5/16/2025 - 2:35 PM****Meet Record: 41.68 5/20/2023 Woodberry Forest
L. Ellis, J. Ferguson, S. Robinson, R. Handelsman**

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
3	Hampton Chri	A	49.41
	1) Jacob, Zachary 10	2) McCoy Jr, Brenton 11	
	3) Ruff, Marcus 10	4) Woods, Kinoe 10	
4	Greenbrier C	A	49.12
	1) Gosman, Ethan 12	2) Gonzalez, Sabian 10	
	3) Mannato, Luke 8	4) Ortiz, Jonathan 12	
5	Tandem Frien	A	48.46
	1) Chevalier, Aiden 12	2) Glass, Ian 11	
	3) Heinz, Asher 9	4) Robinson, Kanari 10	
6	Hargrave Mil	A	48.69
	1) Owens, Chandler 12	2) Harris-Smith, JoJo 10	
	3) Moise, Eden 9	4) Qin, Leon 12	
7	The New Comm	A	49.29
	1) Currence-McVeigh, Henry 9	2) Cooper, Isaac 12	
	3) Rosenblatt, Harrison 12	4) Villalona, Caleb 12	

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Meet Program - DII Running Events

Section 2 of 3 Finals...(Event 35 Boys 4x100 Meter Relay Division II (

2	Isle of Wigh	A	47.93
	1) Walters, Glenn 12	2) Harrison, Trenten 11	
	3) Wilson, Jaiden 12	4) Joyner, Jayce 12	
3	Hampton Road	A	47.61
	1) Williams, Julian 12	2) Richardson, Trae 8	
	3) Yi, Simon 11	4) LaRocco, Rocson 12	
4	Eastern Menn	A	46.88
	1) Yoder, Ben 9	2) Saravia, Edwin 12	
	3) Peachey, Philip 10	4) May, Noah 9	
5	Immanuel Chr	A	46.89
	1) Anyabwile, Titus 12	2) Dunmyer, Antwan 12	
	3) Burgess, Grey 11	4) Welburn, Craig 11	
6	New Covenant	A	47.92
	1) Robert, Joseph 10	2) Duncan, Jack 12	
	3) Gieszczykiewicz, Nick 11	4) Brophy, James 12	
7	Trinity Chri	A	48.03
	1) Yu, Evan 10	2) Gombis, Alexander 10	
	3) Meeker, Ben 9	4) Hoover, Caleb 12	

Section 3 of 3 Finals

1	Miller Schoo	A	46.05
	1) Bigio Araya, Zack 11	2) Saunders, Ant 12	
	3) Keeling, David 12	4) Hairston, Jordan 12	
2	Randolph-Mac	A	45.56
	1) Esievo, Tega 12	2) Halls, Emerick 9	
	3) Kayeye, David 12	4) Okoye, Izunna 12	
3	Nansemond-Su	A	45.39
	1) Garrett, Kyle 9	2) Thomas, Jamal 11	
	3) Mitchell, Sebastian 8	4) Ross, Henry 11	
4	Blue Ridge S	A	42.32
	1) Stafford, Darius 12	2) Cruz, Yariel 11	
	3) Matsinhe, Dayo 11	4) Roman, Micheal 11	
5	North Cross	A	44.43
	1) Hart, Ja'ziel 11	2) Petkov, Kamen 12	
	3) Grubb, James 10	4) Rhodes, Jase 11	
6	Virginia Epi	A	45.49
	1) Walkes, Amari 10	2) Martin, Zion 10	
	3) Clark, Braylen 10	4) Vitale, Landon 11	
7	Fredericksbu	A	45.58
	1) Cato, Isaiah 12	2) Caesar, Nate 9	
	3) Caesar, Noah 12	4) Moultrie, Joshua 10	
8	Atlantic Sho	A	46.07
	1) Franks, Christian 12	2) Edmunds, Dexter 12	
	3) Starks, Malik 10	4) Brewley, Wesley 12	

Event 59 Girls 400 Meter Dash Division II (24)

Friday 5/16/2025 - 2:50 PM

Meet Record: 56.45 5/18/2019 Catherine Hyman

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	Mack, Kailee	9	Hampton Chri	1:06.65
2	Coniglione, Eva	11	Roanoke Cath	1:06.57
3	Ibrahim, Olivia	8	Walsingham A	1:06.43
4	Schroer, Molly	11	Seton School	1:05.46
5	Deloye, Annaliese	10	Trinity Scho	1:06.43
6	Melnitchouk, Lilyana	9	Hampton Road	1:06.48
7	Barnhart, Alana	9	Hampton Road	1:06.64
8	Buckley, Sophia	10	Greenbrier C	1:06.79

Section 2 of 3 Finals

1	Smith, Dasia	11	Christ Chape	1:05.25
2	Druzgal, Keira	11	St. Anne's-B	1:05.18
3	Lanphear, Lauren	11	Veritas Scho	1:04.36
4	Lanphear, Jenna	11	Veritas Scho	1:03.94
5	Stowell, Danielle	12	Hampton Road	1:04.21
6	Hsieh, Maggi	10	Trinity Chri	1:04.91
7	Myers, Allie	9	Trinity Chri	1:05.24
8	Cajulis, Maia	9	Cape Henry C	1:05.34

Section 3 of 3 Finals

1	Winslow, Marjorie (Mo)	10	Immanuel Chr	1:03.49
2	Busby, Sarah	10	Stonebridge	1:02.12
3	Heru, Aziyah	11	Atlantic Sho	1:01.32
4	Spence, Lily	12	Trinity Scho	1:00.43
5	Branan, Rachel	10	Peninsula Ca	1:00.51
6	Borcherding, Meredith	11	Trinity Chri	1:01.63
7	Campbell, Riya	11	Stonebridge	1:02.60
8	Warren, Eliza	11	Eastern Menn	1:03.67

Event 42 Boys 400 Meter Dash Division II (21)

Friday 5/16/2025 - 2:50 PM

Meet Record: 48.34 1966 Calhoun

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
2	Butler, John	12	Isle of Wigh	55.50
3	Kwitchoff, Jeremy	10	Trinity Chri	55.28
4	Showalter, Mason	7	Eastern Menn	55.24
5	Hughes, Parker	12	Miller Schoo	54.84
6	Krepps, Joshua	12	Denbigh Bapt	54.93
7	Beach, Gage	11	Hampton Road	55.49
8	Heinz, Asher	9	Tandem Frien	55.58

Section 2 of 3 Finals

2	Rhodes, Jase	11	North Cross	54.54
3	Simon, Gabriel	11	Tandem Frien	54.27
4	Yeshtokin, Isaac	11	Hampton Road	54.08
5	Easter, Braxton	10	Immanuel Chr	54.08
6	Gatling, Mark	12	Guardian Chr	54.26
7	Ferguson, Tremain	12	Christ Chape	54.39
8	Budakovic, Mateo	11	Blue Ridge S	54.71

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Section 3 of 3 Finals...(Event 42 Boys 400 Meter Dash Division II (21))

2	McElduff, Nate	12	Veritas Scho	54.02
3	Johnson, Jacob	12	North Cross	53.49
4	Monrabal, Lucas	10	Blue Ridge S	53.04
5	Yoder, Anthony	9	Randolph-Mac	52.35
6	Peebles, Khristian	11	Peninsula Ca	52.81
7	Martin, Zion	10	Virginia Epi	53.22
8	Kuker, Matthias	11	Trinity Scho	53.95

Event 58 Girls 300 Meter Hurdles Division II (26)**Friday 5/16/2025 - 3:05 PM****Meet Record: 44.03 5/18/2019 Willa Shannon**

Lane	Name	Yr	School	Seed Time
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Section 1 of 4 Finals

2	Langaas, Savannah	11	Fredericksbu	58.03
3	Fairfield, Ruth	10	Eastern Menn	57.94
4	Griffin, Caroline	10	Atlantic Sho	57.11
5	Covill, Fiona	12	Stonebridge	57.58
6	Stadnyk, Anna	12	Roanoke Cath	57.96
7	Hammond, Dawn	12	Nansemond-Su	58.45

Section 2 of 4 Finals

2	Davis, Reegan	12	Virginia Epi	56.90
3	Hurst, Lya	12	Eastern Menn	56.39
4	Cherkaoui, Meriam	9	Walsingham A	56.11
5	Mazur, Reese	9	Nansemond-Su	56.31
6	Howell, Kate	10	Fredericksbu	56.78
7	Daniel, Marshall	12	Cape Henry C	56.97

Section 3 of 4 Finals

2	Ryan-Byrne, Rose	12	St. Anne's-B	54.57
3	Wolfe, Mia	9	Virginia Epi	53.36
4	Hyonkeu, Ange	12	St. Anne's-B	52.35
5	Gilbert, McKenzie	11	Nansemond-Su	52.60
6	Dombrowski, Madeleine	8	Trinity Scho	54.32
7	Streeter, Bailey	10	Greenbrier C	54.64

Section 4 of 4 Finals

1	Kenny, Alicia	11	New Covenant	51.77
2	Brewley, Allie	8	Atlantic Sho	51.46
3	VanRaaphorst, Lexie	10	Trinity Chri	50.76
4	Akintide, Derin	10	Trinity Chri	48.56
5	Schultz, Brooklyn	8	Walsingham A	50.11
6	Smith, Karly	11	Roanoke Cath	50.96
7	Floyd, Charlie	12	Roanoke Cath	51.59
8	Gebara, Jasmine	11	Atlantic Sho	51.85

Event 41 Boys 300 Meter Hurdles Division II (16)**Friday 5/16/2025 - 3:05 PM****Meet Record: 38.05 5/17/2024 Davian Burke**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Deloye, Philip	8	Trinity Scho	48.60
2	Eno, Thomas	11	Broadwater A	48.12
3	Teti, Nathan	11	Norfolk Chri	47.52
4	Yutzy, Joseph	12	Eastern Menn	47.03
5	Howell, Luke	12	Fredericksbu	47.45
6	Brueseke, Boden	12	Stonebridge	47.55
7	Hoelz, Jacob	12	Immanuel Chr	48.47
8	Starkey, Grant	9	Nansemond-Su	48.98

Section 2 of 2 Finals

1	Thomas, Jamal	11	Nansemond-Su	46.18
2	Nahon, Elliot	12	Blue Ridge S	45.38
3	Cayaso, Zyir	11	Blue Ridge S	42.34
4	O'Herron, Sean	11	Roanoke Cath	40.99
5	Lemcke, Cohen	11	Blue Ridge S	42.29
6	Dunmyer, Antwan	12	Immanuel Chr	44.11
7	Aaron, Rhodes	10	Roanoke Cath	45.71
8	Mornan, Caleb	11	Immanuel Chr	46.46

Event 60 Girls 800 Meter Run Division II (23)**Friday 5/16/2025 - 3:15 PM****Meet Record: 2:11.62 5/17/2024 Reese Dalton**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Lanphear, Jenna	11	Veritas Scho	2:34.92
2	Chronister, Anna	9	Trinity Chri	2:35.68
3	Blinn, Kate	10	Walsingham A	2:36.53
4	Severino, Lucia	8	Trinity Scho	2:37.31
5	Soca, Avery	12	Norfolk Chri	2:38.11
6	Melnitchouk, Lilyana	9	Hampton Road	2:38.16
7	Monga-Rochard, Louise	12	Walsingham A	2:39.01
8	Vactor, Iman	12	Randolph-Mac	2:39.64
9	Altman, Hazel	9	Hampton Chri	2:40.64
10	Aaron, Aubrey	12	Roanoke Cath	2:40.91
11	Barnhart, Alana	9	Hampton Road	2:41.41
12	Karsanac, Ava	8	Cape Henry C	2:41.98

Section 2 of 2 Finals

1	Pongracz, Alyssa	12	Peninsula Ca	2:19.54
2	Prince, Rachel	11	Greenbrier C	2:21.42
3	Chaney, Kerrigan	12	North Cross	2:21.85
4	Freeman, Remington	9	Walsingham A	2:22.47
5	Dean, Julia	12	Trinity Chri	2:26.05
6	Perriello, Cadigan	12	St. Anne's-B	2:26.56
7	Bayer, Francesca	12	Trinity Scho	2:26.66
8	Hsieh, Leyla	12	Trinity Chri	2:30.49
9	Jones, Alex	10	Nansemond-Su	2:31.23
10	Fortier, Grace	11	Immanuel Chr	2:31.93
11	Goodwin, Olivia	9	St. Anne's-B	2:33.19

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Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Sauvager, Cole	12	Randolph-Mac	2:08.01
2	Larson, Dietrich	12	Miller Schoo	2:08.18
3	Anderson, Harry	12	North Cross	2:08.86
4	Lawrence, Joshua	9	The Covenant	2:08.96
5	Rhodes, Adam	12	Eastern Menn	2:09.31
6	Seckman, Michael	10	New Covenant	2:09.70
7	Bixler, Calvin	12	Eastern Menn	2:09.79
8	Milligan, Taj	10	Hampton Chri	2:10.30
9	Krepps, Joshua	12	Denbigh Bapt	2:10.66
10	Joyner, Jayce	12	Isle of Wigh	2:10.88

Section 2 of 2 Finals

1	Dovgalyuk, Calvin	12	Trinity Chri	1:56.48
2	Moscoso, Christopher	12	Trinity Chri	1:56.55
3	Lawrence, Jon Nathan	11	The Covenant	1:57.19
4	Robinson, Andrew	12	Walsingham A	1:59.68
5	Sneary, Jedrek	12	Eastern Menn	2:00.05
6	Jang, Ian	10	Trinity Chri	2:01.36
7	Streeter, Hayden	12	Greenbrier C	2:03.82
8	Wang, Lucas	12	Virginia Epi	2:04.52
9	Beach, Gage	11	Hampton Road	2:04.76

Event 57 Girls 200 Meter Dash Division II (27)**Friday 5/16/2025 - 3:25 PM****Meet Record: 24.73 5/15/2010 Emmy Fraenk**

Lane	Name	Yr	School	Seed Time
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Section 1 of 4 Finals

3	Mack, Kailee	9	Hampton Chri	29.07
4	Cajulis, Maia	9	Cape Henry C	28.86
5	Jacobs, Ellie	12	New Covenant	28.83
6	Warren, Eliza	11	Eastern Menn	28.85
7	King, Anna	9	Trinity Scho	28.99

Section 2 of 4 Finals

2	Tinsley, Serenity	8	St. Anne's-B	28.82
3	Schroer, Molly	11	Seton School	28.76
4	Edwards, Jamariah	10	Roanoke Cath	28.76
5	Ofole, Zara	9	Stonebridge	28.67
6	Hammond, Miranda	9	Nansemond-Su	28.73
7	Simon, Reagan	11	Immanuel Chr	28.76
8	Borcherding, Meredith	11	Trinity Chri	28.80

Section 3 of 4 Finals

2	Lyon, Imani	8	Hampton Chri	28.60
3	Assam, Zuri	12	Chatham Hall	28.35
4	Bess, Maddisen	11	Immanuel Chr	28.08
5	Ogunlade, Toni	12	Randolph-Mac	27.88
6	McKee, Harper	9	Eastern Menn	27.89
7	VanRaaphorst, Lexie	10	Trinity Chri	28.31
8	Meney, Carli	10	St. Anne's-B	28.54

Section 4 of 4 Finals

1	Miller, Gabby	11	North Cross	27.48
2	Spence, Lily	12	Trinity Scho	27.40
3	Johnson, Faith	9	North Cross	27.33
4	Heru, Aziyah	11	Atlantic Sho	24.75
5	Nguyen, Kaitlynn	10	Peninsula Ca	26.95
6	Ofole, Chiamaka	11	Stonebridge	27.37
7	Oyofe, Zibah	9	Trinity Chri	27.44
8	Pendleton-Morant, Zuriel	10	Hampton Road	27.80

Event 40 Boys 200 Meter Dash Division II (16)**Friday 5/16/2025 - 3:25 PM****Meet Record: 21.32 5/18/2019 Curtis Borden**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Kuker, Matthias	11	Trinity Scho	23.96
2	Stafford, Darius	12	Blue Ridge S	23.79
3	Headley, Dre	11	The Covenant	23.72
4	Welburn, Craig	11	Immanuel Chr	23.70
5	Walkes, Amari	10	Virginia Epi	23.72
6	Boucher, Aidan	12	Roanoke Cath	23.74
7	Ferguson, Tremain	12	Christ Chape	23.80
8	Esievo, Tega	12	Randolph-Mac	24.00

Section 2 of 2 Finals

1	Okoye, Izunna	12	Randolph-Mac	23.64
2	Grubb, James	10	North Cross	22.90
3	Ross, Henry	11	Nansemond-Su	22.45
4	Cruz, Yariel	11	Blue Ridge S	22.23
5	Roman, Micheal	11	Blue Ridge S	22.33
6	Petkov, Kamen	12	North Cross	22.66
7	Saravia, Edwin	12	Eastern Menn	23.42
8	Vitale, Landon	11	Virginia Epi	23.69

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Event 62 Girls 3200 Meter Run Division II (31)

Friday 5/16/2025 - 3:40 PM				
Meet Record:		10:33.50	5/17/2024	Maddie Gardiner
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Chaney, Kerrigan	12	North Cross	10:53.55
2	Curtis, Isabella	10	Peninsula Ca	11:23.77
3	Freeman, Remington	9	Walsingham A	11:32.70
4	Nunziata, Josie	10	Stonebridge	11:46.63
5	Frost, Eve	11	Stonebridge	11:50.27
6	Wood, Savannah	11	The Covenant	12:05.62
7	Shepherd, Amelie	12	Veritas Scho	12:14.33
8	Perkins, Kaitlyn	9	North Cross	12:14.53
9	Van Raaphorst, Taylor	10	Trinity Chri	12:22.89
10	Currey, Agnes	11	Immanuel Chr	12:25.25
11	Carter, Eleanor	11	St. Anne's-B	12:26.77
12	Morgan, Sadie	11	Veritas Scho	12:35.80
13	Melnitchouk, Olivia	11	Hampton Road	12:38.77
14	Brown, Ana	12	Virginia Epi	12:39.35
15	Hensley, Ari	11	Trinity Chri	12:45.18
16	Noel, Caitlyn	9	Trinity Chri	13:10.71
17	Henson, Virginia	12	Fredericksbu	13:14.84
18	Womack, Ellie	10	St. Anne's-B	13:17.34
19	Guillory, Grace	10	Trinity Scho	13:26.38
20	Bradley, Orla	10	The Covenant	13:29.88
21	Taliaferro, Isabel	9	Immanuel Chr	13:32.46
22	Henderson, Eloise	8	Tandem Frien	13:34.44
23	Taylor, Grace	10	Immanuel Chr	13:37.71
24	Smith, Carissa	9	Greenbrier C	13:38.73
25	Adams, Ruby	8	St. Anne's-B	13:39.39
26	Becker, Addison	12	Roanoke Cath	13:42.58
27	Lowe, Lucy	10	Tandem Frien	13:43.17
28	Pei, Helia	10	Walsingham A	13:43.65
29	Fullilove, Callie	11	Trinity Scho	13:48.30
30	Gatewood, Claire	11	Tandem Frien	13:50.06
31	Kessler, Lillian	11	Roanoke Cath	13:50.27

Event 45 Boys 3200 Meter Run Division II (19)

Friday 5/16/2025 - 3:40 PM				
Meet Record:		9:06.64	1976	Layman (Two Mile)
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Buppert, Hayes	10	Tandem Frien	9:43.66
2	Dovgalyuk, Calvin	12	Trinity Chri	9:49.18
3	Britton, Spencer	10	North Cross	9:51.31
4	Blenker, Jack	11	Tandem Frien	9:51.60
5	O'Flynn, Aidan	11	Veritas Scho	9:53.36
6	Moscoco, Christopher	12	Trinity Chri	9:58.75
7	Fisher, Lennon	11	Immanuel Chr	10:05.10
8	Lineweaver, Price	11	The Covenant	10:09.86
9	Chaney, Finton	10	North Cross	10:11.28
10	Crestetto, Jared	12	Trinity Chri	10:19.27
11	Austin, Bryce	9	North Cross	10:26.10
12	Fulcher, Colten	11	Hampton Road	10:27.23
13	Castaneda, Daniel	9	Eastern Menn	10:29.58
14	O'Hallarn, Gene	11	Walsingham A	10:38.96
15	DeMato, Michael	10	Randolph-Mac	10:42.33
16	Estes, Kaleb	10	The Covenant	10:44.89
17	Trotter, Martin	10	Eastern Menn	10:55.37
18	Day, Ryan	10	Immanuel Chr	10:57.50
19	Graham, Jake	12	Randolph-Mac	11:01.66

Event 53 Girls 4x400 Meter Relay Division II (17)

Friday 5/16/2025 - 4:10 PM				
Meet Record:		3:57.97	5/18/2019	Saint Catherine's
H. Turton, H. Ballowe, W. Shannon, A. Gurkin				
Lane	Team	Relay	Seed Time	
Section 1 of 3 Finals				
3	The Covenant	A	4:54.22	
	1) Bradley, Peyton 10	2) Gran, Maria 10		
	3) Moore, Emmajane 9	4) Wood, Savannah 11		
4	Eastern Menn	A	4:48.42	
	1) Warren, Eliza 11	2) Warren, Norah 9		
	3) McKee, Harper 9	4) Jahne, Corina 11		
5	Greenbrier C	A	4:53.45	
	1) Buckley, Aryanna 10	2) Castelow, Vivian 8		
	3) Buckley, Sophia 10	4) Prince, Rachel 11		

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Section 2 of 3 Finals...(Event 53 Girls 4x400 Meter Relay Division II (

2	Nansemond-Su	A	4:45.15
	1) Jones, Alex 10		2) Chee, Marcella 9
	3) DeFeo, Ella 10		4) Gilbert, McKenzie 11
3	Atlantic Sho	A	4:40.74
	1) Way, Isabelle 9		2) Ligon, Bethany 11
	3) Benn, Rayven 9		4) Griffin, Caroline 10
4	St. Anne's-B	A	4:39.09
	1) Druzgal, Keira 11		2) Freilich, Anisha 11
	3) Perriello, Cadigan 12		4) Lyman, Ivy 12
5	Fredericksbu	A	4:39.20
	1) Bianchi, Kiana 11		2) Durbin, Cora 11
	3) Kennedy, Londyn 8		4) Rak, Acelin 9
6	Roanoke Cath	A	4:43.47
	1) Aaron, Brinkley 9		2) Barger, Joey 9
	3) Aaron, Aubrey 12		4) Coniglione, Eva 11
7	Randolph-Mac	A	4:46.44
	1) Gillis, Jocelyn 9		2) Glotfelty, Ana 12
	3) Rimbach, Izabel 11		4) Sauvager, Ella 9

Section 3 of 3 Finals

1	Walsingham A	A	4:33.18
	1) Blinn, Kate 10		2) Ibrahim, Olivia 8
	3) Monga-Rochard, Louise 12		4) Schultz, Brooklyn 8
2	Norfolk Chri	A	4:32.00
	1) Ayotte, Tessa 9		2) Williams, Baylee 10
	3) Jones, Natalia 11		4) Randall, Sophia 12
3	Trinity Scho	A	4:19.39
	1) Spence, Lily 12		2) Garcia, Angelina 11
	3) Severino, Lucia 8		4) Bayer, Francesca 12
4	Trinity Chri	A	4:13.27
	1) Hsieh, Maggi 10		2) Hsieh, Leyla 12
	3) Dean, Julia 12		4) Borcharding, Meredith 11
5	Peninsula Ca	A	4:13.34
	1) Branan, Rachel 10		2) Nguyen, Kaitlynn 10
	3) Liddle, Samantha 9		4) Pongracz, Alyssa 12
6	Immanuel Chr	A	4:28.43
	1) Bess, Maddisen 11		2) Simon, Reagan 11
	3) Fortier, Grace 11		4) Winslow, Marjorie (Mo) 10
7	Stonebridge	A	4:32.18
	1) Cannon, Taniya 9		2) Covill, Fiona 12
	3) Wilbanks, Katelyn 10		4) Busby, Sarah 10
8	Cape Henry C	A	4:33.49
	1) Cajulis, Maia 9		2) Hecker, Alaina 9
	3) Taber, Daphne 9		4) Cajulis, Olivia 11

Event 36 Boys 4x400 Meter Relay Division II (23)

Friday 5/16/2025 - 4:10 PM

Meet Record: 3:22.44 5/19/2012 Woodberry Forest

J Yellets, R Pivovarnik, M Kelley, E Ways

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
2	Banner Chris	A	4:05.59
	1) Harrington, Chase 9		2) Lekberg, David 9
	3) Campbell, Cody 10		4) Gao, Stephen 9
3	Stonebridge	A	4:03.73
	1) Brueseke, Boden 12		2) McClung, Gavin 10
	3) Washington, Joshua 10		4) Hoepfner, Hannes 11
4	Trinity Scho	A	4:00.12
	1) Cook, David 8		2) Spencer, John 12
	3) Thiede, Joseph 8		4) Kuker, Matthias 11
5	Miller Schoo	A	3:58.50
	1) Keeling, David 12		2) Larson, Dietrich 12
	3) Saunders, Ant 12		4) Hughes, Parker 12
6	New Covenant	A	3:58.52
	1) Smith, Caden 10		2) Turner, Xander 9
	3) Gieszczykiewicz, Nick 11		4) Seckman, Michael 10
7	Greenbrier C	A	4:02.02
	1) Ortiz, Jonathan 12		2) Mannato, Luke 8
	3) Perkins, Ethan 10		4) Streeter, Hayden 12
8	Nansemond-Su	A	4:04.95
	1) Hills, Cayden 9		2) Vetter, Seth 11
	3) Kokosinski, Jack 9		4) Starkey, Grant 9
Section 2 of 3 Finals			
1	Immanuel Chr	A	3:53.12
	1) Easter, Braxton 10		2) Fisher, Lennon 11
	3) Taylor, Scott 12		4) Anyabwile, Titus 12
2	Hampton Road	A	3:49.62
	1) Yates, Jack 9		2) Busch, Zachary 11
	3) LaRocco, Rocson 12		4) Yeshtokin, Isaac 11
3	Randolph-Mac	A	3:47.84
	1) Sesay, Ibrahim 9		2) Wohnig, Matteo 11
	3) Kirabo, Nolan 10		4) Yoder, Anthony 9
4	Virginia Epi	A	3:45.09
	1) Walkes, Amari 10		2) Wang, Lucas 12
	3) Vitale, Landon 11		4) Martin, Zion 10
5	Veritas Scho	A	3:45.89
	1) McElduff, Nate 12		2) Campbell-Robertson, John 12
	3) Brewer, Luke 12		4) Sherrard, Jack 12
6	Walsingham A	A	3:48.42
	1) Mishler, Mason 10		2) Galindo, Luke 11
	3) Robinson, Andrew 12		4) Primich, Nick 12
7	Isle of Wigh	A	3:51.06
	1) Butler, John 12		2) Wilson, Jaiden 12
	3) Harrison, Trenten 11		4) Joyner, Jayce 12
8	The Covenant	A	3:55.62
	1) Lawrence, Jon Nathan 11		2) Moore, Hudson 11
	3) Jackson, Dominic 9		4) Lawrence, Joshua 9

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1	North Cross	A	3:44.67
	1) Britton, Parker 9		2) Johnson, Jacob 12
	3) Rhodes, Jase 11		4) Hart, Ja'ziel 11
2	Fredericksbu	A	3:44.37
	1) BonAmi, Aaron 12		2) Caesar, Nate 9
	3) Caesar, Noah 12		4) Durbin, Lucas 9
3	Peninsula Ca	A	3:42.61
	1) Baker, Liam 12		2) Rodriguez, Carlos 11
	3) Wynn, Jaylen 12		4) Peebles, Khristian 11
4	Eastern Menn	A	3:38.27
	1) Yutzy, Joseph 12		2) Showalter, Mason 7
	3) Landes, Cooper 11		4) Peachey, Philip 10
5	Blue Ridge S	A	3:38.75
	1) Monrabal, Lucas 10		2) Dolo, Izayk 12
	3) Kim, Hamlin 10		4) Matsinhe, Dayo 11
6	Tandem Frien	A	3:44.05
	1) Buppert, Hayes 10		2) Simon, Gabriel 11
	3) Heinz, Asher 9		4) Robinson, Kanari 10
7	Roanoke Cath	A	3:44.41
	1) Aaron, Rhodes 10		2) Patel, Will 8
	3) Stadnyk, Thomas 12		4) O'Herron, Sean 11
8	Trinity Chri	A	3:44.68
	1) Waggoner, Gideon 10		2) Greenwood, Daniel 9
	3) Kwitchoff, Jeremy 10		4) Jang, Ian 10