

VISAA Track & Field Championship - 5/16/2025 to 5/17/2025
Sports Backers Stadium
Performance List

Event 21 Girls 100 Meter Dash Division I (25) Prelims

	Name	Yr	School	Seed Time
1	Chance, Armani	11	Catholic Hig	12.37
2	Levine, Sydney	9	The Potomac	12.41
3	Versen, Lucy	11	Trinity Epis	12.43
4	Barabanov, Rose	10	The Potomac	12.59
5	Hughes, Madison	11	St. Stephen'	12.62
6	Appiah, Sophia	12	Episcopal	12.62
7	Johnson, Makaela	10	Saint Cather	12.65
8	Martinez, Kyria	11	St. Gertrude	12.73
9	Adams, Mia	11	Madeira Scho	12.77
10	Nelson, Ashlyn	10	Trinity Epis	12.99
11	Johnson, Makaiya	8	Saint Cather	13.06
12	Malloy, Delaney	9	Flint Hill S	13.12
13	Appiah, Vicky	10	Episcopal	13.18
14	Lewis, Ryan	9	Saint Cather	13.26
15	Dunn, Jazie	10	Collegiate	13.29
16	Dimino, Annemarie	10	Catholic Hig	13.32
17	Monahan, Lucy	12	Oakcrest Sch	13.35
18	Chambliss, KB	11	Norfolk Acad	13.37
19	Shick, Cassie	11	St. Gertrude	13.46
20	Schneider, Ella	10	St. Stephen'	13.49
21	Shepard, Bella	9	Catholic Hig	13.60
22	Johnson, Tabitha	9	Trinity Epis	13.60
23	Onwuchekwa, Chinyere	10	Collegiate	13.62
24	Spain, Destini	9	Collegiate	13.77
25	Cairncross, India	12	The Potomac	13.78

Event 23 Girls 200 Meter Dash Division I (18)

	Name	Yr	School	Seed Time
1	Obasi, Chinenye	12	Saint John P	25.18
2	Versen, Lucy	11	Trinity Epis	25.40
3	Levine, Sydney	9	The Potomac	25.50
4	Barabanov, Rose	10	The Potomac	25.69
5	Johnson, Makaela	10	Saint Cather	25.76
6	Spaulding, Savannah	10	Saint Cather	25.88
7	Appiah, Sophia	12	Episcopal	26.31
8	Martinez, Kyria	11	St. Gertrude	26.52
9	Horton, Michele	11	The Potomac	26.66
10	Adams, Mia	11	Madeira Scho	27.12
11	Uncapher, Emma	11	Norfolk Acad	27.15
12	Lewis, Ryan	9	Saint Cather	27.21
13	Chambliss, KB	11	Norfolk Acad	27.30
14	Nelson, Ashlyn	10	Trinity Epis	27.35
15	Monahan, Lucy	12	Oakcrest Sch	27.45
16	Appiah, Vicky	10	Episcopal	27.62
17	Johnson, Tabitha	9	Trinity Epis	28.28
18	Dunn, Jazie	10	Collegiate	28.61

Event 25 Girls 400 Meter Dash Division I (21)

	Name	Yr	School	Seed Time
1	Obasi, Chinenye	12	Saint John P	56.98
2	Levine, Sydney	9	The Potomac	57.11
3	Spaulding, Savannah	10	Saint Cather	57.96
4	Jones, Ainsleigh	10	Trinity Epis	59.33

5	Everhart, Charlotte	12	The Potomac	59.52
6	Nzekwe, Isis	9	The Potomac	59.56
7	Uncapher, Emma	11	Norfolk Acad	1:00.16
8	Mayer, Annabelle	10	Saint Cather	1:00.21
9	Obasi, Eberechi	9	Saint John P	1:00.36
10	McKay, Abigail	10	Saint Cather	1:01.74
11	Elder, Lila	9	St. Gertrude	1:02.57
12	McGoldrick, Sylvie	10	St. Stephen'	1:02.71
13	Betts, Laila	9	Madeira Scho	1:03.41
14	Fleming, Reese	11	Collegiate	1:03.52
15	Sloan, Sophie	12	Collegiate	1:04.67
16	Chukwumah, Zikora	10	Madeira Scho	1:06.66
17	Monteith, Isla	10	St. Stephen'	1:06.67
18	Crumlish, Eila	12	Trinity Epis	1:06.95
19	Cahill, Ellie	12	Catholic Hig	1:07.10
20	Larson, Elisabeth	11	Oakcrest Sch	1:07.96
21	Davies, Page	9	Episcopal	1:08.09

Event 26 Girls 800 Meter Run Division I (26)

	Name	Yr	School	Seed Time
1	Mizzo, Kaida	10	The Potomac	2:18.68
2	Clingenpeel, Nora	12	Norfolk Acad	2:19.97
3	Bayler, Annabel	11	Saint Cather	2:22.12
4	Wallace, Nora	12	Collegiate	2:22.75
5	Ferrell, Rosie	10	Collegiate	2:24.97
6	Petras, Melissa	12	Saint John P	2:25.42
7	Rouse, Ali	11	St. Stephen'	2:25.84
8	Stone, Catherine	12	Norfolk Acad	2:27.27
9	Gupta, Anaya	9	The Potomac	2:27.45
10	Huffman, Ruthie	10	Saint Cather	2:28.54
11	Stufflebeem, Ella	11	Norfolk Acad	2:28.87
12	Navitsky, Lydia	10	Episcopal	2:28.97
13	Clemons, Piper	9	Saint Cather	2:29.48
14	Bechtel, Tegan	10	Saint John P	2:31.17
15	Harris, Kailyn	9	Trinity Epis	2:31.45
16	Roy, Nisha	10	Episcopal	2:32.23
17	Miller, Claire	9	St. Gertrude	2:32.54
18	Marcus, Grace	12	Trinity Epis	2:32.83
19	Lu, Elizabeth	12	The Potomac	2:34.01
20	Gibian, Avery	9	St. Stephen'	2:34.04
21	Boyer, Macy	11	Collegiate	2:36.17
22	Dake, Margaret	11	Saint John P	2:36.32
23	Harty, Claire	11	Episcopal	2:38.14
24	Morrison, Olivia	8	Oakcrest Sch	2:39.28
25	Ogden, Teagan	9	Catholic Hig	2:40.13
26	Fabian, Courtney	12	Trinity Epis	2:40.17

Event 27 Girls 1600 Meter Run Division I (13)

	Name	Yr	School	Seed Time
1	Harris, Virginia	10	Collegiate	4:58.46
2	Bayler, Annabel	11	Saint Cather	5:09.39
3	Widor, Elizabeth	9	The Potomac	5:25.20
4	Barbee, Sabine	11	The Potomac	5:29.48
5	Lewis, Anne	10	Collegiate	5:34.79
6	McMullin, Samantha	11	Collegiate	5:35.79
7	Matunas, Charlotte	12	Episcopal	5:36.45

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Performance List

Event 27 ... (Girls 1600 Meter Run Division I (13))

	Name	Yr	School	Seed Time
8	Harris, Kailyn	9	Trinity Epis	5:38.82
9	Marcus, Grace	12	Trinity Epis	5:40.02
10	Hires, Lola	10	Norfolk Acad	5:43.88
11	Keffer, Allie	11	Norfolk Acad	5:46.83
12	Killeen, Olivia	8	Saint Cather	5:49.77
13	Musselmani, Aya	12	Norfolk Acad	5:49.89

Event 28 Girls 3200 Meter Run Division I (14)

	Name	Yr	School	Seed Time
1	Harris, Virginia	10	Collegiate	10:59.78
2	Bayler, Annabel	11	Saint Cather	11:17.77
3	McCoppin, Alyssa	10	Saint John P	11:30.36
4	Webb, Sadie	12	Collegiate	11:36.92
5	Spiegeler, Erynn	12	Saint John P	11:37.19
6	Widor, Elizabeth	9	The Potomac	11:43.60
7	Standay, Karina	12	St. Stephen'	11:57.40
8	Barbee, Sabine	11	The Potomac	11:59.36
9	Wanamaker, Sydney	10	St. Stephen'	12:22.03
10	Enos, Paisley	9	Norfolk Acad	12:33.13
11	Lipscomb, Hannah	8	Saint Cather	12:59.83
12	Mateo, Leila	11	Catholic Hig	13:04.01
13	Almelor, Reese	11	Saint John P	13:10.79
14	Killeen, Olivia	8	Saint Cather	13:10.89

Event 22 Girls 100 Meter Hurdles Division I (13) Prelims

	Name	Yr	School	Seed Time
1	Shannon, Piper	12	Saint Cather	14.85
2	Chance, Armani	11	Catholic Hig	14.99
3	Kulow, Taylor	10	Norfolk Acad	15.19
4	Hughes, Madison	11	St. Stephen'	16.76
5	Flynn, Zemma	9	St. Stephen'	17.46
6	Figaro, Taliyah	10	St. Stephen'	17.48
7	Torrence, Carter	10	Saint Cather	17.58
8	Lartey, Nadia	9	Trinity Epis	18.90
9	Kuehnle, Teagan	10	Saint Cather	18.93
10	Cotman, Morgan	10	Collegiate	18.96
11	Cazedessus, Elizabeth	9	Catholic Hig	19.22
12	Daub, Chloe	10	Collegiate	19.64
13	Lartey, Nicole	10	Trinity Epis	19.67

Event 24 Girls 300 Meter Hurdles Division I (11)

	Name	Yr	School	Seed Time
1	Shannon, Piper	12	Saint Cather	46.76
2	Hughes, Madison	11	St. Stephen'	47.70
3	Gatty, Aseye	12	Saint Cather	48.41
4	Flynn, Zemma	9	St. Stephen'	48.98
5	Wintsch, Layla	11	Trinity Epis	49.02
6	Torrence, Carter	10	Saint Cather	51.83
7	Lartey, Nicole	10	Trinity Epis	54.40
8	Lartey, Nadia	9	Trinity Epis	54.92
9	Cazedessus, Elizabeth	9	Catholic Hig	56.09
10	Daub, Chloe	10	Collegiate	56.37
11	Staub, Anne Randolph	12	Norfolk Acad	57.20

Event 18 Girls 4x100 Meter Relay Division I (12)

	Team	Relay	Seed Time
1	Saint Cather	A	49.69
2	The Potomac	A	49.98
3	Episcopal	A	50.59
4	St. Stephen'	A	50.76
5	Trinity Epis	A	50.92
6	Saint John P	A	52.45
7	Flint Hill S	A	52.89
8	Collegiate	A	53.02
9	Oakcrest Sch	A	54.06
10	Norfolk Acad	A	54.23
11	St. Gertrude	A	54.23
12	Catholic Hig	A	54.25

Event 19 Girls 4x400 Meter Relay Division I (8)

	Team	Relay	Seed Time
1	The Potomac	A	4:01.12
2	Trinity Epis	A	4:09.42
3	Saint Cather	A	4:10.47
4	Norfolk Acad	A	4:11.06
5	St. Stephen'	A	4:12.01
6	Saint John P	A	4:12.78
7	Collegiate	A	4:18.84
8	Episcopal	A	4:25.72

Event 20 Girls 4x800 Meter Relay Division I (10)

	Team	Relay	Seed Time
1	Collegiate	A	9:31.75
2	The Potomac	A	9:48.43
3	Saint John P	A	10:07.37
4	St. Stephen'	A	10:08.62
5	Saint Cather	A	10:14.37
6	Episcopal	A	10:29.46
7	Trinity Epis	A	10:48.13
8	Catholic Hig	A	11:03.68
9	Madeira Scho	A	11:20.87
10	Oakcrest Sch	A	11:26.09

Event 30 Girls High Jump Division I (15)

	Name	Yr	School	Seed Mark
1	Kulow, Taylor	10	Norfolk Acad	5-04.00
2	Spaulding, Savannah	10	Saint Cather	5-00.00
3	Draetta, Sydney	9	Flint Hill S	4-10.00
4	Sindler, Tatum	9	St. Stephen'	4-08.00
5	Robertson, Boston	11	Flint Hill S	4-06.00
6	Pham, Audrey	12	Saint John P	4-06.00
7	Stubbs, Emma	9	Oakcrest Sch	4-06.00
8	Martin, Sallie	11	Collegiate	4-06.00
9	Grunwald, Annie	8	Norfolk Acad	4-06.00
10	Horton, Michele	11	The Potomac	4-06.00
11	Mokarem, Leila	10	Flint Hill S	4-06.00
12	Mayer, Annabelle	10	Saint Cather	4-06.00
13	Vitug, Gabby	9	Catholic Hig	4-04.00
14	Pierce, Ashley	10	Saint John P	4-04.00
15	Shepard, Bella	9	Catholic Hig	4-04.00

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Performance List****Event 32 Girls Pole Vault Division I (7)**

	Name	Yr	School	Seed Mark
1	Smullen, Madelyn	11	Saint Cather	11-00.00
2	Kuehnle, Teagan	10	Saint Cather	9-00.00
3	Clelland, Lorelei	12	Saint Cather	8-06.00
4	Staub, Anne Randolph	12	Norfolk Acad	8-00.00
5	Braxton, Claire	11	Episcopal	8-00.00
6	Staub, Lucy	12	Norfolk Acad	6-06.00
7	Taylor, Aliyah	8	Collegiate	6-00.00

Event 31 Girls Long Jump Division I (14)

	Name	Yr	School	Seed Mark
1	Chance, Armani	11	Catholic Hig	18-00.00
2	Horton, Michele	11	The Potomac	17-09.00
3	Obasi, Chinenye	12	Saint John P	17-06.75
4	Pham, Audrey	12	Saint John P	17-01.75
5	Kulow, Taylor	10	Norfolk Acad	16-06.00
6	Ronnau, Emma	8	Saint Cather	16-03.50
7	Gatty, Aseye	12	Saint Cather	16-02.00
8	Hughes, Madison	11	St. Stephen'	16-02.00
9	Johnson, Makaiya	8	Saint Cather	15-10.25
10	McCabe, Sophia	9	Oakcrest Sch	15-08.00
11	Smith, Chloe	12	Episcopal	15-04.00
12	Seidensticker, Marga	9	Catholic Hig	15-04.00
13	Stanwix, Lily	12	Collegiate	15-03.00
14	Souza, Lais	12	Madeira Scho	15-01.00

Event 34 Girls Triple Jump Division I (14)

	Name	Yr	School	Seed Mark
1	Horton, Michele	11	The Potomac	37-07.50
2	Chance, Armani	11	Catholic Hig	37-06.00
3	Gatty, Aseye	12	Saint Cather	36-07.25
4	Kulow, Taylor	10	Norfolk Acad	35-11.25
5	Torrence, Carter	10	Saint Cather	33-00.50
6	Fleming, Reese	11	Collegiate	32-01.50
7	Smith, Chloe	12	Episcopal	31-09.50
8	Tenorio, Kahlen	10	Saint John P	31-09.00
9	Stanwix, Lily	12	Collegiate	31-03.00
10	Vitug, Gabby	9	Catholic Hig	31-00.00
11	Ware, Lila	11	Norfolk Acad	30-06.00
12	McNorrill, ST	12	Episcopal	30-02.00
13	Ronnau, Julia	8	Saint Cather	29-05.50
14	Cotman, Morgan	10	Collegiate	29-04.50

Event 33 Girls Shot Put Division I (19)

	Name	Yr	School	Seed Mark
1	Reese, Ava	12	Episcopal	39-10.50
2	James, Shai	12	Episcopal	34-08.00
3	Reid, Olivia	12	Norfolk Acad	34-08.00
4	Kaleda, Caroline	12	The Potomac	33-06.50
5	Mbakop, Monica	11	The Potomac	33-04.00
6	Akojenu, Princess	12	Episcopal	33-01.00
7	Kovac, Angelina	10	Saint John P	32-05.00
8	Tierney, Emerson	12	Saint Cather	32-04.50
9	Goin, Naheema	11	St. Stephen'	31-05.00
10	Lundquist, Anya	10	Catholic Hig	31-01.00

11	Williams, Kamryn	9	Collegiate	30-09.50
12	McNichols, Mary	10	Oakcrest Sch	30-09.25
13	Hilliard, Lauren	12	The Potomac	29-06.50
14	White-Barfield, Aleigha	11	Collegiate	29-05.50
15	Evans, Megan	12	Norfolk Acad	27-07.00
16	Nackman, Josphine	10	Madeira Scho	27-05.00
17	Nuila, Samantha	9	Oakcrest Sch	27-03.25
18	Ryan, Fiona	11	Oakcrest Sch	27-02.00
19	Sumpter, Emmy	12	Saint Cather	27-01.00

Event 29 Girls Discus Throw Division I (20)

	Name	Yr	School	Seed Mark
1	Kovac, Angelina	10	Saint John P	131-01
2	Reese, Ava	12	Episcopal	117-11
3	Tierney, Emerson	12	Saint Cather	106-08
4	Kaleda, Caroline	12	The Potomac	94-02
5	Hilliard, Lauren	12	The Potomac	90-06
6	Reid, Olivia	12	Norfolk Acad	90-02
7	Sumpter, Emmy	12	Saint Cather	90-00
8	McNichols, Mary	10	Oakcrest Sch	89-03.50
9	Nackman, Josphine	10	Madeira Scho	89-03
10	James, Shai	12	Episcopal	88-09.50
11	Williams, Kamryn	9	Collegiate	88-09
12	Goin, Naheema	11	St. Stephen'	82-08
13	Mbakop, Monica	11	The Potomac	81-11
14	Planter, Maya	10	Saint Cather	80-11
15	Ryan, Fiona	11	Oakcrest Sch	79-03
16	Carr, Mary	12	Oakcrest Sch	78-07
17	Lamson, Karen	11	St. Stephen'	77-11
18	Obeng, Stella	9	Flint Hill S	77-06
19	White-Barfield, Aleigha	11	Collegiate	76-01
20	Orloff, Ella	8	Norfolk Acad	76-01

Event 55 Girls 100 Meter Dash Division II (33) Prelims

	Name	Yr	School	Seed Time
1	Heru, Aziyah	11	Atlantic Sho	12.07
2	Braxton, Parker	10	Miller Schoo	12.81
3	Ofole, Chiamaka	11	Stonebridge	12.90
4	Branan, Rachel	10	Peninsula Ca	13.03
5	Ofole, Zara	9	Stonebridge	13.04
6	Williams, Baylee	10	Norfolk Chri	13.14
7	Bess, Maddisen	11	Immanuel Chr	13.24
8	Pendleton-Morant, Zuriel	10	Hampton Road	13.27
9	Oyofe, Zibah	9	Trinity Chri	13.36
10	Stevenson, Alana	10	Greenbrier C	13.38
11	Miller, Gabby	11	North Cross	13.41
12	Johnson, Faith	9	North Cross	13.43
13	Assam, Zuri	12	Chatham Hall	13.44
14	Ogunlade, Toni	12	Randolph-Mac	13.45
15	Clark, Ava	12	Virginia Epi	13.47
16	Edwards, Jamariah	10	Roanoke Cath	13.58
17	Cunningham, Gabrielle	8	Christ Chape	13.59
18	McKee, Harper	9	Eastern Menn	13.64
19	Way, Isabelle	9	Atlantic Sho	13.64
20	Lyon, Imani	8	Hampton Chri	13.65
21	Meney, Carli	10	St. Anne's-B	13.67

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	Name	Yr	School	Seed Time
22	Edwards, Miracle	10	Fredericksbu	13.68
23	Tinsley, Serenity	8	St. Anne's-B	13.68
24	Hammond, Miranda	9	Nansemond-Su	13.71
25	Warren, Eliza	11	Eastern Menn	13.80
26	Rak, Acelin	9	Fredericksbu	13.83
27	Cannon, Taniya	9	Stonebridge	13.87
28	Simon, Reagan	11	Immanuel Chr	13.89
29	Jacobs, Ellie	12	New Covenant	13.96
30	Schroer, Molly	11	Seton School	14.06
31	Leitner, Melia	12	New Covenant	14.08
32	King, Anna	9	Trinity Scho	14.10
33	Mack, Kelsey	11	Hampton Chri	14.10

Event 57 Girls 200 Meter Dash Division II (27)

	Name	Yr	School	Seed Time
1	Heru, Aziyah	11	Atlantic Sho	24.75
2	Nguyen, Kaitlynn	10	Peninsula Ca	26.95
3	Johnson, Faith	9	North Cross	27.33
4	Ofole, Chiamaka	11	Stonebridge	27.37
5	Spence, Lily	12	Trinity Scho	27.40
6	Oyofa, Zibah	9	Trinity Chri	27.44
7	Miller, Gabby	11	North Cross	27.48
8	Pendleton-Morant, Zuriel	10	Hampton Road	27.80
9	Ogunlade, Toni	12	Randolph-Mac	27.88
10	McKee, Harper	9	Eastern Menn	27.89
11	Bess, Maddisen	11	Immanuel Chr	28.08
12	VanRaaphorst, Lexie	10	Trinity Chri	28.31
13	Assam, Zuri	12	Chatham Hall	28.35
14	Meney, Carli	10	St. Anne's-B	28.54
15	Lyon, Imani	8	Hampton Chri	28.60
16	Ofole, Zara	9	Stonebridge	28.67
17	Hammond, Miranda	9	Nansemond-Su	28.73
18	Edwards, Jamariah	10	Roanoke Cath	28.76
19	Simon, Reagan	11	Immanuel Chr	28.76
20	Schroer, Molly	11	Seton School	28.76
21	Borcherding, Meredith	11	Trinity Chri	28.80
22	Tinsley, Serenity	8	St. Anne's-B	28.82
23	Jacobs, Ellie	12	New Covenant	28.83
24	Warren, Eliza	11	Eastern Menn	28.85
25	Cajulis, Maia	9	Cape Henry C	28.86
26	King, Anna	9	Trinity Scho	28.99
27	Mack, Kailee	9	Hampton Chri	29.07

Event 59 Girls 400 Meter Dash Division II (24)

	Name	Yr	School	Seed Time
1	Spence, Lily	12	Trinity Scho	1:00.43
2	Branan, Rachel	10	Peninsula Ca	1:00.51
3	Heru, Aziyah	11	Atlantic Sho	1:01.32
4	Borcherding, Meredith	11	Trinity Chri	1:01.63
5	Busby, Sarah	10	Stonebridge	1:02.12
6	Campbell, Riya	11	Stonebridge	1:02.60
7	Winslow, Marjorie (Mo)	10	Immanuel Chr	1:03.49
8	Warren, Eliza	11	Eastern Menn	1:03.67
9	Lanphear, Jenna	11	Veritas Scho	1:03.94

10	Stowell, Danielle	12	Hampton Road	1:04.21
11	Lanphear, Lauren	11	Veritas Scho	1:04.36
12	Hsieh, Maggi	10	Trinity Chri	1:04.91
13	Druzgal, Keira	11	St. Anne's-B	1:05.18
14	Myers, Allie	9	Trinity Chri	1:05.24
15	Smith, Dasia	11	Christ Chape	1:05.25
16	Cajulis, Maia	9	Cape Henry C	1:05.34
17	Schroer, Molly	11	Seton School	1:05.46
18	Deloye, Annaliese	10	Trinity Scho	1:06.43
19	Ibrahim, Olivia	8	Walsingham A	1:06.43
20	Melnitchouk, Lilyana	9	Hampton Road	1:06.48
21	Coniglione, Eva	11	Roanoke Cath	1:06.57
22	Barnhart, Alana	9	Hampton Road	1:06.64
23	Mack, Kailee	9	Hampton Chri	1:06.65
24	Buckley, Sophia	10	Greenbrier C	1:06.79

Event 60 Girls 800 Meter Run Division II (22)

	Name	Yr	School	Seed Time
1	Pongracz, Alyssa	12	Peninsula Ca	2:19.54
2	Prince, Rachel	11	Greenbrier C	2:21.42
3	Chaney, Kerrigan	12	North Cross	2:21.85
4	Freeman, Remington	9	Walsingham A	2:22.47
5	Dean, Julia	12	Trinity Chri	2:26.05
6	Perriello, Cadigan	12	St. Anne's-B	2:26.56
7	Bayer, Francesca	12	Trinity Scho	2:26.66
8	Hsieh, Leyla	12	Trinity Chri	2:30.49
9	Jones, Alex	10	Nansemond-Su	2:31.23
10	Fortier, Grace	11	Immanuel Chr	2:31.93
11	Goodwin, Olivia	9	St. Anne's-B	2:33.19
12	Lanphear, Jenna	11	Veritas Scho	2:34.92
13	Chronister, Anna	9	Trinity Chri	2:35.68
14	Blinn, Kate	10	Walsingham A	2:36.53
15	Severino, Lucia	8	Trinity Scho	2:37.31
16	Soca, Avery	12	Norfolk Chri	2:38.11
17	Melnitchouk, Lilyana	9	Hampton Road	2:38.16
18	Vactor, Iman	12	Randolph-Mac	2:39.64
19	Altman, Hazel	9	Hampton Chri	2:40.64
20	Aaron, Aubrey	12	Roanoke Cath	2:40.91
21	Barnhart, Alana	9	Hampton Road	2:41.41
22	Karsanac, Ava	8	Cape Henry C	2:41.98

Event 61 Girls 1600 Meter Run Division II (19)

	Name	Yr	School	Seed Time
1	Chaney, Kerrigan	12	North Cross	5:01.18
2	Curtis, Isabella	10	Peninsula Ca	5:14.19
3	Prince, Rachel	11	Greenbrier C	5:16.11
4	Freeman, Remington	9	Walsingham A	5:17.02
5	Perriello, Cadigan	12	St. Anne's-B	5:22.59
6	Frost, Eve	11	Stonebridge	5:25.99
7	Wood, Savannah	11	The Covenant	5:33.86
8	Currey, Agnes	11	Immanuel Chr	5:35.61
9	Perkins, Kaitlyn	9	North Cross	5:38.27
10	Galie, Grace	8	The Covenant	5:40.48
11	Melnitchouk, Lilyana	9	Hampton Road	5:40.82
12	Karsanac, Ava	8	Cape Henry C	5:41.64
13	Nunziata, Josie	10	Stonebridge	5:42.51

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Event 61 ...(Girls 1600 Meter Run Division II (19))

Name	Yr	School	Seed Time
14 Chronister, Anna	9	Trinity Chri	5:45.21
15 Brown, Ana	12	Virginia Epi	5:48.22
16 Hensley, Ari	11	Trinity Chri	5:55.25
17 VonCanon, Violet	11	Veritas Scho	5:55.95
18 Taliaferro, Isabel	9	Immanuel Chr	5:57.37
19 Lyman, Ivy	12	St. Anne's-B	5:57.94

Event 62 Girls 3200 Meter Run Division II (31)

Name	Yr	School	Seed Time
1 Chaney, Kerrigan	12	North Cross	10:53.55
2 Curtis, Isabella	10	Peninsula Ca	11:23.77
3 Freeman, Remington	9	Walsingham A	11:32.70
4 Nunziata, Josie	10	Stonebridge	11:46.63
5 Frost, Eve	11	Stonebridge	11:50.27
6 Wood, Savannah	11	The Covenant	12:05.62
7 Shepherd, Amelie	12	Veritas Scho	12:14.33
8 Perkins, Kaitlyn	9	North Cross	12:14.53
9 Van Raaphorst, Taylor	10	Trinity Chri	12:22.89
10 Currey, Agnes	11	Immanuel Chr	12:25.25
11 Carter, Eleanor	11	St. Anne's-B	12:26.77
12 Morgan, Sadie	11	Veritas Scho	12:35.80
13 Melnitchouk, Olivia	11	Hampton Road	12:38.77
14 Brown, Ana	12	Virginia Epi	12:39.35
15 Hensley, Ari	11	Trinity Chri	12:45.18
16 Noel, Caitlyn	9	Trinity Chri	13:10.71
17 Henson, Virginia	12	Fredericksbu	13:14.84
18 Womack, Ellie	10	St. Anne's-B	13:17.34
19 Guillory, Grace	10	Trinity Scho	13:26.38
20 Bradley, Orla	10	The Covenant	13:29.88
21 Taliaferro, Isabel	9	Immanuel Chr	13:32.46
22 Henderson, Eloise	8	Tandem Frien	13:34.44
23 Taylor, Grace	10	Immanuel Chr	13:37.71
24 Smith, Carissa	9	Greenbrier C	13:38.73
25 Adams, Ruby	8	St. Anne's-B	13:39.39
26 Becker, Addison	12	Roanoke Cath	13:42.58
27 Lowe, Lucy	10	Tandem Frien	13:43.17
28 Pei, Helia	10	Walsingham A	13:43.65
29 Fullilove, Callie	11	Trinity Scho	13:48.30
30 Gatewood, Claire	11	Tandem Frien	13:50.06
31 Kessler, Lillian	11	Roanoke Cath	13:50.27

Event 56 Girls 100 Meter Hurdles Division II (32) Prelims

Name	Yr	School	Seed Time
1 Smith, Karly	11	Roanoke Cath	16.64
2 Kenny, Alicia	11	New Covenant	17.00
3 Floyd, Charlie	12	Roanoke Cath	17.30
4 VanRaaphorst, Lexie	10	Trinity Chri	18.08
5 Schultz, Brooklyn	8	Walsingham A	18.38
6 Daniel, Marshall	12	Cape Henry C	18.42
7 Wolfe, Mia	9	Virginia Epi	18.46
8 Akintide, Derin	10	Trinity Chri	18.66
9 Ryan-Byrne, Rose	12	St. Anne's-B	18.67
10 Gilbert, McKenzie	11	Nansemond-Su	18.93
11 Jefferson, A'Kira	11	Richmond Chr	19.22

12 Robinson, Emmalee	11	Greenbrier C	19.54
13 Hurst, Lya	12	Eastern Menn	19.70
14 Brewley, Allie	8	Atlantic Sho	19.77
15 Davis, Reegan	12	Virginia Epi	19.85
16 Gebara, Jasmine	11	Atlantic Sho	19.85
17 Walrond, Olivia	11	Stonebridge	20.04
18 Streeter, Bailey	10	Greenbrier C	20.07
19 Sommer, Leni	10	St. Anne's-B	20.56
20 Stadnyk, Anna	12	Roanoke Cath	20.65
21 DuBois, Mariah	10	Immanuel Chr	20.73
22 Mazur, Reese	9	Nansemond-Su	20.85
23 Hammond, Dawn	12	Nansemond-Su	20.97
24 Fairfield, Ruth	10	Eastern Menn	21.01
25 Moore, Zariyah	9	Atlantic Sho	21.07
26 Sauvager, Ella	9	Randolph-Mac	21.11
27 Cherkaoui, Meriam	9	Walsingham A	21.12
28 Mahaffee, Cassidy	9	Broadwater A	21.13
29 Stemple, Kailey	11	Trinity Chri	21.30
30 Carter, Ashley-Elizabeth	10	Hampton Road	21.34
31 Palmer, Carter	11	Stonebridge	21.41
32 Johnson, Lindsey	12	Immanuel Chr	21.85

Event 58 Girls 300 Meter Hurdles Division II (26)

Name	Yr	School	Seed Time
1 Akintide, Derin	10	Trinity Chri	48.56
2 Schultz, Brooklyn	8	Walsingham A	50.11
3 VanRaaphorst, Lexie	10	Trinity Chri	50.76
4 Smith, Karly	11	Roanoke Cath	50.96
5 Brewley, Allie	8	Atlantic Sho	51.46
6 Floyd, Charlie	12	Roanoke Cath	51.59
7 Kenny, Alicia	11	New Covenant	51.77
8 Gebara, Jasmine	11	Atlantic Sho	51.85
9 Hyonkeu, Ange	12	St. Anne's-B	52.35
10 Gilbert, McKenzie	11	Nansemond-Su	52.60
11 Wolfe, Mia	9	Virginia Epi	53.36
12 Dombrowski, Madeleine	8	Trinity Scho	54.32
13 Ryan-Byrne, Rose	12	St. Anne's-B	54.57
14 Streeter, Bailey	10	Greenbrier C	54.64
15 Cherkaoui, Meriam	9	Walsingham A	56.11
16 Mazur, Reese	9	Nansemond-Su	56.31
17 Hurst, Lya	12	Eastern Menn	56.39
18 Howell, Kate	10	Fredericksbu	56.78
19 Davis, Reegan	12	Virginia Epi	56.90
20 Daniel, Marshall	12	Cape Henry C	56.97
21 Griffin, Caroline	10	Atlantic Sho	57.11
22 Covill, Fiona	12	Stonebridge	57.58
23 Fairfield, Ruth	10	Eastern Menn	57.94
24 Stadnyk, Anna	12	Roanoke Cath	57.96
25 Langaas, Savannah	11	Fredericksbu	58.03
26 Hammond, Dawn	12	Nansemond-Su	58.45

Event 52 Girls 4x100 Meter Relay Division II (22)

Team	Relay	Seed Time
1 Peninsula Ca	A	51.89
2 Norfolk Chri	A	52.45
3 Atlantic Sho	A	52.56

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Event 52 ... (Girls 4x100 Meter Relay Division II (22))

	Team	Relay	Seed Time
4	Roanoke Cath	A	52.96
5	Stonebridge	A	52.99
6	Trinity Chri	A	53.62
7	Fredericksbu	A	53.62
8	Randolph-Mac	A	53.83
9	Cape Henry C	A	54.09
10	St. Anne's-B	A	54.14
11	Immanuel Chr	A	54.27
12	Walsingham A	A	54.90
13	Chatham Hall	A	54.97
14	Hampton Road	A	55.11
15	Virginia Epi	A	55.28
16	New Covenant	A	55.76
17	Hampton Chri	A	55.92
18	Eastern Menn	A	57.09
19	Greenbrier C	A	57.15
20	Nansemond-Su	A	57.66
21	Trinity Scho	A	58.15
22	Guardian Chr	A	59.40

Event 53 Girls 4x400 Meter Relay Division II (17)

	Team	Relay	Seed Time
1	Trinity Chri	A	4:13.27
2	Peninsula Ca	A	4:13.34
3	Trinity Scho	A	4:19.39
4	Immanuel Chr	A	4:28.43
5	Norfolk Chri	A	4:32.00
6	Stonebridge	A	4:32.18
7	Walsingham A	A	4:33.18
8	Cape Henry C	A	4:33.49
9	St. Anne's-B	A	4:39.09
10	Fredericksbu	A	4:39.20
11	Atlantic Sho	A	4:40.74
12	Roanoke Cath	A	4:43.47
13	Nansemond-Su	A	4:45.15
14	Randolph-Mac	A	4:46.44
15	Eastern Menn	A	4:48.42
16	Greenbrier C	A	4:53.45
17	The Covenant	A	4:54.22

Event 54 Girls 4x800 Meter Relay Division II (14)

	Team	Relay	Seed Time
1	Peninsula Ca	A	10:08.00
2	Stonebridge	A	10:23.70
3	Veritas Scho	A	10:27.39
4	Trinity Chri	A	10:29.71
5	St. Anne's-B	A	10:34.67
6	Trinity Scho	A	10:38.37
7	Walsingham A	A	10:42.18
8	Immanuel Chr	A	11:00.81
9	Norfolk Chri	A	11:16.40
10	Greenbrier C	A	11:16.72
11	Cape Henry C	A	11:30.46
12	Fredericksbu	A	11:35.20

13	Roanoke Cath	A	11:40.04
14	Eastern Menn	A	12:25.08

Event 64 Girls High Jump Division II (20)

	Name	Yr	School	Seed Mark
1	Ofole, Zara	9	Stonebridge	5-04.00
2	Smith, Karly	11	Roanoke Cath	5-00.00
3	Conway, Alexa	11	Peninsula Ca	4-10.00
4	Hobson, Iva	10	Peninsula Ca	4-10.00
5	Smith, Leah	12	Broadwater A	4-10.00
6	Schultz, Brooklyn	8	Walsingham A	4-08.00
7	Cannon, Taniya	9	Stonebridge	4-08.00
8	Ogunlade, Toni	12	Randolph-Mac	4-06.00
9	Aaron, Brinkley	9	Roanoke Cath	4-06.00
10	Wolfe, Mia	9	Virginia Epi	4-06.00
11	Gebara, Jasmine	11	Atlantic Sho	4-06.00
12	Smith, Miranda	8	Broadwater A	4-06.00
13	Robinson, Emmalee	11	Greenbrier C	4-04.00
14	Brewley, Allie	8	Atlantic Sho	4-04.00
15	Gillis, Jocelyn	9	Randolph-Mac	4-04.00
16	Banks, Hannah	11	Peninsula Ca	4-04.00
17	Bradley, Lauren	10	Roanoke Cath	4-04.00
18	McKnight, Mary	8	Immanuel Chr	4-04.00
19	Ofole, Chiamaka	11	Stonebridge	4-04.00
20	Jahne, Corina	11	Eastern Menn	4-04.00

Event 66 Girls Pole Vault Division II (8)

	Name	Yr	School	Seed Mark
1	Smith, Leah	12	Broadwater A	8-00.00
2	Smith, Karly	11	Roanoke Cath	7-06.00
3	Griffin, Caroline	10	Atlantic Sho	6-06.00
4	Stadnyk, Anna	12	Roanoke Cath	6-06.00
5	Davis, Sierra	9	Atlantic Sho	6-06.00
6	Hecker, Alaina	9	Cape Henry C	6-00.00
7	Crais, Elly	9	Walsingham A	6-00.00
8	Rader, Sofia	11	Broadwater A	6-00.00

Event 65 Girls Long Jump Division II (26)

	Name	Yr	School	Seed Mark
1	Holland, Courtnee	10	Virginia Epi	17-03.00
2	Smith, Karly	11	Roanoke Cath	16-01.25
3	Hammond, Miranda	9	Nansemond-Su	15-11.00
4	Johnson, Faith	9	North Cross	15-06.50
5	Edwards, Miracle	10	Fredericksbu	15-06.00
6	Cunningham, Gabrielle	8	Christ Chape	15-06.00
7	Ogunlade, Toni	12	Randolph-Mac	15-05.00
8	McKee, Harper	9	Eastern Menn	15-01.00
9	Gebara, Jasmine	11	Atlantic Sho	15-00.00
10	Edwards, Jamariah	10	Roanoke Cath	15-00.00
11	Spence, Lily	12	Trinity Scho	14-10.00
12	Stevenson, Alana	10	Greenbrier C	14-09.00
13	Nguyen, Kaitlynn	10	Peninsula Ca	14-08.00
14	Ofole, Chiamaka	11	Stonebridge	14-07.50
15	O'Herron, Molly	9	Roanoke Cath	14-06.00
16	Cannon, Taniya	9	Stonebridge	14-05.00
17	Pendleton-Morant, Zuriel	10	Hampton Road	14-05.00

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	Name	Yr	School	Seed Mark
18	King, Anna	9	Trinity Scho	14-05.00
19	Jones, Natalia	11	Norfolk Chri	14-04.00
20	Anna, Telfian	12	The New Comm	14-03.75
21	Notewo, Brigitte	12	Randolph-Mac	14-03.50
22	Streeter, Bailey	10	Greenbrier C	14-03.50
23	Diallo, Amimaria	12	Randolph-Mac	14-01.50
24	Leitner, Melia	12	New Covenant	14-00.00
25	Brewley, Allie	8	Atlantic Sho	14-00.00
26	Benn, Rayven	9	Atlantic Sho	14-00.00

Event 68 Girls Triple Jump Division II (21)

	Name	Yr	School	Seed Mark
1	Holland, Courtnee	10	Virginia Epi	35-06.50
2	Smith, Karly	11	Roanoke Cath	35-06.00
3	Edwards, Miracle	10	Fredericksbu	33-08.50
4	Hammond, Miranda	9	Nansemond-Su	33-05.00
5	Tinsley, Serenity	8	St. Anne's-B	32-08.00
6	O'Herron, Molly	9	Roanoke Cath	32-02.00
7	Gebara, Jasmine	11	Atlantic Sho	32-01.00
8	Akintide, Derin	10	Trinity Chri	31-05.00
9	McKee, Harper	9	Eastern Menn	31-00.00
10	Daniel, Marshall	12	Cape Henry C	30-09.00
11	Cannon, Taniya	9	Stonebridge	30-07.00
12	Brewley, Allie	8	Atlantic Sho	29-10.00
13	Chu, Kate	10	Trinity Chri	29-09.50
14	Ofole, Zara	9	Stonebridge	29-03.00
15	Smith, Miranda	8	Broadwater A	29-00.00
16	Johnson, Lindsey	12	Immanuel Chr	29-00.00
17	Aaron, Brinkley	9	Roanoke Cath	28-08.25
18	Smith, Leah	12	Broadwater A	28-06.00
19	Vuyovich, Lily	11	Atlantic Sho	28-03.00
20	Ledger, Emily	10	St. Anne's-B	28-00.75
21	Walrond, Olivia	11	Stonebridge	27-05.00

Event 67 Girls Shot Put Division II (25)

	Name	Yr	School	Seed Mark
1	Chen, Brooklyn	11	North Cross	36-11.00
2	Llavore, Justinne	11	Roanoke Cath	35-11.00
3	Blocker, Adirah	10	Hampton Chri	34-05.00
4	Smith, Leah	12	Broadwater A	34-01.00
5	Edenfield, Olivia	12	Atlantic Sho	33-11.00
6	Daniel, Marshall	12	Cape Henry C	32-00.00
7	Fadairo, Tife	11	Atlantic Sho	31-08.50
8	Smith, Kelse	9	Atlantic Sho	31-01.00
9	Maurer, Emily	11	St. Anne's-B	30-10.00
10	Kebbay, Bijou	10	Randolph-Mac	29-05.00
11	Notewo, Brigitte	12	Randolph-Mac	29-03.00
12	Wright, London	9	Steward Scho	29-00.00
13	Weber, Annalise	8	New Covenant	28-10.00
14	Ocran, Ivana	12	Randolph-Mac	28-09.00
15	Rose, Gabrielle	10	New Covenant	28-01.00
16	Hardy, Olivia	12	Nansemond-Su	28-00.00
17	Jacobs, Ellie	12	New Covenant	27-11.00
18	Rex, Evelyn	12	Norfolk Chri	27-08.50

19	Walrond, Olivia	11	Stonebridge	26-08.00
20	Beander, Savannah	8	Christ Chape	26-07.00
21	Van der Merwe, Rory	9	Kenston Fore	26-03.00
22	Arbogast, Jordyn	12	Greenbrier C	26-02.00
23	Kamara, Arlette	11	Christ Chape	25-10.50
24	Hoskins, Taniyah	10	Stonebridge	25-09.00
25	Braxton, Parker	10	Miller Schoo	25-05.00

Event 63 Girls Discus Throw Division II (25)

	Name	Yr	School	Seed Mark
1	Llavore, Justinne	11	Roanoke Cath	123-08
2	Smith, Leah	12	Broadwater A	123-00
3	Maurer, Emily	11	St. Anne's-B	114-04
4	Smith, Kelse	9	Atlantic Sho	95-01
5	Fadairo, Tife	11	Atlantic Sho	94-00
6	Blocker, Adirah	10	Hampton Chri	91-03
7	Ocran, Ivana	12	Randolph-Mac	90-05
8	Garcia, Olivia	10	Atlantic Sho	89-03
9	Chen, Brooklyn	11	North Cross	87-09
10	Wright, London	9	Steward Scho	86-04
11	Walrond, Olivia	11	Stonebridge	85-03
12	Kebbay, Bijou	10	Randolph-Mac	77-10
13	Hardy, Olivia	12	Nansemond-Su	76-10
14	Van der Merwe, Rory	9	Kenston Fore	76-08
15	Chen, Alison	9	Fredericksbu	76-00
16	Walker, Malia	11	Immanuel Chr	74-10
17	Zimmerman, Rachel	11	Richmond Chr	73-08
18	Chin, Kuk Kuk	9	Roanoke Cath	73-00
19	Burton, Isabella	12	Nansemond-Su	71-02
20	Rex, Evelyn	12	Norfolk Chri	70-04
21	Foster, Emme	10	New Covenant	69-09.75
22	Becker, Addison	12	Roanoke Cath	69-06
23	Sommers, Aliyah	12	Eastern Menn	69-01
24	Daniel, Marshall	12	Cape Henry C	68-11
25	Oluwamakinde, OreOluwa	8	Grove Christ	68-02

Event 4 Boys 100 Meter Dash Division I (24) Prelims

	Name	Yr	School	Seed Time
1	Morrison, John	11	Woodberry Fo	10.68
2	Kittrell, Isaiah	11	Fork Union	10.94
3	Diggs, Nasir	9	Collegiate	10.95
4	Robinson, Sheldon	12	Woodberry Fo	10.96
5	Boucher-Zazzaro, Luke	12	Fork Union	11.03
6	Sanker, Lukas	12	Woodberry Fo	11.04
7	Mason, Deuce	10	Trinity Epis	11.05
8	Brent, Jonah	11	St. Anne's-B	11.05
9	Furgurson, Brycen	10	Trinity Epis	11.10
10	Davis, Xay	12	Collegiate	11.16
11	Street, Ben	11	Benedictine	11.17
12	Xantus, Gabriel	12	Saint John P	11.18
13	Allen, Zion	10	Episcopal	11.19
14	Anderson, Brandon	12	Collegiate	11.20
15	Asare, Elisha	11	St. Christop	11.24
16	Hnath, Jackson	12	Norfolk Acad	11.25
17	Frey, Josh	12	Cape Henry C	11.26
18	Lovell, Will	9	Norfolk Acad	11.26

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	Name	Yr	School	Seed Time
19	Gosline, Addison	12	St. Christop	11.32
20	Allen, Nehemiah	10	Fork Union	11.33
21	Sosnitsky, John Paul	12	The Potomac	11.45
22	Biehs, Jonas	11	St. Anne's-B	11.46
23	Giuliano, Michael	12	The Potomac	11.47
24	Mingo, Malachi	11	Benedictine	11.49

Event 6 Boys 200 Meter Dash Division I (16)

	Name	Yr	School	Seed Time
1	White, Maddox	11	St. Christop	21.74
2	Morrison, John	11	Woodberry Fo	21.81
3	Dhillon, Armaan	12	Saint John P	22.21
4	Sanker, Lukas	12	Woodberry Fo	22.38
5	Diggs, Nasir	9	Collegiate	22.39
6	Brent, Jonah	11	St. Anne's-B	22.45
7	Robinson, Sheldon	12	Woodberry Fo	22.48
8	Allen, Zion	10	Episcopal	22.59
9	Asare, Elisha	11	St. Christop	22.76
10	Mason, Deuce	10	Trinity Epis	22.77
11	Kittrell, Isaiah	11	Fork Union	22.82
12	Witt, Alex	12	Catholic Hig	22.88
13	Jefferson, Preston	8	Norfolk Acad	22.94
14	Frey, Josh	12	Cape Henry C	22.95
15	Wingfield, Izaiah	9	Saint John P	23.06
16	Lovell, Will	9	Norfolk Acad	23.14

Event 8 Boys 400 Meter Dash Division I (29)

	Name	Yr	School	Seed Time
1	Dhillon, Armaan	12	Saint John P	47.85
2	Bouril, Nicholas	12	Saint John P	49.02
3	Tragert, Owen	9	Cape Henry C	49.86
4	Hnath, Jackson	12	Norfolk Acad	49.88
5	Cole, Max	12	Woodberry Fo	50.82
6	Mayer, Coleman	10	St. Christop	51.15
7	Kajubi, Danny	12	Woodberry Fo	51.16
8	Wingfield, Izaiah	9	Saint John P	51.30
9	Fournier, John	11	Benedictine	51.42
10	Whiteside, Kaydan	9	Fork Union	51.42
11	Shepard, Mekyi	12	Fork Union	51.50
12	Parker, Joshua	12	Collegiate	52.11
13	Foster, Bishop	12	Collegiate	52.29
14	Acevedo, Raul	12	Catholic Hig	52.58
15	Spencer, Miles	11	St. Stephen'	52.86
16	Robinson, Isaiah	12	Trinity Epis	53.11
17	Lianavwa, Phillipe	12	Fork Union	53.21
18	Calkins, Stephen	11	The Potomac	53.57
19	Avery, O'Neal	10	Episcopal	53.71
20	Lowe, Max	9	Catholic Hig	53.88
21	Galgano, James	12	Collegiate	53.97
22	Gibbs, Colby	9	Trinity Epis	54.04
23	Perez, Aiden	9	Catholic Hig	54.29
24	Mayer, Benjamin	10	St. Christop	54.44
25	Fischer, Charles	11	Episcopal	55.02
26	Edgar, Devlin	12	Cape Henry C	55.25

27	Caplan, Hayden	11	Cape Henry C	55.29
28	Wood, Sam	12	St. Anne's-B	55.54
29	Gray, Cj	9	Trinity Epis	55.63

Event 9 Boys 800 Meter Run Division I (20)

	Name	Yr	School	Seed Time
1	McKnew, Michael	11	Cape Henry C	1:54.66
2	Thompson, Elijah	12	Saint John P	1:56.74
3	Green, Asher	11	St. Christop	1:57.44
4	Walsh, Malachi	12	Fork Union	1:59.61
5	Dalva-Baird, Zachary	12	The Potomac	1:59.77
6	Guzik, Finn	10	Norfolk Acad	2:00.11
7	Tragert, Owen	9	Cape Henry C	2:00.46
8	Levine, Eli	11	The Potomac	2:00.88
9	Carter, Luke	11	The Potomac	2:01.45
10	Willis, Nic	12	Fork Union	2:01.85
11	London, James	12	St. Stephen'	2:02.18
12	Thompson, Jacob	11	Saint John P	2:02.32
13	Butler, Req	9	Woodberry Fo	2:03.45
14	Spicer, Kyle	9	Collegiate	2:04.34
15	Krebs, Henry	9	St. Stephen'	2:05.83
16	Li, Aaron	9	Woodberry Fo	2:05.93
17	Noble, Matthew	12	St. Christop	2:06.20
18	Mathews, Beauford	12	St. Christop	2:06.24
19	Bouril, Andrew	9	Saint John P	2:06.51
20	Drauker, Price	10	Benedictine	2:08.44

Event 10 Boys 1600 Meter Run Division I (15)

	Name	Yr	School	Seed Time
1	Eliason, Quinn	11	St. Anne's-B	4:16.27
2	McKnew, Michael	11	Cape Henry C	4:20.44
3	Thompson, Elijah	12	Saint John P	4:23.57
4	Warui, Abraham	12	Woodberry Fo	4:25.95
5	Altschuler, Noah	12	The Potomac	4:28.02
6	Carter, Luke	11	The Potomac	4:28.42
7	Seidensticker, Joshu	11	Catholic Hig	4:29.65
8	Jones, Grayson	9	St. Christop	4:37.12
9	Colvin, Austin	12	Saint John P	4:37.97
10	Brennan, Brady	12	Saint John P	4:38.26
11	Moore, Liam	12	Collegiate	4:40.19
12	Krebs, Henry	9	St. Stephen'	4:41.54
13	Bell, Wyllly	11	Woodberry Fo	4:43.71
14	Looney, Boyd	11	Woodberry Fo	4:44.44
15	Russell, Henry	11	St. Christop	4:45.70

Event 11 Boys 3200 Meter Run Division I (18)

	Name	Yr	School	Seed Time
1	Eliason, Quinn	11	St. Anne's-B	9:24.60
2	Nguyen, Long	10	St. Christop	9:40.73
3	Waidelich, Matthew	11	Trinity Epis	9:45.68
4	Brennan, Brady	12	Saint John P	9:46.59
5	Colvin, Austin	12	Saint John P	9:57.75
6	Moser, Trip	11	The Potomac	10:08.28
7	Altschuler, Noah	12	The Potomac	10:08.40
8	Callahan, Robert	11	Fork Union	10:09.05
9	Moore, Liam	12	Collegiate	10:11.42

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Performance List****Event 11 ... (Boys 3200 Meter Run Division I (18))**

	Name	Yr	School	Seed Time
10	Eaton, David	10	Fork Union	10:14.65
11	Jay, Morgan	12	Woodberry Fo	10:16.83
12	Warui, Abraham	12	Woodberry Fo	10:16.93
13	McDonnell, Declan	12	St. Christop	10:17.11
14	Seidensticker, Joshu	11	Catholic Hig	10:22.33
15	Dobson, Louis	11	Saint John P	10:25.51
16	Coleman, Nicholas	11	Fork Union	10:25.52
17	Agrawal, Avi	11	The Potomac	10:28.64
18	Anthony, Spencer	12	Trinity Epis	10:29.15

Event 5 Boys 110 Meter Hurdles Division I (15) Prelims

	Name	Yr	School	Seed Time
1	Rivera, Carlos	12	Woodberry Fo	15.02
2	Brown, Jayden	12	St. Christop	15.06
3	Dodson, Durham	12	St. Christop	15.38
4	Olesen, Victor	11	St. Christop	15.64
5	Edwards, Terrance	12	Trinity Epis	15.79
6	Ray, Bryant	10	Fork Union	15.95
7	Spaulding, Carmelo	12	Fork Union	15.95
8	Rutter, Jack	11	St. Stephen'	16.12
9	Figaro, Tawon	11	St. Stephen'	16.61
10	Jordan-Wedderburn, Jonathan	9	The Potomac	16.82
11	Rissmiller, Cj	10	Woodberry Fo	16.94
12	Dillon, Ben	12	Catholic Hig	17.29
13	Zeron, William	11	Fork Union	18.26
14	Reid, Campbell	9	Norfolk Acad	18.53
15	Jones, Elan	12	Flint Hill S	18.87

Event 7 Boys 300 Meter Hurdles Division I (20)

	Name	Yr	School	Seed Time
1	Figaro, Tawon	11	St. Stephen'	40.26
2	Brown, Jayden	12	St. Christop	41.02
3	Spaulding, Carmelo	12	Fork Union	41.42
4	Rivera, Carlos	12	Woodberry Fo	41.51
5	Rissmiller, Cj	10	Woodberry Fo	41.84
6	Rutter, Jack	11	St. Stephen'	42.39
7	Dodson, Durham	12	St. Christop	42.41
8	Kulow, Owen	12	Norfolk Acad	42.50
9	Gunther, Samuel	12	St. Anne's-B	42.85
10	Garcia, Ethan	11	Saint John P	42.92
11	Nelson, Henry	10	St. Christop	43.03
12	Matthews, Shaun	11	Fork Union	43.36
13	Malveaux, Jake	11	Collegiate	44.71
14	Perez, Zen	9	Flint Hill S	45.38
15	Fumo-Pegues, Khoi	10	St. Stephen'	45.68
16	Johnson, Tae'Veon	11	Collegiate	45.78
17	Sutton, Kimari	11	Fork Union	45.84
18	Dillon, Ben	12	Catholic Hig	45.84
19	Brittin, Luke	12	The Potomac	45.99
20	Williams, Khae'El	10	Saint John P	46.47

Event 1 Boys 4x100 Meter Relay Division I (15)

	Team	Relay	Seed Time
1	Woodberry Fo	A	41.58

2	St. Christop	A	42.20
3	Trinity Epis	A	43.21
4	Fork Union	A	43.22
5	Episcopal	A	43.28
6	The Potomac	A	43.31
7	Saint John P	A	43.43
8	Collegiate	A	43.51
9	St. Anne's-B	A	44.27
10	Norfolk Acad	A	44.71
11	Catholic Hig	A	44.88
12	Benedictine	A	44.93
13	St. Stephen'	A	45.42
14	Cape Henry C	A	45.89
15	Flint Hill S	A	46.11

Event 2 Boys 4x400 Meter Relay Division I (13)

	Team	Relay	Seed Time
1	Saint John P	A	3:20.62
2	Woodberry Fo	A	3:21.85
3	Fork Union	A	3:23.42
4	St. Christop	A	3:23.70
5	The Potomac	A	3:29.35
6	Collegiate	A	3:31.91
7	Catholic Hig	A	3:32.10
8	St. Stephen'	A	3:33.59
9	Episcopal	A	3:34.03
10	Cape Henry C	A	3:35.30
11	Norfolk Acad	A	3:36.54
12	St. Anne's-B	A	3:37.79
13	Trinity Epis	A	3:40.44

Event 3 Boys 4x800 Meter Relay Division I (12)

	Team	Relay	Seed Time
1	Saint John P	A	8:10.57
2	Fork Union	A	8:18.33
3	St. Christop	A	8:23.33
4	Woodberry Fo	A	8:33.69
5	Trinity Epis	A	8:36.03
6	Collegiate	A	8:36.35
7	The Potomac	A	8:36.87
8	St. Stephen'	A	8:48.45
9	Norfolk Acad	A	8:59.88
10	St. Anne's-B	A	9:03.10
11	Episcopal	A	9:15.28
12	Catholic Hig	A	9:15.33

Event 13 Boys High Jump Division I (12)

	Name	Yr	School	Seed Mark
1	Warmack, Toby	12	Woodberry Fo	6-06.00
2	Foster, Bishop	12	Collegiate	6-04.00
3	Jones, Kendall	12	Flint Hill S	6-04.00
4	Anderson, Brandon	12	Collegiate	6-02.00
5	Kelly, Jack	10	St. Anne's-B	6-00.00
6	Rice, Henry	12	St. Christop	6-00.00
7	Jacobs, Riley	12	St. Stephen'	6-00.00
8	Hunter, Ford	12	St. Christop	6-00.00

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Event 13 ... (Boys High Jump Division I (12))

	Name	Yr	School	Seed Mark
9	Villegas, Minnie	11	Benedictine	6-00.00
10	Johnson, Tae'Veon	11	Collegiate	5-10.00
11	Flippo, Ryan	11	Benedictine	5-08.00
12	Rissmiller, Cj	10	Woodberry Fo	5-08.00

Event 15 Boys Pole Vault Division I (12)

	Name	Yr	School	Seed Mark
1	Olesen, Victor	11	St. Christop	17-08.50
2	Blundin, Joseph	12	Woodberry Fo	14-06.00
3	Noble, Carson	12	St. Anne's-B	13-06.00
4	Floyd, Everette	11	Woodberry Fo	13-00.00
5	Bonbright, James	11	Collegiate	13-00.00
6	Matthews, Charlie	12	Woodberry Fo	12-06.00
7	Becker, Wally	10	Collegiate	11-06.00
8	Scammell, Ryan	11	St. Christop	11-06.00
9	Smith, Jack	12	Collegiate	10-06.00
10	Guzik, Finn	10	Norfolk Acad	10-06.00
11	Repole, Alex	9	Norfolk Acad	10-00.00
12	Mayer, Benjamin	10	St. Christop	9-06.00

Event 14 Boys Long Jump Division I (14)

	Name	Yr	School	Seed Mark
1	Morrison, John	11	Woodberry Fo	23-04.00
2	Anderson, Brandon	12	Collegiate	23-01.00
3	Andrews, Kenan	12	Woodberry Fo	22-08.00
4	Diggs, Nasir	9	Collegiate	22-06.50
5	Davis, Xay	12	Collegiate	21-07.00
6	Kitonga, Jacob	11	Woodberry Fo	21-01.50
7	Berkey, Jonah	11	Saint John P	20-10.50
8	Ray, Bryant	10	Fork Union	20-10.25
9	Julias, George	11	St. Christop	20-09.00
10	Spaulding, Carmelo	12	Fork Union	20-06.75
11	Gosline, Addison	12	St. Christop	20-02.50
12	Robinson, Braylon	10	Flint Hill S	20-01.00
13	Klaye, Caleb	12	Saint John P	20-00.00
14	Rice, Henry	12	St. Christop	19-10.50

Event 17 Boys Triple Jump Division I (16)

	Name	Yr	School	Seed Mark
1	Andrews, Kenan	12	Woodberry Fo	47-07.25
2	Jacobs, Riley	12	St. Stephen'	45-07.00
3	Rice, Henry	12	St. Christop	43-10.75
4	Warmack, Toby	12	Woodberry Fo	43-10.00
5	Sangela, Sudhit	12	Woodberry Fo	43-07.50
6	Diggs, Nasir	9	Collegiate	43-02.50
7	Foster, Bishop	12	Collegiate	42-09.00
8	Spaulding, Carmelo	12	Fork Union	42-01.50
9	Davis, Xay	12	Collegiate	41-11.00
10	Robinson, Isaiah	12	Trinity Epis	41-06.25
11	Asare, Elijah	11	St. Christop	41-04.00
12	Fumo-Pegues, Khoi	10	St. Stephen'	40-08.00
13	Harris, Kj	10	Trinity Epis	39-07.00
14	Almonte, Javier	12	The Potomac	38-04.00
15	Jones, Everett	12	Flint Hill S	38-00.00

16 Olivar-Joa, Fernando 12 Catholic Hig 37-09.00

Event 16 Boys Shot Put Division I (14)

	Name	Yr	School	Seed Mark
1	Stuart, Chance	12	Norfolk Acad	59-02.00
2	Logan, Nick	12	Woodberry Fo	54-09.00
3	Cart, Walter	11	St. Christop	52-08.00
4	Boyd, Tyson	10	St. Anne's-B	51-10.00
5	Herndon, Grayson	12	St. Christop	50-06.75
6	Segneri, James	11	St. Christop	48-10.75
7	Seith, Logan	12	Cape Henry C	47-11.00
8	Clayton, DJ	12	Woodberry Fo	45-08.00
9	Nnamani, Chinuorumogu	12	Saint John P	44-11.50
10	Crowl, Nicholas	12	Collegiate	44-00.50
11	Gottselig, Bowen	10	Episcopal	42-11.25
12	Ciuffo, Costello	12	Norfolk Acad	41-11.00
13	Newton, Jalen	9	Trinity Epis	41-10.50
14	DeFrancesa, Sam	10	Trinity Epis	41-07.00

Event 12 Boys Discus Throw Division I (27)

	Name	Yr	School	Seed Mark
1	Boyd, Tyson	10	St. Anne's-B	159-10
2	Logan, Nick	12	Woodberry Fo	159-00
3	Stuart, Chance	12	Norfolk Acad	157-08
4	Seith, Logan	12	Cape Henry C	153-08
5	Cart, Walter	11	St. Christop	146-10
6	Kovac, Luke	12	Saint John P	139-06
7	Segneri, James	11	St. Christop	138-05
8	Herndon, Grayson	12	St. Christop	137-06
9	Ankley, Chris	11	Catholic Hig	134-05
10	Ciuffo, Costello	12	Norfolk Acad	133-03
11	Nnamani, Chinuorumogu	12	Saint John P	129-05
12	Rivers, Isaac	12	Collegiate	128-04
13	Gibbs, Colby	9	Trinity Epis	122-03
14	La Force, Graham	12	The Potomac	121-00
15	Barrafato, Vincent	11	Trinity Epis	120-00.50
16	Kass, Mattias	11	St. Anne's-B	119-09
17	Hammond, Noah	12	Flint Hill S	119-05
18	Byford, George	12	Collegiate	118-09
19	Jones, Elan	12	Flint Hill S	117-07
20	Jordan-Wedderburn, Jonathan	9	The Potomac	117-02.50
21	Clayton, DJ	12	Woodberry Fo	116-11
22	Williams, Justin	12	Collegiate	114-06
23	Newton, Jalen	9	Trinity Epis	113-09.75
24	Dodd, Joe	12	Norfolk Acad	113-09
25	Gray, Cameron	10	Fork Union	113-07
26	Lemma, Sonny	10	Catholic Hig	113-06
27	Dillon, Ben	12	Catholic Hig	111-08

Event 38 Boys 100 Meter Dash Division II (30) Prelims

	Name	Yr	School	Seed Time
1	Roman, Micheal	11	Blue Ridge S	10.98
2	Ross, Henry	11	Nansemond-Su	11.06
3	Stafford, Darius	12	Blue Ridge S	11.09
4	Matsinhe, Dayo	11	Blue Ridge S	11.19
5	Grubb, James	10	North Cross	11.48

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	Name	Yr	School	Seed Time
6	Petkov, Kamen	12	North Cross	11.49
7	Okoye, Izunna	12	Randolph-Mac	11.50
8	Esievo, Tega	12	Randolph-Mac	11.53
9	Saravia, Edwin	12	Eastern Menn	11.54
10	Saunders, Ant	12	Miller Schoo	11.56
11	Peebles, Khristian	11	Peninsula Ca	11.60
12	Brewley, Wesley	12	Atlantic Sho	11.64
13	Welburn, Craig	11	Immanuel Chr	11.71
14	Owens, Chandler	12	Hargrave Mil	11.72
15	Eno, Thomas	11	Broadwater A	11.73
16	Headley, Dre	11	The Covenant	11.75
17	Caesar, Nate	9	Fredericksbu	11.79
18	Wynn, Jaylen	12	Peninsula Ca	11.80
19	Keeling, David	12	Miller Schoo	11.81
20	Walkes, Amari	10	Virginia Epi	11.86
21	Garrett, Kyle	9	Nansemond-Su	11.86
22	Brophy, James	12	New Covenant	11.87
23	Showalter, Mason	7	Eastern Menn	11.89
24	Moultrie, Joshua	10	Fredericksbu	11.92
25	Qin, Jiale	11	North Cross	11.93
26	Gatling, Mark	12	Guardian Chr	11.94
27	Crawford, Cornelius	12	Denbigh Bapt	11.96
28	Nwafor, Chima	10	Stonebridge	11.96
29	Baker, Liam	12	Peninsula Ca	11.97
30	Williams, Tres	11	Nansemond-Su	12.00

Event 40 Boys 200 Meter Dash Division II (16)

	Name	Yr	School	Seed Time
1	Cruz, Yariel	11	Blue Ridge S	22.23
2	Roman, Micheal	11	Blue Ridge S	22.33
3	Ross, Henry	11	Nansemond-Su	22.45
4	Petkov, Kamen	12	North Cross	22.66
5	Grubb, James	10	North Cross	22.90
6	Saravia, Edwin	12	Eastern Menn	23.42
7	Okoye, Izunna	12	Randolph-Mac	23.64
8	Vitale, Landon	11	Virginia Epi	23.69
9	Welburn, Craig	11	Immanuel Chr	23.70
10	Walkes, Amari	10	Virginia Epi	23.72
11	Headley, Dre	11	The Covenant	23.72
12	Boucher, Aidan	12	Roanoke Cath	23.74
13	Stafford, Darius	12	Blue Ridge S	23.79
14	Ferguson, Tremain	12	Christ Chape	23.80
15	Kuker, Matthias	11	Trinity Scho	23.96
16	Esievo, Tega	12	Randolph-Mac	24.00

Event 42 Boys 400 Meter Dash Division II (21)

	Name	Yr	School	Seed Time
1	Yoder, Anthony	9	Randolph-Mac	52.35
2	Peebles, Khristian	11	Peninsula Ca	52.81
3	Monrabal, Lucas	10	Blue Ridge S	53.04
4	Martin, Zion	10	Virginia Epi	53.22
5	Johnson, Jacob	12	North Cross	53.49
6	Kuker, Matthias	11	Trinity Scho	53.95
7	McElduff, Nate	12	Veritas Scho	54.02

8	Easter, Braxton	10	Immanuel Chr	54.08
9	Yeshtokin, Isaac	11	Hampton Road	54.08
10	Gatling, Mark	12	Guardian Chr	54.26
11	Simon, Gabriel	11	Tandem Frien	54.27
12	Ferguson, Tremain	12	Christ Chape	54.39
13	Rhodes, Jase	11	North Cross	54.54
14	Budakovic, Mateo	11	Blue Ridge S	54.71
15	Hughes, Parker	12	Miller Schoo	54.84
16	Krepps, Joshua	12	Denbigh Bapt	54.93
17	Showalter, Mason	7	Eastern Menn	55.24
18	Kwitchoff, Jeremy	10	Trinity Chri	55.28
19	Beach, Gage	11	Hampton Road	55.49
20	Butler, John	12	Isle of Wigh	55.50
21	Heinz, Asher	9	Tandem Frien	55.58

Event 43 Boys 800 Meter Run Division II (19)

	Name	Yr	School	Seed Time
1	Dovgalyuk, Calvin	12	Trinity Chri	1:56.48
2	Moscoso, Christopher	12	Trinity Chri	1:56.55
3	Lawrence, Jon Nathan	11	The Covenant	1:57.19
4	Robinson, Andrew	12	Walsingham A	1:59.68
5	Sneary, Jedrek	12	Eastern Menn	2:00.05
6	Jang, Ian	10	Trinity Chri	2:01.36
7	Streeter, Hayden	12	Greenbrier C	2:03.82
8	Wang, Lucas	12	Virginia Epi	2:04.52
9	Beach, Gage	11	Hampton Road	2:04.76
10	Sauvager, Cole	12	Randolph-Mac	2:08.01
11	Larson, Dietrich	12	Miller Schoo	2:08.18
12	Anderson, Harry	12	North Cross	2:08.86
13	Lawrence, Joshua	9	The Covenant	2:08.96
14	Rhodes, Adam	12	Eastern Menn	2:09.31
15	Seckman, Michael	10	New Covenant	2:09.70
16	Bixler, Calvin	12	Eastern Menn	2:09.79
17	Milligan, Taj	10	Hampton Chri	2:10.30
18	Krepps, Joshua	12	Denbigh Bapt	2:10.66
19	Joyner, Jayce	12	Isle of Wigh	2:10.88

Event 44 Boys 1600 Meter Run Division II (15)

	Name	Yr	School	Seed Time
1	Lawrence, Jon Nathan	11	The Covenant	4:15.64
2	Moscoso, Christopher	12	Trinity Chri	4:24.71
3	Robinson, Andrew	12	Walsingham A	4:26.61
4	Dovgalyuk, Calvin	12	Trinity Chri	4:27.74
5	Britton, Spencer	10	North Cross	4:28.05
6	Buppert, Hayes	10	Tandem Frien	4:29.16
7	Jang, Ian	10	Trinity Chri	4:30.20
8	Lawrence, Joshua	9	The Covenant	4:33.99
9	Chaney, Finton	10	North Cross	4:35.87
10	Sherrard, Jack	12	Veritas Scho	4:36.88
11	Fisher, Lennon	11	Immanuel Chr	4:37.44
12	Wang, Lucas	12	Virginia Epi	4:38.30
13	Austin, Bryce	9	North Cross	4:38.68
14	Griffith, Miles	10	Tandem Frien	4:45.23
15	O'Flynn, Aidan	11	Veritas Scho	4:45.94

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Performance List**Event 45 Boys 3200 Meter Run Division II (19)**

	Name	Yr	School	Seed Time
1	Buppert, Hayes	10	Tandem Frien	9:43.66
2	Dovgalyuk, Calvin	12	Trinity Chri	9:49.18
3	Britton, Spencer	10	North Cross	9:51.31
4	Blemker, Jack	11	Tandem Frien	9:51.60
5	O'Flynn, Aidan	11	Veritas Scho	9:53.36
6	Moscoso, Christopher	12	Trinity Chri	9:58.75
7	Fisher, Lennon	11	Immanuel Chr	10:05.10
8	Lineweaver, Price	11	The Covenant	10:09.86
9	Chaney, Finton	10	North Cross	10:11.28
10	Crestetto, Jared	12	Trinity Chri	10:19.27
11	Austin, Bryce	9	North Cross	10:26.10
12	Fulcher, Colten	11	Hampton Road	10:27.23
13	Castaneda, Daniel	9	Eastern Menn	10:29.58
14	O'Hallarn, Gene	11	Walsingham A	10:38.96
15	DeMato, Michael	10	Randolph-Mac	10:42.33
16	Estes, Kaleb	10	The Covenant	10:44.89
17	Trotter, Martin	10	Eastern Menn	10:55.37
18	Day, Ryan	10	Immanuel Chr	10:57.50
19	Graham, Jake	12	Randolph-Mac	11:01.66

Event 39 Boys 110 Meter Hurdles Division II (14) Prelims

	Name	Yr	School	Seed Time
1	Lemcke, Cohen	11	Blue Ridge S	15.93
2	O'Herron, Sean	11	Roanoke Cath	16.13
3	Buford, Graham	11	Blue Ridge S	16.22
4	Thomas, Jamal	11	Nansemond-Su	16.29
5	Cayaso, Zyir	11	Blue Ridge S	16.82
6	Dunmyer, Antwan	12	Immanuel Chr	17.07
7	Williams, Josh	11	Trinity Chri	18.07
8	Guardo, Edward	9	Immanuel Chr	18.29
9	Countiss, Brady	11	Greenbrier C	19.34
10	Gilliatt, Madden	10	Nansemond-Su	19.59
11	Yutzy, Joseph	12	Eastern Menn	19.60
12	Eno, Thomas	11	Broadwater A	19.64
13	Hoelz, Jacob	12	Immanuel Chr	19.89
14	Starkey, Grant	9	Nansemond-Su	19.90

Event 41 Boys 300 Meter Hurdles Division II (16)

	Name	Yr	School	Seed Time
1	O'Herron, Sean	11	Roanoke Cath	40.99
2	Lemcke, Cohen	11	Blue Ridge S	42.29
3	Cayaso, Zyir	11	Blue Ridge S	42.34
4	Dunmyer, Antwan	12	Immanuel Chr	44.11
5	Nahon, Elliot	12	Blue Ridge S	45.38
6	Aaron, Rhodes	10	Roanoke Cath	45.71
7	Thomas, Jamal	11	Nansemond-Su	46.18
8	Mornan, Caleb	11	Immanuel Chr	46.46
9	Yutzy, Joseph	12	Eastern Menn	47.03
10	Howell, Luke	12	Fredericksbu	47.45
11	Teti, Nathan	11	Norfolk Chri	47.52
12	Brueseke, Boden	12	Stonebridge	47.55
13	Eno, Thomas	11	Broadwater A	48.12
14	Hoelz, Jacob	12	Immanuel Chr	48.47

15	Deloye, Philip	8	Trinity Scho	48.60
16	Starkey, Grant	9	Nansemond-Su	48.98

Event 35 Boys 4x100 Meter Relay Division II (19)

	Team	Relay	Seed Time
1	Blue Ridge S	A	42.32
2	North Cross	A	44.43
3	Nansemond-Su	A	45.39
4	Virginia Epi	A	45.49
5	Randolph-Mac	A	45.56
6	Fredericksbu	A	45.58
7	Miller Schoo	A	46.05
8	Atlantic Sho	A	46.07
9	Eastern Menn	A	46.88
10	Immanuel Chr	A	46.89
11	Hampton Road	A	47.61
12	New Covenant	A	47.92
13	Isle of Wigh	A	47.93
14	Trinity Chri	A	48.03
15	Tandem Frien	A	48.46
16	Hargrave Mil	A	48.69
17	Greenbrier C	A	49.12
18	The New Comm	A	49.29
19	Hampton Chri	A	49.41

Event 36 Boys 4x400 Meter Relay Division II (23)

	Team	Relay	Seed Time
1	Eastern Menn	A	3:38.27
2	Blue Ridge S	A	3:38.75
3	Peninsula Ca	A	3:42.61
4	Tandem Frien	A	3:44.05
5	Fredericksbu	A	3:44.37
6	Roanoke Cath	A	3:44.41
7	North Cross	A	3:44.67
8	Trinity Chri	A	3:44.68
9	Virginia Epi	A	3:45.09
10	Veritas Scho	A	3:45.89
11	Randolph-Mac	A	3:47.84
12	Walsingham A	A	3:48.42
13	Hampton Road	A	3:49.62
14	Isle of Wigh	A	3:51.06
15	Immanuel Chr	A	3:53.12
16	The Covenant	A	3:55.62
17	Miller Schoo	A	3:58.50
18	New Covenant	A	3:58.52
19	Trinity Scho	A	4:00.12
20	Greenbrier C	A	4:02.02
21	Stonebridge	A	4:03.73
22	Nansemond-Su	A	4:04.95
23	Banner Chris	A	4:05.59

Event 37 Boys 4x800 Meter Relay Division II (17)

	Team	Relay	Seed Time
1	Eastern Menn	A	8:32.70
2	Trinity Chri	A	8:39.88
3	Immanuel Chr	A	8:55.63

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Performance List****Event 37 ... (Boys 4x800 Meter Relay Division II (17))**

	Team	Relay	Seed Time
4	Tandem Frien	A	8:59.80
5	North Cross	A	9:00.82
6	Hampton Road	A	9:07.49
7	The Covenant	A	9:07.87
8	Blue Ridge S	A	9:08.79
9	Walsingham A	A	9:08.95
10	Randolph-Mac	A	9:30.64
11	Fredericksbu	A	9:30.90
12	Stonebridge	A	9:38.84
13	Isle of Wigh	A	9:55.73
14	Banner Chris	A	9:56.80
15	Roanoke Cath	A	10:03.52
16	Peninsula Ca	A	10:07.67
17	Greenbrier C	A	10:22.11

Event 47 Boys High Jump Division II (24)

	Name	Yr	School	Seed Mark
1	Hairston, Jordan	12	Miller Schoo	6-04.00
2	O'Herron, Sean	11	Roanoke Cath	6-02.00
3	Esievo, Tega	12	Randolph-Mac	6-02.00
4	Mancine, William	10	Hargrave Mil	6-00.00
5	Hart, Ja'ziel	11	North Cross	6-00.00
6	Thomas, Jamal	11	Nansemond-Su	5-10.00
7	Hines, Jesiah	9	North Cross	5-10.00
8	Martin, Zion	10	Virginia Epi	5-10.00
9	Buford, Graham	11	Blue Ridge S	5-10.00
10	Guardo, Edward	9	Immanuel Chr	5-10.00
11	Kirabo, Nolan	10	Randolph-Mac	5-08.00
12	Mishler, Mason	10	Walsingham A	5-08.00
13	Brewley, Wesley	12	Atlantic Sho	5-08.00
14	Wynn, Jaylen	12	Peninsula Ca	5-08.00
15	Whittington, K j	9	Walsingham A	5-06.00
16	Yancey, William	9	Trinity Chri	5-06.00
17	Rhodes, Jase	11	North Cross	5-06.00
18	Hinshelwood, Owen	11	Stonebridge	5-06.00
19	Jones, Taj	9	Virginia Epi	5-06.00
20	Gilliatt, Madden	10	Nansemond-Su	5-06.00
21	Clayton, Reid	12	Walsingham A	5-04.00
22	Carlson, Aaron	10	Hampton Road	5-04.00
23	LaRocco, Rocson	12	Hampton Road	5-04.00
24	Mornan, Caleb	11	Immanuel Chr	5-04.00

Event 49 Boys Pole Vault Division II (6)

	Name	Yr	School	Seed Mark
1	Omura, Aito	11	Blue Ridge S	12-00.00
2	McWhorter, Jackson	12	Blue Ridge S	11-06.00
3	Eno, Thomas	11	Broadwater A	10-06.00
4	Mishler, Mason	10	Walsingham A	9-06.00
5	Lee, Beau	11	Roanoke Cath	9-06.00
6	Schulze, Johann	10	Blue Ridge S	8-06.00

Event 48 Boys Long Jump Division II (24)

	Name	Yr	School	Seed Mark
1	Daviu, Pedro	11	Blue Ridge S	22-00.50

2	Brewley, Wesley	12	Atlantic Sho	22-00.00
3	Thomas, Jamal	11	Nansemond-Su	21-10.00
4	Rhodes, Jase	11	North Cross	21-07.25
5	O'Herron, Sean	11	Roanoke Cath	21-06.50
6	Hunter, D'Myo	12	Blue Ridge S	21-00.50
7	Stafford, Darius	12	Blue Ridge S	20-05.00
8	Ross, Henry	11	Nansemond-Su	20-05.00
9	Hairston, Jordan	12	Miller Schoo	20-03.00
10	Peachey, Philip	10	Eastern Menn	19-07.00
11	Barnes, Brandon	12	Christ Chape	19-04.00
12	Carlson, Aaron	10	Hampton Road	19-04.00
13	Kayeye, David	12	Randolph-Mac	19-01.00
14	Mitchell, Sebastian	8	Nansemond-Su	19-01.00
15	Bonds, Nate	12	North Cross	19-00.00
16	Mancine, William	10	Hargrave Mil	18-10.50
17	Aaron, Rhodes	10	Roanoke Cath	18-10.00
18	Mornan, Caleb	11	Immanuel Chr	18-10.00
19	Edmunds, Dexter	12	Atlantic Sho	18-09.00
20	Hinshelwood, Owen	11	Stonebridge	18-08.00
21	Cato, Isaiah	12	Fredericksbu	18-07.75
22	Landes, Cooper	11	Eastern Menn	18-07.50
23	Johnson, Jacob	12	North Cross	18-06.75
24	Saravia, Edwin	12	Eastern Menn	18-06.75

Event 51 Boys Triple Jump Division II (23)

	Name	Yr	School	Seed Mark
1	Daviu, Pedro	11	Blue Ridge S	46-11.00
2	Rhodes, Jase	11	North Cross	45-06.00
3	Thomas, Jamal	11	Nansemond-Su	44-04.00
4	Brewley, Wesley	12	Atlantic Sho	44-00.00
5	O'Herron, Sean	11	Roanoke Cath	43-05.50
6	Hunter, D'Myo	12	Blue Ridge S	39-07.50
7	Williams, Josh	11	Trinity Chri	39-01.50
8	Peebles, Khristian	11	Peninsula Ca	39-00.00
9	Caesar, Noah	12	Fredericksbu	38-10.00
10	Carlson, Aaron	10	Hampton Road	38-08.00
11	Nwafor, Chima	10	Stonebridge	38-05.00
12	Edmunds, Dexter	12	Atlantic Sho	38-03.00
13	Landes, Cooper	11	Eastern Menn	38-02.00
14	Townes, Donovan	9	Blue Ridge S	37-00.50
15	Tapere, Isaiah	12	Randolph-Mac	36-06.50
16	May, Noah	9	Eastern Menn	36-05.00
17	Deloye, Philip	8	Trinity Scho	36-04.75
18	Kayeye, David	12	Randolph-Mac	36-03.75
19	Clark, Joseph	9	Fredericksbu	36-02.25
20	Ogunbiyia, Jomi	12	Randolph-Mac	35-07.00
21	Taylor, James	10	Immanuel Chr	35-07.00
22	Hinshelwood, Owen	11	Stonebridge	35-04.00
23	Howell, Luke	12	Fredericksbu	35-03.00

Event 50 Boys Shot Put Division II (19)

	Name	Yr	School	Seed Mark
1	Sone, Valdín	11	Blue Ridge S	53-06.50
2	Hayes, Nathan	11	North Cross	45-01.25
3	Ye, Steven	10	Broadwater A	43-11.00
4	Frogner, Sander	12	North Cross	43-10.50

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Performance List****Event 50 ...(Boys Shot Put Division II (19))**

	Name	Yr	School	Seed Mark
5	Bonds, Nate	12	North Cross	43-06.50
6	Qin, Leon	12	Hargrave Mil	42-01.00
7	Abdella, Owen	12	Miller Schoo	42-00.00
8	Brown, Xavier	12	Fredericksbu	41-07.00
9	Ross, Henry	11	Nansemond-Su	41-03.00
10	Ponzar, Maden	11	Immanuel Chr	40-00.00
11	Stevens, Linkin	9	Blue Ridge S	40-00.00
12	Jones, James	11	Hampton Road	39-09.00
13	Arnold, Logan	11	Broadwater A	39-09.00
14	James, Matthew	11	Blue Ridge S	39-08.00
15	Nichols, Marshall	11	Eastern Menn	39-03.00
16	Miller, Malachi	12	Trinity Chri	39-01.00
17	Warrick, Kaleb	12	Norfolk Chri	38-08.00
18	Weber, Judah	10	New Covenant	38-03.00
19	Vitale, Landon	11	Virginia Epi	38-01.00

Event 46 Boys Discus Throw Division II (34)

	Name	Yr	School	Seed Mark
1	Ye, Steven	10	Broadwater A	139-01
2	Stevens, Linkin	9	Blue Ridge S	134-02
3	Qin, Leon	12	Hargrave Mil	133-04
4	Arnold, Logan	11	Broadwater A	132-11
5	Bonds, Nate	12	North Cross	131-11
6	Nichols, Marshall	11	Eastern Menn	126-07
7	Hitchings, Ian	12	Greenbrier C	122-09
8	Ponzar, Maden	11	Immanuel Chr	122-04.50
9	Alobele, Matthew	12	Greenbrier C	118-00
10	Hayes, Nathan	11	North Cross	117-07
11	Hayes, Devin	12	Walsingham A	115-07
12	Lee, Beau	11	Roanoke Cath	111-09
13	Lacy, Jeremiah	12	Stonebridge	111-00
14	Bradshaw, Carter	12	Stonebridge	110-02
15	Brown, Xavier	12	Fredericksbu	108-11
16	Abdella, Owen	12	Miller Schoo	108-10
17	Way, Ronan	12	Randolph-Mac	106-11
18	Eloi-Smith, Kearyn	12	Randolph-Mac	105-03
19	Singh, Naveen	12	Randolph-Mac	104-07
20	Jones, James	11	Hampton Road	103-08
21	Gillott, Paiton	11	Nansemond-Su	103-07
22	Vitale, Landon	11	Virginia Epi	102-05
23	Igiraneze, Helva	11	Blue Ridge S	101-07
24	Warrick, Kaleb	12	Norfolk Chri	101-05
25	Saravia, Edwin	12	Eastern Menn	100-10
26	Miller, Malachi	12	Trinity Chri	100-01
27	Weber, Judah	10	New Covenant	100-00
28	Baker, Porter	9	Walsingham A	99-09
29	Nassabi, Alex	12	Walsingham A	99-08
30	Simmons, Noah	12	Fredericksbu	97-01
31	Barger, Reese	12	Roanoke Cath	97-00
32	Moultrie, Joshua	10	Fredericksbu	96-07
33	Tisdale, Tyler	10	Atlantic Sho	96-06
34	Douglass, Sean	12	Roanoke Cath	95-00