

VISAA Track & Field Championship - 2/12/2026
Virginia Beach Sports Center
Meet Program - Running Events

Event 22 Girls 55 Meter Hurdles Division I (18)**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Meet Record: 8.21 2011 Shantell Bingham

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Aoki, Bryn	12	Saint Cather	10.56
3	Santoro, Siena	11	Bishop Ireto	10.36
4	Scott, Adaline	12	Norfolk Acad	8.81
5	Torrence, Carter	11	Saint Cather	9.91
6	Kuehnle, Teagan	11	Saint Cather	10.55
7	Sindler, Tatum	10	St. Stephen'	10.96
Heat 2 of 3 Prelims				
2	Lianos, Sophia	11	Bishop O'Con	10.58
3	Camacho, Arianna	10	Bishop O'Con	10.38
4	Kulow, Taylor	11	Norfolk Acad	9.08
5	Figaro, Taliyah	11	St. Stephen'	9.76
6	Lartey, Nadia	10	Trinity Epis	10.54
7	Barton, Sofia	10	Saint John P	10.86
Heat 3 of 3 Prelims				
2	Antunez Martinez, Jimena	11	Episcopal	10.67
3	Cotman, Morgan	11	Collegiate	10.47
4	Wintsch, Layla	12	Trinity Epis	9.34
5	Flynn, Zemma	10	St. Stephen'	9.60
6	Cosenza, Ashley	12	Paul VI Cath	10.50
7	Rafaels, Grace	12	Bishop Ireto	10.69

Event 56 Girls 55 Meter Hurdles Division II (15)**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Mazur, Reese	10	Nansemond-Su	11.30
2	Pittman, Kendall	8	Nansemond-Su	10.91
3	Shore, Abigail	12	Immanuel Chr	10.47
4	Smith, Karly	12	Roanoke Cath	9.48
5	Hellewell, Charlotte	11	Virginia Epi	10.31
6	Cherkaoui, Meriam	10	Walsingham A	10.81
7	Stemple, Kailey	12	Trinity Chri	11.21
Heat 2 of 2 Prelims				
1	Yates, Elizabeth	12	Peninsula Ca	11.47
2	Davis, Reagan	11	Virginia Epi	11.04
3	Akintide, Aderinsola	11	Trinity Chri	10.48
4	Schultz, Brooklyn	9	Walsingham A	9.88
5	Van Raaphorst, Lexi	11	Trinity Chri	9.99
6	Gilbert, McKenzie	12	Nansemond-Su	10.60
7	Walrond, Olivia	12	Stonebridge	11.18
8	Enfield, Holland	9	Stonebridge	11.54

Event 5 Boys 55 Meter Hurdles Division I (18)**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Meet Record: 7.54 2020 Jayden Smith

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Robinson, Austin	11	St. Christop	9.32
3	Rutter, Jack	12	St. Stephen'	8.77
4	Ray, Bryant	11	Fork Union	8.01
5	Neuner, Rhodes	12	Collegiate	8.68
6	Fumo-Pegues, Khoi	11	St. Stephen'	9.29
7	Ndze, Munjum	10	Fork Union	9.69
Heat 2 of 3 Prelims				
2	Tillman, Preston	10	Collegiate	9.41
3	Floyd, Everette	12	Woodberry Fo	8.91
4	Olesen, Victor	12	St. Christop	8.09
5	Figaro, Tawon	12	St. Stephen'	8.44
6	Washington, Reece	12	Paul VI Cath	9.15
7	Lewis, Alex	9	Norfolk Acad	9.66
Heat 3 of 3 Prelims				
2	Perez, Zen	10	Flint Hill S	9.46
3	Reid, Campbell	10	Norfolk Acad	8.98
4	Nelson, Henry	11	St. Christop	8.21
5	Lewis, Essentino	10	Episcopal	8.23
6	Pochick, Caden	12	Paul VI Cath	8.99
7	Bonbright, James	12	Collegiate	9.47

Event 21 Girls 55 Meter Dash Division I (21)**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Meet Record: 7.12 2011 Shantell Bingham

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Johnson, Tabitha	10	Trinity Epis	7.83
2	Kouami, Kathia	10	Paul VI Cath	7.61
3	Griswold, Ally	12	The Potomac	7.41
4	Versen, Lucy	12	Trinity Epis	7.23
5	Gosline, Avery	10	Saint Cather	7.38
6	Martinez, Kyria	12	St. Gertrude	7.61
7	Schneider, Ella	11	St. Stephen'	7.81
Heat 2 of 3 Prelims				
1	Grant, Haley	9	St. Stephen'	7.83
2	Nelson, Ashlyn	11	Trinity Epis	7.62
3	Johnson, Makaela	11	Saint Cather	7.44
4	Levine, Sydney	10	The Potomac	7.27
5	Barabanov, Rose	11	The Potomac	7.36
6	Smith, Imani	11	Catholic Hig	7.55
7	Bullock, Tranise	10	Flint Hill S	7.78
Heat 3 of 3 Prelims				
1	Simmons, Hunter	8	Norfolk Acad	7.85
2	Helesti, Natalia	9	Oakcrest Sch	7.66
3	Scott, Adaline	12	Norfolk Acad	7.48
4	Hughes, Madison	12	St. Stephen'	7.27
5	Branch, Kinnady	11	Saint Cather	7.29
6	Obasi, Eberechi	10	Saint John P	7.51
7	Wood, Stella	10	Catholic Hig	7.77

VISAA Track & Field Championship - 2/12/2026
Virginia Beach Sports Center
Meet Program - Running Events

Event 55 Girls 55 Meter Dash Division II (23)**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Gilbert, McKenzie	12	Nansemond-Su	8.12
2	Hammond, Miranda	10	Nansemond-Su	7.99
3	Thombs, Gabrielle	8	Guardian Chr	7.90
4	Holland, Courtnee	11	Virginia Epi	7.57
5	Rogers, Annabel	10	Isle of Wigh	7.85
6	Way, Isabelle	10	Atlantic Sho	7.98
7	Hobson, Iva	11	Peninsula Ca	8.07
Heat 2 of 3 Prelims				
1	Cannon, Taniya	10	Stonebridge	8.13
2	Gebara, Jasmine	12	Atlantic Sho	8.00
3	Monnoyer, Cailynn	10	Hampton Road	7.92
4	Nguyen, Kaitlynn	11	Peninsula Ca	7.62
5	Ofole, Zara	10	Stonebridge	7.84
6	Williams, Baylee	11	Norfolk Chri	7.97
7	Bess, Maddisen	12	Immanuel Chr	8.06
8	Jervey, Brynn	8	Norfolk Chri	8.18
Heat 3 of 3 Prelims				
1	Houlihan, Cailin	10	Peninsula Ca	8.15
2	Edwards, Jamariah	11	Roanoke Cath	8.02
3	Fellner, Kaiya	11	Norfolk Chri	7.93
4	Ofole, Chiamaka	12	Stonebridge	7.70
5	Johnson, Faith	10	North Cross	7.73
6	Oyofe, Zibah	9	Trinity Chri	7.95
7	Schultz, Brooklyn	9	Walsingham A	8.03
8	Dimperio, Julianna	11	Nansemond-Su	8.17

Event 4 Boys 55 Meter Dash Division I (16)**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Meet Record: 6.35 2020 Malcolm Johnson Jr.

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Lovell, Will	10	Norfolk Acad	6.71
2	Johnson, Jaerron	11	St. Christop	6.66
3	Asare, Elisha	12	St. Christop	6.56
4	Morrison, John	12	Woodberry Fo	6.39
5	Johnson, Keyon	12	Paul VI Cath	6.55
6	Tidwell, Justin	11	St. Christop	6.64
7	Furgurson, Brycen	11	Trinity Epis	6.70
8	Jefferson, Preston	9	Norfolk Acad	6.75
Heat 2 of 2 Prelims				
1	Babin, Levi	11	Episcopal	6.72
2	Robertson, Timothy	9	Bishop O'Con	6.67
3	Diggs, Nasir	10	Collegiate	6.62
4	Allen, Zion	11	Episcopal	6.53
5	Colcombe, Cooper	10	Paul VI Cath	6.55
6	Jordan-Wedderburn, Jonathan	10	The Potomac	6.63
7	Gnandt, Nicholas	10	Catholic Hig	6.70
8	Strother, Julius	11	Woodberry Fo	6.74

Event 38 Boys 55 Meter Dash Division II (22)**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Robinson, Kanari	11	Tandem Frien	7.22
2	Dignan, Conner	11	Isle of Wigh	7.08
3	Peebles, Khristian	12	Peninsula Ca	6.94
4	Griffin, Josh	11	Virginia Epi	6.60
5	Thomas, Jamal	12	Nansemond-Su	6.93
6	Nwafor, Chima	11	Stonebridge	7.03
7	Collins, Ty	11	Blue Ridge S	7.21
Heat 2 of 3 Prelims				
1	Nunez, Alessio	9	North Cross	7.22
2	Souders, Adam	9	Isle of Wigh	7.16
3	Perry, Marshall	11	Walsingham A	6.97
4	Matsinhe, Dayo	12	Blue Ridge S	6.71
5	Dinh, Maxwell	12	Atlantic Sho	6.82
6	Hayden, Jack	9	Nansemond-Su	7.02
7	Parker, Chris	12	Veritas Scho	7.18
Heat 3 of 3 Prelims				
1	Sims, Kai	11	Hampton Road	7.23
2	Daniels, Michael	9	Isle of Wigh	7.17
3	Showalter, Mason	11	Eastern Menn	6.99
4	Cruz, Yariel	12	Blue Ridge S	6.82
5	Brown, Demarcus	11	North Cross	6.82
6	Grubb, James	11	North Cross	6.99
7	Husband, Vince	11	Hampton Road	7.18
8	Vitale, Landon	12	Virginia Epi	7.25

VISAA Track & Field Championship - 2/12/2026**Virginia Beach Sports Center****Meet Program - Running Events****Event 20 Girls 4x800 Meter Relay Division I (13)****Meet Record: 9:44.46 2007 Paul VI****Bridges, Clement, Kew, McDonald**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	St. Stephen'	A	10:11.54
	1) Gibian, Avery 10	2) Rouse, Ali 12	
	3) Wanamaker, Sydney 11	4) Wainstein, Natalie 10	
2	Collegiate	A	10:12.19
	1) Beville, Claire 8	2) Boyd, Maggie 9	
	3) Haske, Amelia 9	4) Boyer, Macy 12	
3	Saint Cather	A	10:12.42
	1) Burnette, Campbell 10	2) Bayler, Annabel 12	
	3) Huffman, Ruthie 11	4) Clemons, Piper 10	
4	Saint John P	A	10:16.30
	1) Dake, Margaret 12	2) Marcy, Elizabeth 10	
	3) Barton, Victoria 9	4) Meekins, Abaigael 12	
5	Paul VI Cath	A	10:17.52
	1) Fitzgibbon, Elise 10	2) Pugsley, Jenna 12	
	3) Rakowitz, Chloe 12	4) Slowe, Eleanor 9	
6	Episcopal	A	10:25.39
	1) Gibbins, Grey 12	2) Navitsky, Lydia 11	
	3) Radi, Lina 11	4) Hodges, Margaret 11	
7	The Potomac	A	10:31.88
	1) Widor, Elizabeth 10	2) Kirsch, Talia 9	
	3) Gupta, Anaya 10	4) Ambrose, Brooke 12	
8	Bishop O'Con	A	10:41.01
	1) Musolino, Caitlin 12	2) Soruco, Camila 10	
	3) Sullivan, Lena 10	4) Rodriguez, Isabelle 11	
9	Catholic Hig	A	10:42.94
	1) Ogden, Teagan 10	2) Gardner, Rae 9	
	3) O'Connor, Macy 9	4) Ankley, Sara 12	
10	Norfolk Acad	A	10:44.28
	1) Fine, Kate 11	2) Hires, Lola 11	
	3) Sheppard, Claire 9	4) Trembath, Marybelle 9	
11	Bishop Ireto	A	10:57.35
	1) Larose, Sophia 10	2) Kaleta, Reagan 12	
	3) Simoes, Ellie 12	4) Ciatti, Angela 10	
12	Trinity Epis	A	10:59.38
	1) Copeland, Madeline 9	2) Waidelich, Mary 10	
	3) Perkinson, Reagan 11	4) Heston, Molly 12	
13	Oakcrest Sch	A	10:59.56
	1) Cahill, Kate 12	2) Morrison, Olivia 9	
	3) Stuhldreher, Rosemary 11	4) Millard, Claire 12	

Event 54 Girls 4x800 Meter Relay Division II (7)

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Stonebridge	A	10:25.14
	1) Anderson, Faith 9	2) Campbell, Riya 12	
	3) Nunziata, Josie 11	4) Frost, Eve 12	
2	Cape Henry C	A	10:42.59
	1) Cajulis, Maia 10	2) Karsanac, Ava 9	
	3) Doron, Lauren 10	4) Barley, Brynn 11	
3	North Cross	A	10:54.80
	1) Cocowitch, Claire 8	2) Kemper, Rowen 8	
	3) Myles, Ainsley 11	4) Phillips, Lillian 9	
4	Trinity Chri	A	10:57.61
	1) Chronister, Anna 10	2) Borowski, Madeline 8	
	3) Bailey, Anna 10	4) Mattox, Loralai 12	
5	Walsingham A	A	11:05.21
	1) Blinn, Kate 11	2) Pei, Helia 11	
	3) Sutingco, Amelie 9	4) Freeman, Remington 10	
6	Veritas Scho	A	11:25.38
	1) Lanphear, Jenna 12	2) Lanphear, Lauren 12	
	3) Thompson, Hannah 11	4) VonCanon, Violet 12	
7	Immanuel Chr	A	11:34.32
	1) Taliaferro, Isabel 10	2) Taylor, Grace 11	
	3) Fortier, Faith 10	4) Fortier, Grace 12	

VISAA Track & Field Championship - 2/12/2026**Virginia Beach Sports Center****Meet Program - Running Events****Event 3 Boys 4x800 Meter Relay Division I (11)**

Meet Record: 8:11.20 2015		St. Christopher's	
Constable - Cuevas - Menges - Moore			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	St. Christop	A	8:11.18
	1) Green, Asher 12	2) Russell, Henry 12	
	3) Nguyen, Long 11	4) Jones, Grayson 10	
2	Bishop O'Con	A	8:16.99
	1) Brefczynski, Landon 9	2) Street, Ryan 12	
	3) Jayme, Lance 12	4) O'Donnell, Johnny 11	
3	Saint John P	A	8:27.31
	1) Bouril, Andrew 10	2) Derege, Beimnet 12	
	3) Everson, Alexander 12	4) Thompson, Jacob 12	
4	Woodberry Fo	A	8:35.65
	1) Butler, Req 10	2) Kniseley, Apollo 10	
	3) Li, Aaron 10	4) Looney, Boyd 12	
5	Cape Henry C	A	8:40.16
	1) Lane, Keaton 9	2) McGuigan, Matthew 11	
	3) Baquero, Braiden 9	4) Tragert, Owen 10	
6	St. Stephen'	A	8:46.96
	1) Riedy, Liam 10	2) Evelyn, Cole 9	
	3) Pencek, Connor 10	4) Sclurba, Nathan 11	
7	Collegiate	A	8:49.07
	1) Lewis, Reade 11	2) Porter, Jack 11	
	3) Sutherland, Preston 11	4) Gallahan, Thomas 12	
8	Catholic Hig	A	8:53.90
	1) Ankley, Michael 12	2) Villasis, Alex 12	
	3) Eason, Brandon 12	4) Seidensticker, Joshua 12	
9	Fork Union	A	8:54.56
	1) Brubaker, James 12	2) Escobar, Christian 11	
	3) Coleman, Nicholas 12	4) Knowlton, Austin 10	
10	Bishop Ireto	A	9:08.18
	1) Carter, Joseph 10	2) Mundarain, Nicholas 9	
	3) Taft, Will 11	4) Day, Jason 11	
11	Paul VI Cath	A	9:19.54
	1) Sajjad, Aarsal 12	2) Serngadichaivit, Ryan 10	
	3) Sumner, Alex 11	4) Reinhard, Ben 11	

Event 37 Boys 4x800 Meter Relay Division II (11)

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Trinity Chri	A	9:18.37
	1) Kwitchoff, Jeremy 11	2) Miller, Nathan 10	
	3) Hsu, Elliot 10	4) Ron, Kevin 10	
2	North Cross	A	9:19.20
	1) Horner, Justus 10	2) Cullen, Gray 9	
	3) Anderson, Peter 11	4) Weng, Andrew 10	
3	Norfolk Chri	A	9:29.78
	1) Reed, Sammy 8	2) Launi, James 8	
	3) Reed, William 10	4) Nedelin, Aleksander 10	
4	Veritas Scho	A	9:33.17
	1) Murphy, Oliver 11	2) O'Flynn, Aidan 12	
	3) Petersen, Michael 9	4) Edds, Christopher 10	
5	Peninsula Ca	A	9:54.74
	1) Mahn, Marshall 10	2) Rodriguez, Carlos 12	
	3) Ware, Casey 10	4) Williams, Evan 10	
6	Stonebridge	A	9:57.04
	1) Johnson, Ty 10	2) Gonzalez, Levi 9	
	3) Huber, George 12	4) Bekele, Kaleb 11	
7	Isle of Wigh	A	10:10.80
	1) Maust, Aj 9	2) Mackie, Brendan 12	
	3) Souders, Brendan 9	4) Huber, Gage 12	
8	Immanuel Chr	A	10:20.06
	1) White, Liam 12	2) Call, Jonathan 11	
	3) Winston, Bryce 9	4) Dummermuth, Micah 10	
9	Blue Ridge S	A	10:44.77
	1) Chappell, Max 11	2) Eagleburger, Sawyer 10	
	3) Cagigas, Jorge 11	4) Bower, Nathan 10	
10	Atlantic Sho	A	10:46.62
	1) Ficklin, Tommy 9	2) Larsen, Noah 10	
	3) Metcalf, Sam 9	4) Wiegert, Max 10	
11	Nansemond-Su	A	11:11.41
	1) Davis, Michael 10	2) Pascual, Liam 9	
	3) Rockey, Will 10	4) Goldbach, Trevor 8	

Event 39 Boys 55 Meter Hurdles Division II (7)

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Perry, Zac	10	Isle of Wigh	9.45
2	O'Herron, Sean	12	Roanoke Cath	8.73
3	Lemcke, Cohen	12	Blue Ridge S	8.42
4	Williams, Joshua	12	Trinity Chri	8.28
5	Thomas, Jamal	12	Nansemond-Su	8.29
6	Cayssso, Zyir	12	Blue Ridge S	8.64
7	Buford, Graham	12	Blue Ridge S	8.85

VISAA Track & Field Championship - 2/12/2026
Virginia Beach Sports Center
Meet Program - Running Events

Event 27 Girls 1600 Meter Run Division I (18)

Meet Record:		5:00.33	2024	Kerrigan Chaney	
Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
1	Williams, Kate	11	Saint Cather	5:40.05	
2	Altschuler, Sasha	9	The Potomac	5:40.22	
3	Hudson, Sophie	9	Saint Cather	5:43.57	
4	Dake, Margaret	12	Saint John P	5:46.65	
5	Ogden, Teagan	10	Catholic Hig	5:48.02	
6	Kaletka, Reagan	12	Bishop Ireto	5:48.20	
Section 2 of 2 Finals					
1	Harris, Virginia	11	Collegiate	5:15.94	
2	Schultz, Regan	12	Bishop Ireto	5:19.57	
3	McCoppin, Alyssa	11	Saint John P	5:21.34	
4	Harris, Kailyn	10	Trinity Epis	5:24.09	
5	Bechtel, Tegan	11	Saint John P	5:24.37	
6	Stack, Lucy	9	Flint Hill S	5:26.20	
7	Dunlavy, Ella	9	Oakcrest Sch	5:28.24	
8	Widor, Elizabeth	10	The Potomac	5:28.39	
9	Kirsch, Talia	9	The Potomac	5:31.77	
10	McMullin, Samantha	12	Collegiate	5:33.54	
11	Bayler, Annabel	12	Saint Cather	5:37.68	
12	Beville, Claire	8	Collegiate	5:38.34	

Event 61 Girls 1600 Meter Run Division II (15)

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Barley, Brynn	11	Cape Henry C	5:20.14	
2	Freeman, Remington	10	Walsingham A	5:20.72	
3	Galie, Grace	9	The Covenant	5:22.74	
4	Frost, Eve	12	Stonebridge	5:24.32	
5	Nunziata, Josie	11	Stonebridge	5:26.55	
6	Perkins, Kaitlyn	10	North Cross	5:32.66	
7	Van Raaphorst, Taylor	11	Trinity Chri	5:33.82	
8	Currey, Agnes	12	Immanuel Chr	5:39.69	
9	VonCanon, Violet	12	Veritas Scho	5:43.99	
10	Rapp, Ava	10	Nansemond-Su	5:47.44	
11	Murphy, Kinley	8	The Carmel S	5:49.16	
12	Jones, Alex	11	Nansemond-Su	5:50.18	
13	Karsanac, Ava	9	Cape Henry C	5:51.54	
14	Hensley, Ari	12	Trinity Chri	5:53.65	
15	Morgan, Sadie	12	Veritas Scho	6:01.05	

Event 10 Boys 1600 Meter Run Division I (11)

Meet Record:		4:14.65	2007	Axel Mostrag	
Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	McKnew, Michael	12	Cape Henry C	4:16.81	
2	Morrow, Brandon	12	Paul VI Cath	4:22.31	
3	Brefczynski, Jayse	11	Bishop O'Con	4:28.02	
4	Saitta, Nick	12	Paul VI Cath	4:30.42	
5	Krebs, Henry	10	St. Stephen'	4:34.54	
6	Carter, Luke	12	The Potomac	4:35.55	
7	Dobson, Louis	12	Saint John P	4:36.39	
8	Bousman, Matt	9	Norfolk Acad	4:38.17	
9	Burnham, Luke	11	Cape Henry C	4:39.03	
10	Fleenor, Peter	10	Bishop O'Con	4:49.27	
11	Agrawal, Avi	12	The Potomac	4:49.43	

Event 44 Boys 1600 Meter Run Division II (12)

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Chaney, Finton	11	North Cross	4:40.96	
2	Britton, Spencer	11	North Cross	4:42.04	
3	Jang, Ian	11	Trinity Chri	4:42.29	
4	Austin, Bryce	10	North Cross	4:45.04	
5	Castaneda, Daniel	10	Eastern Menn	4:46.35	
6	Reed, Sammy	8	Norfolk Chri	4:48.21	
7	Nedelin, Aleksander	10	Norfolk Chri	4:53.76	
8	Bekele, Kaleb	11	Stonebridge	4:53.84	
9	O'Hallarn, Gene	12	Walsingham A	4:54.27	
10	Fisher, Lennon	12	Immanuel Chr	4:54.85	
11	Greenwood, Daniel	10	Trinity Chri	4:56.11	
12	Small, Zern	8	Grove Christ	4:57.54	

Event 18 Girls 4x200 Meter Relay Division I (12)

Meet Record: 1:46.06 2020		St. Catherine's	
Shannon, Horner, Turton, Channer			
Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	St. Gertrude	A	1:58.66
	1) Shick, Cassie 12		2) Kincaid, Campbell 11
	3) Massie, Ella 12		4) Martinez, Kyria 12
2	Saint John P	A	1:56.55
	1) Barton, Sofia 10		2) Pierce, Ashley 11
	3) Marcy, Elizabeth 10		4) Tenorio, Kahlen 11
3	Episcopal	A	1:55.16
	1) Antunez Martinez, Jimena 11		2) Berrier, Lindley 10
	3) Tappin, Selah 10		4) Tappin, Shiloh 10
4	Paul VI Cath	A	1:54.40
	1) Dickens, Avery 12		2) Kouami, Kathia 10
	3) Kouami, Keshia 10		4) Taddeo, Elliana 11
5	Norfolk Acad	A	1:52.45
	1) Chambliss, KB 12		2) Simmons, Hunter 8
	3) Lapitan, Aniston 8		4) Loomis, Sophia 10
6	Collegiate	A	1:52.81
	1) Mosby, Cheney 9		2) Cotman, Morgan 11
	3) Rivers, Meredith 10		4) Dunn, Jazie 11

VISAA Track & Field Championship - 2/12/2026**Virginia Beach Sports Center****Meet Program - Running Events****Section 2 of 2 Finals...(Event 18 Girls 4x200 Meter Relay Division I (1**

1	Catholic Hig	A	1:51.99
	1) Wood, Stella 10	2) Dimino, Annemarie 11	
	3) Seidensticker, Margaret 10	4) Smith, Imani 11	
2	Bishop O'Con	A	1:51.49
	1) Musolino, Caitlin 12	2) Sadowski, Gianna 9	
	3) Davis, Hannah 10	4) Hooks, Imani 11	
3	St. Stephen'	A	1:49.75
	1) Grant, Haley 9	2) Schneider, Ella 11	
	3) Hughes, Madison 12	4) Flynn, Zemma 10	
4	The Potomac	A	1:48.61
	1) Crittenberger, Grayson 11	2) Schulman, Leighton 10	
	3) Walters, Lila 10	4) McGrew, Kayla 9	
5	Saint Cather	A	1:45.00
	1) Johnson, Makaela 11	2) Branch, Kinnady 11	
	3) Frazier, Keira 10	4) Gosline, Avery 10	
6	Trinity Epis	A	1:45.73
	1) Jones, Ainsleigh 11	2) Versen, Lucy 12	
	3) Nelson, Ashlyn 11	4) Johnson, Tabitha 10	

Event 52 Girls 4x200 Meter Relay Division II (11)

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Walsingham A	A	2:04.15
	1) Schultz, Shirley 9	2) Ibrahim, Olivia 9	
	3) Cherkaoui, Meriam 10	4) Garrett, Lucy 9	
3	Hampton Road	A	2:02.63
	1) Tolbert, Andrea 10	2) Barnhart, Alana 10	
	3) Trudeau, Lexi 12	4) Monnoyer, Cailynn 10	
4	Atlantic Sho	A	2:00.94
	1) Eichelberger, Genevieve 9	2) Griffin, Caroline 11	
	3) Way, Isabelle 10	4) Lambert, Sophia 9	
5	Nansemond-Su	A	1:59.97
	1) McCoy, Carleigh 10	2) Kuehl, Makenna 11	
	3) Gilbert, McKenzie 12	4) Hammond, Miranda 10	
6	Immanuel Chr	A	2:00.51
	1) Shore, Abigail 12	2) Taliaferro, Isabel 10	
	3) Winslow, Marjorie (Mo) 11	4) Bess, Maddisen 12	

Section 2 of 2 Finals

1	Peninsula Ca	A	1:59.28
	1) Hobson, Iva 11	2) Houlihan, Cailin 10	
	3) Thompson, Hayden 12	4) Nguyen, Kaitlynn 11	
2	Stonebridge	A	1:56.89
	1) Ofole, Zara 10	2) Campbell, Riya 12	
	3) Cannon, Taniya 10	4) Ofole, Chiamaka 12	
3	Trinity Chri	A	1:56.74
	1) Oyoyo, Zibah 9	2) Stemple, Kailey 12	
	3) Burke, Lily 10	4) Torres, Alexis 12	
4	Cape Henry C	A	1:56.10
	1) Browning, Claire 9	2) Mulkey, Lia 11	
	3) Sharp, Kelly 11	4) Megroz, Eve 10	
5	North Cross	A	1:51.72
	1) Holmes, Alicia 11	2) Miller, Gabby 12	
	3) Johnson, Faith 10	4) Stevens, Cam 10	
6	Norfolk Chri	A	1:53.62
	1) Hernandez, Pilar 10	2) McDonald, Delaney 10	
	3) Williams, Baylee 11	4) Fellner, Kaiya 11	

Event 1 Boys 4x200 Meter Relay Division I (12)

Meet Record:		1:30.77	2025	St. Christopher's
Ackerly, Johnson, Asare, White				
Lane	Team	Relay	Seed Time	
Section 1 of 2 Finals				
1	Catholic Hig	A	1:36.98	
	1) Bock, Jonathan 11	2) Lowe, Max 10		
	3) Perez, Ayden 10	4) Gndt, Nicholas 10		
2	St. Stephen'	A	1:36.59	
	1) Herring, Ryan 9	2) Rutter, Jack 12		
	3) Haynes, Derrick 9	4) Sclurba, Nathan 11		
3	Trinity Epis	A	1:36.07	
	1) Jarman, Tripp 11	2) Adelaar, Sam 11		
	3) Furgurson, Brycen 11	4) Harris, Kj 11		
4	Episcopal	A	1:35.82	
	1) Allen, Zion 11	2) Babin, Levi 11		
	3) Lewis, Essentino 10	4) Avery, O'Neal 11		
5	Norfolk Acad	A	1:35.09	
	1) Rodgers, Jeremiah 8	2) Jefferson, Preston 9		
	3) Lovell, Will 10	4) Simmons, Courtland 10		
6	The Potomac	A	1:35.11	
	1) Gregory, Micah 9	2) Griffith, John 9		
	3) Calkins, Stephen 12	4) Jordan-Wedderburn, Jonathan 10		

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1	Saint John P	A	1:34.91
	1) Picardo, Alexander 12	2) Jordan, Brogan 12	
	3) Patterson, Nasir 9	4) Derege, Beimnet 12	
2	Collegiate	A	1:34.03
	1) McDaniel, Noah 11	2) Diggs, Nasir 10	
	3) Johnson, Tae'Veon 12	4) Neuner, Rhodes 12	
3	Fork Union	A	1:32.39
	1) Amoo, Carl 11	2) Hammett, Elijah 10	
	3) Martin, Adonijah 9	4) Owino, George 11	
4	Bishop O'Con	A	1:31.61
	1) Robertson, Timothy 9	2) Siodlarz, Kadan 10	
	3) Tyler, Jon 11	4) Bowser, Cameron 12	
5	St. Christop	A	1:30.00
	1) Johnson, Jaerron 11	2) Mayer, Coleman 11	
	3) Asare, Elisha 12	4) White, Maddox 12	
6	Woodberry Fo	A	1:31.35
	1) Helsley, Maddox 10	2) Morrison, John 12	
	3) Butler, Req 10	4) Strother, Julius 11	

Event 35 Boys 4x200 Meter Relay Division II (11)

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Norfolk Chri	A	1:47.65
	1) Cuyler, Myles 12	2) Nixon, John 9	
	3) Oakley, Jaden 9	4) Zook, Carson 12	
3	Stonebridge	A	1:46.96
	1) Huber, George 12	2) Wood, Jude 9	
	3) Parkerson, Lawrence 9	4) Nwafor, Chima 11	
4	Immanuel Chr	A	1:45.71
	1) Taylor, James 11	2) White, Liam 12	
	3) Dummermuth, Micah 10	4) Fisher, Lennon 12	
5	Hampton Road	A	1:43.87
	1) Sims, Kai 11	2) Yi, Simon 12	
	3) Leary, Trevor 10	4) Husband, Vince 11	
6	Atlantic Sho	A	1:44.94
	1) Billups, Gabe 10	2) Curry, Kaelen 10	
	3) Dinh, Maxwell 12	4) Echevarria, Dominick 11	

Section 2 of 2 Finals

1	Isle of Wigh	A	1:43.05
	1) Dignan, Conner 11	2) Perry, Zac 10	
	3) Souders, Adam 9	4) Daniels, Michael 9	
2	Nansemond-Su	A	1:41.34
	1) Shearin, Kellan 9	2) Hayden, Jack 9	
	3) Dorsey, Max 12	4) Thomas, Jamal 12	
3	Trinity Chri	A	1:40.24
	1) Fenske, Aiden 9	2) Chaves, Josh 10	
	3) Meeker, Benjamin 10	4) Larson, Blake 11	
4	Veritas Scho	A	1:40.19
	1) Benko, Tad 12	2) Chippendale, James 11	
	3) Woodfin, Ethan 12	4) Parker, Chris 12	
5	Blue Ridge S	A	1:37.19
	1) Matsinhe, Dayo 12	2) Collins, Ty 11	
	3) Morgon, Benjamin 11	4) Cruz, Yariel 12	
6	North Cross	A	1:38.28
	1) Grubb, James 11	2) Yardley, Wynn 10	
	3) Paquet, Kingston 10	4) Brown, Demarcus 11	

Event 25 Girls 500 Meter Dash Division I (13)

Meet Record: 1:15.33 2019		Catherine Hyman	
Lane	Name	Yr School	Seed Time
Section 1 of 3 Finals			
4	Onwuchekwa, Chinyere	11 Collegiate	1:26.85
5	Brundage, Quinn	10 The Potomac	1:26.21
6	Rakowitz, Chloe	12 Paul VI Cath	1:26.54
Section 2 of 3 Finals			
3	Sramek, Carolina	10 St. Stephen'	1:24.69
4	Crum, Abigail	12 Bishop Ireto	1:24.53
5	Farmer, Ella	8 Saint Cather	1:23.52
6	Walters, Riley	12 The Potomac	1:24.12
Section 3 of 3 Finals			
1	McKay, Abigail	11 Saint Cather	1:23.34
2	Huffman, Ruthie	11 Saint Cather	1:22.34
3	Jones, Mia	11 Norfolk Acad	1:21.38
4	Barabanov, Rose	11 The Potomac	1:20.48
5	Jones, Ainsleigh	11 Trinity Epis	1:17.91
6	Harris, Virginia	11 Collegiate	1:19.79

Event 59 Girls 500 Meter Dash Division II (21)

Lane	Name	Yr School	Seed Time
Section 1 of 4 Finals			
2	Burke, Lily	10 Trinity Chri	1:34.49
3	Trudeau, Lexi	12 Hampton Road	1:34.26
4	Mattox, Loralai	12 Trinity Chri	1:32.98
5	Browning, Claire	9 Cape Henry C	1:32.83
6	Griffin, Caroline	11 Atlantic Sho	1:32.98
Section 2 of 4 Finals			
2	Branan, Lisa	9 Peninsula Ca	1:32.59
3	Garrett, Lucy	9 Walsingham A	1:32.12
4	Anderson, Faith	9 Stonebridge	1:30.81
5	Taliaferro, Isabel	10 Immanuel Chr	1:30.49
6	Coniglione, Eva	12 Roanoke Cath	1:30.70

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Section 3 of 4 Finals...(Event 59 Girls 500 Meter Dash Division II (21))

2	Jones, Alex	11	Nansemond-Su	1:30.42
3	Sutingco, Amelie	9	Walsingham A	1:29.74
4	Stevens, Cam	10	North Cross	1:28.42
5	Andrews, Reese	9	Cape Henry C	1:26.39
6	Lanphear, Lauren	12	Veritas Scho	1:26.48

Section 4 of 4 Finals

1	Borcharding, Meredith	12	Trinity Chri	1:24.64
2	Thombs, Gabrielle	8	Guardian Chr	1:24.29
3	Miller, Gabby	12	North Cross	1:24.02
4	Doron, Lauren	10	Cape Henry C	1:23.40
5	Branan, Rachel	11	Peninsula Ca	1:18.99
6	Hernandez, Pilar	10	Norfolk Chri	1:23.23

Event 8 Boys 500 Meter Dash Division I (9)

Meet Record: 1:05.58 2012 Eric Ways

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

4	Spicer, Kyle	10	Collegiate	1:12.57
5	Smith, Noah	11	St. Christop	1:11.10
6	Garrett, Robbie	11	Paul VI Cath	1:11.99

Section 2 of 2 Finals

1	Baquero, Braiden	9	Cape Henry C	1:10.51
2	Street, Ryan	12	Bishop O'Con	1:10.03
3	Figaro, Tawon	12	St. Stephen'	1:09.75
4	Wingfield, Izaiah	10	Saint John P	1:06.55
5	Bowser, Cameron	12	Bishop O'Con	1:06.22
6	Tragert, Owen	10	Cape Henry C	1:06.36

Event 42 Boys 500 Meter Dash Division II (17)

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

2	Polo, Garrett	9	Trinity Chri	1:19.92
3	Wall, Ronnie	9	Stonebridge	1:19.88
4	Shank, Levi	9	Eastern Menn	1:18.89
5	Seutter, Gabriel	10	Hampton Road	1:18.71
6	Fitzgerald, Brennan	10	Nansemond-Su	1:18.75

Section 2 of 3 Finals

1	Washington, Joshua	11	Stonebridge	1:18.65
2	Launi, James	8	Norfolk Chri	1:18.14
3	Johnson, Ty	10	Stonebridge	1:18.02
4	Britton, Parker	10	North Cross	1:17.06
5	Gardner, Jace	11	Trinity Chri	1:15.72
6	Petersen, Michael	9	Veritas Scho	1:16.01

Section 3 of 3 Finals

1	Phelan, Conner	9	North Cross	1:15.49
2	Kwitchoff, Jeremy	11	Trinity Chri	1:15.14
3	Yardley, Wynn	10	North Cross	1:14.07
4	Aaron, Rhodes	11	Roanoke Cath	1:12.63
5	Peebles, Khristian	12	Peninsula Ca	1:10.90
6	Fulcher, Colten	12	Hampton Road	1:12.18

Event 26 Girls 1000 Meter Run Division I (16)

Meet Record: 2:58.13 2019 Hannah Ballowe

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Slowe, Eleanor	9	Paul VI Cath	3:19.06
2	Elder, Lila	10	St. Gertrude	3:19.55
3	Fitzgibbon, Elise	10	Paul VI Cath	3:20.16
4	Hodges, Margaret	11	Episcopal	3:21.61
5	Scholten, Molly	8	Saint Cather	3:22.41

Section 2 of 2 Finals

1	Ferrell, Rosie	11	Collegiate	3:05.96
2	Gibbins, Grey	12	Episcopal	3:06.85
3	Schultz, Regan	12	Bishop Ireto	3:08.55
4	Burnette, Campbell	10	Saint Cather	3:10.70
5	Stack, Lucy	9	Flint Hill S	3:10.77
6	Rouse, Ali	12	St. Stephen'	3:11.87
7	Clemons, Piper	10	Saint Cather	3:12.11
8	Kirsch, Talia	9	The Potomac	3:14.24
9	Bechtel, Tegan	11	Saint John P	3:15.54
10	Navitsky, Lydia	11	Episcopal	3:15.58
11	Barton, Victoria	9	Saint John P	3:18.92

Event 60 Girls 1000 Meter Run Division II (16)

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	VonCanon, Violet	12	Veritas Scho	3:33.99
2	Castelow, Vivian	9	Greenbrier C	3:34.93
3	Taylor, Grace	11	Immanuel Chr	3:35.70
4	Just, Christina	10	Atlantic Sho	3:35.82
5	Barnhart, Alana	10	Hampton Road	3:36.40

Section 2 of 2 Finals

1	Prince, Rachel	12	Greenbrier C	3:00.44
2	Frost, Eve	12	Stonebridge	3:08.82
3	Barley, Brynn	11	Cape Henry C	3:17.41
4	Galie, Grace	9	The Covenant	3:17.44
5	Lanphear, Jenna	12	Veritas Scho	3:20.58
6	Phillips, Lillian	9	North Cross	3:22.90
7	Fortier, Grace	12	Immanuel Chr	3:26.19
8	Myles, Ainsley	11	North Cross	3:26.34
9	Chronister, Anna	10	Trinity Chri	3:27.52
10	Rapp, Ava	10	Nansemond-Su	3:31.75
11	McDonald, Delaney	10	Norfolk Chri	3:33.37

Event 9 Boys 1000 Meter Run Division I (18)

Meet Record: 2:29.80 2020 Daniel O'Brien

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Young, Joseph	11	Saint John P	2:48.14
2	Guzik, Finn	11	Norfolk Acad	2:48.17
3	Johnson, Tyran	12	Fork Union	2:49.01
4	Sexton, Langdon	9	St. Christop	2:49.94
5	Sutherland, Preston	11	Collegiate	2:50.15
6	Eason, Brandon	12	Catholic Hig	2:50.22
7	Lewis, Reade	11	Collegiate	2:50.68

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Section 2 of 2 Finals...(Event 9 Boys 1000 Meter Run Division I (18))

1	McKnew, Michael	12	Cape Henry C	2:28.39
2	Morrow, Brandon	12	Paul VI Cath	2:33.97
3	Jones, Grayson	10	St. Christop	2:34.48
4	Thompson, Jacob	12	Saint John P	2:35.80
5	Brefczynski, Landon	9	Bishop O'Con	2:35.83
6	Levine, Eli	12	The Potomac	2:37.12
7	Krebs, Henry	10	St. Stephen'	2:41.56
8	Carter, Luke	12	The Potomac	2:44.09
9	Cowburn, Carson	12	Episcopal	2:44.90
10	Jayne, Lance	12	Bishop O'Con	2:45.58
11	Russell, Henry	12	St. Christop	2:47.42

Event 43 Boys 1000 Meter Run Division II (10)

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Jang, Ian	11	Trinity Chri	2:39.50
2	Britton, Spencer	11	North Cross	2:49.46
3	Fulcher, Colten	12	Hampton Road	2:50.11
4	Miller, Nathan	10	Trinity Chri	2:54.70
5	Rodriguez, Carlos	12	Peninsula Ca	2:54.97
6	Small, Zern	8	Grove Christ	2:57.52
7	Hsu, Elliot	10	Trinity Chri	2:58.09
8	Cullen, Gray	9	North Cross	2:58.16
9	Thompson, Drew	8	Nansemond-Su	2:58.42
10	Fisher, Lennon	12	Immanuel Chr	2:59.13

Event 23 Girls 300 Meter Dash Division I (17)

Meet Record:		40.36	2023	Ally Griswold
Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
2	Beggerow, Emily	12	Collegiate	44.71
3	Wood, Stella	10	Catholic Hig	44.57
4	Helesti, Natalia	9	Oakcrest Sch	44.51
5	Crum, Abigail	12	Bishop Ireto	44.33
6	Nelson, Ashlyn	11	Trinity Epis	44.44
Section 2 of 3 Finals				
1	Gosline, Avery	10	Saint Cather	43.80
2	Uncapher, Emma	12	Norfolk Acad	43.77
3	Sadowski, Gianna	9	Bishop O'Con	43.58
4	Rodriguez, Isabelle	11	Bishop O'Con	43.18
5	McGrew, Kayla	9	The Potomac	42.74
6	Obasi, Eberechi	10	Saint John P	43.00
Section 3 of 3 Finals				
1	Griswold, Ally	12	The Potomac	42.57
2	Johnson, Makaela	11	Saint Cather	42.50
3	Jones, Ainsleigh	11	Trinity Epis	41.57
4	Versen, Lucy	12	Trinity Epis	41.46
5	Branch, Kinnady	11	Saint Cather	41.03
6	Levine, Sydney	10	The Potomac	41.14

Event 57 Girls 300 Meter Dash Division II (17)

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
2	Hellewell, Charlotte	11	Virginia Epi	47.83
3	Cajulis, Maia	10	Cape Henry C	47.35
4	Monnoyer, Cailynn	10	Hampton Road	47.33
5	Stevens, Cam	10	North Cross	47.09
6	Megroz, Eve	10	Cape Henry C	47.22
Section 2 of 3 Finals				
1	Dimperio, Julianna	11	Nansemond-Su	46.88
2	Oyofa, Zibah	9	Trinity Chri	46.74
3	Schultz, Brooklyn	9	Walsingham A	46.08
4	Campbell, Riya	12	Stonebridge	45.89
5	Hammond, Miranda	10	Nansemond-Su	45.75
6	Warren, Eliza	12	Eastern Menn	45.87
Section 3 of 3 Finals				
1	Winslow, Marjorie (Mo)	11	Immanuel Chr	45.10
2	Miller, Gabby	12	North Cross	44.99
3	Van Raaphorst, Lexi	11	Trinity Chri	44.83
4	Thombs, Gabrielle	8	Guardian Chr	43.86
5	Branan, Rachel	11	Peninsula Ca	42.09
6	Johnson, Faith	10	North Cross	43.33

Event 6 Boys 300 Meter Dash Division I (25)

Meet Record:		34.83	2010	Demetri Knowles
Lane	Name	Yr	School	Seed Time
Section 1 of 5 Finals				
3	Furgurson, Brycen	11	Trinity Epis	38.08
4	Perez, Ayden	10	Catholic Hig	38.02
5	Jackson, Brody	11	Norfolk Acad	37.72
6	Lovell, Will	10	Norfolk Acad	37.90
Section 2 of 5 Finals				
2	Rutland, Christian	12	Paul VI Cath	37.45
3	Adelaar, Sam	11	Trinity Epis	37.28
4	Ireland, Bowan	11	St. Christop	37.28
5	Fournier, John	12	Benedictine	37.13
6	Calkins, Stephen	12	The Potomac	37.25
Section 3 of 5 Finals				
2	Martin, Adonijah	9	Fork Union	37.03
3	Owino, George	11	Fork Union	36.89
4	Lane, Keaton	9	Cape Henry C	36.73
5	O'Donnell, Johnny	11	Bishop O'Con	36.49
6	Tragert, Owen	10	Cape Henry C	36.52
Section 4 of 5 Finals				
2	Jefferson, Preston	9	Norfolk Acad	36.47
3	Obasi, Tobechei	12	Saint John P	36.35
4	Whiteside, Kaydan	10	Fork Union	36.09
5	Robertson, Timothy	9	Bishop O'Con	35.88
6	Morrison, John	12	Woodberry Fo	35.99

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Section 5 of 5 Finals...(Event 6 Boys 300 Meter Dash Division I (25))

1	Colcombe, Cooper	10	Paul VI Cath	35.81
2	Mayer, Coleman	11	St. Christop	35.79
3	Wingfield, Izaiah	10	Saint John P	35.69
4	Diggs, Nasir	10	Collegiate	35.58
5	Bowser, Cameron	12	Bishop O'Con	33.50
6	White, Maddox	12	St. Christop	35.28

Event 40 Boys 300 Meter Dash Division II (15)

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

3	Monk, Evan	11	Isle of Wigh	40.49
4	Gardner, Jace	11	Trinity Chri	40.44
5	Williams, Joshua	12	Trinity Chri	39.90
6	Phelan, Conner	9	North Cross	40.09

Section 2 of 3 Finals

2	Zook, Carson	12	Norfolk Chri	39.81
3	Dinh, Maxwell	12	Atlantic Sho	39.60
4	Benko, Tad	12	Veritas Scho	39.17
5	Showalter, Mason	11	Eastern Menn	38.96
6	Perry, Marshall	11	Walsingham A	38.99

Section 3 of 3 Finals

1	Cruz, Yariel	12	Blue Ridge S	38.85
2	Cayso, Zyir	12	Blue Ridge S	38.38
3	Griffin, Josh	11	Virginia Epi	38.01
4	Peebles, Khristian	12	Peninsula Ca	37.83
5	Grubb, James	11	North Cross	36.54
6	O'Herron, Sean	12	Roanoke Cath	37.59

Event 28 Girls 3200 Meter Run Division I (21)

Meet Record: 10:49.31 2014		Molly Breidenbaugh		
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Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	McCoppin, Alyssa	11	Saint John P	11:26.96
2	Harris, Kailyn	10	Trinity Epis	11:32.49
3	Dunlavy, Ella	9	Oakcrest Sch	11:44.31
4	Widor, Elizabeth	10	The Potomac	11:56.51
5	Clemons, Piper	10	Saint Cather	11:56.74
6	Enos, Paisley	10	Norfolk Acad	12:00.48
7	McMullin, Samantha	12	Collegiate	12:07.47
8	Lewis, Anne	11	Collegiate	12:10.56
9	Wanamaker, Sydney	11	St. Stephen'	12:13.96
10	Haske, Amelia	9	Collegiate	12:18.57
11	Jay, Augusta	11	The Potomac	12:21.92
12	Gibian, Avery	10	St. Stephen'	12:22.62
13	Meekins, Abaigael	12	Saint John P	12:49.54
14	Phair, Jordy	9	The Potomac	12:51.96
15	Roberts, Morgan	12	Paul VI Cath	12:54.82
16	Leiter, Taylor	10	Paul VI Cath	13:02.37
17	Lipscomb, Hannah	9	Saint Cather	13:02.88
18	Kaleta, Reagan	12	Bishop Ireto	13:10.19
19	Killeen, Olivia	9	Saint Cather	13:12.30
20	Albanese, Gianna	12	Saint John P	13:15.75
21	Larose, Sophia	10	Bishop Ireto	13:27.93

Event 62 Girls 3200 Meter Run Division II (14)

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Prince, Rachel	12	Greenbrier C	11:23.22
2	Nunziata, Josie	11	Stonebridge	11:37.80
3	Van Raaphorst, Taylor	11	Trinity Chri	11:48.02
4	Perkins, Kaitlyn	10	North Cross	12:07.99
5	Currey, Agnes	12	Immanuel Chr	12:20.06
6	Phillips, Lillian	9	North Cross	12:22.18
7	Morgan, Sadie	12	Veritas Scho	12:36.97
8	Myles, Ainsley	11	North Cross	12:38.45
9	Hensley, Ari	12	Trinity Chri	12:55.69
10	Lowe, Lucy	11	Tandem Frien	13:22.63
11	Pei, Helia	11	Walsingham A	13:31.25
12	Wratten, Maddison	9	Atlantic Sho	13:32.79
13	Griffin, Tierzah	9	Atlantic Sho	13:42.24
14	Lynch, Rachel	9	Stonebridge	13:47.14

Event 11 Boys 3200 Meter Run Division I (19)

Meet Record: 9:08.31 2022		Charlie Ortman		
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Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	McGuigan, Matthew	11	Cape Henry C	9:36.93
2	Day, Jason	11	Bishop Ireto	9:40.82
3	Callahan, Robert	12	Fork Union	9:45.17
4	Nguyen, Long	11	St. Christop	9:49.63
5	Eaton, David	11	Fork Union	9:53.06
6	Brown, Brogan	10	Norfolk Acad	9:54.57
7	Hurley, David	11	Saint John P	10:10.84
8	Saitta, Nick	12	Paul VI Cath	10:11.77
9	Brefczynski, Jayse	11	Bishop O'Con	10:13.19
10	Burnham, Luke	11	Cape Henry C	10:22.04
11	Dobson, Louis	12	Saint John P	10:27.19
12	Agrawal, Avi	12	The Potomac	10:29.60
13	Fleenor, Peter	10	Bishop O'Con	10:34.32
14	Reinecke, Joshua	11	The Potomac	10:43.33
15	Whitfield, Kyle	9	Cape Henry C	10:43.39
16	Carter, Troy	10	Saint John P	10:43.90
17	Riedy, Liam	10	St. Stephen'	10:44.25
18	White, Asa	10	St. Christop	10:46.85
19	Brown, Jonah	10	Fork Union	10:50.52

VISAA Track & Field Championship - 2/12/2026**Virginia Beach Sports Center****Meet Program - Running Events****Event 45 Boys 3200 Meter Run Division II (15)**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Buppert, Hayes	11	Tandem Frien	9:25.09
2	Blemker, Jack	12	Tandem Frien	9:53.01
3	Austin, Bryce	10	North Cross	10:07.39
4	Reed, Sammy	8	Norfolk Chri	10:14.54
5	Chaney, Finton	11	North Cross	10:17.30
6	O'Hallarn, Gene	12	Walsingham A	10:23.10
7	Knebel, Ignatius	11	Virginia Epi	10:23.54
8	O'Flynn, Aidan	12	Veritas Scho	10:26.45
9	Greenwood, Daniel	10	Trinity Chri	10:33.99
10	Horner, Justus	10	North Cross	10:43.53
11	Trotter, Martin	11	Eastern Menn	10:54.69
12	Bekele, Kaleb	11	Stonebridge	10:57.32
13	Youngblood, Landon	9	Greenbrier C	11:06.19
14	Shiraishi, Brendan	10	Tandem Frien	11:11.50
15	Ron, Kevin	10	Trinity Chri	11:14.00

Event 19 Girls 4x400 Meter Relay Division I (13)

Meet Record: 4:03.13 2018		The Potomac School	
Yisreal, Walton, Labrecque, Hyman			
Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
4	Trinity Epis	A	4:39.24
	1) Johnson, Tabitha 10		2) Hager, Eleanor 9
	3) Perkinson, Reagan 11		4) Wintsch, Layla 12
5	Catholic Hig	A	4:38.14
	1) Witter, Eva 10		2) Snyder, Evalyn 10
	3) O'Connor, Macy 9		4) Ankley, Sara 12
6	Oakcrest Sch	A	4:38.65
	1) Cahill, Kate 12		2) Millard, Claire 12
	3) Morrison, Olivia 9		4) Stuhldreher, Rosemary 11
Section 2 of 3 Finals			
3	Bishop Ireto	A	4:27.42
	1) Crum, Abigail 12		2) Simoes, Ellie 12
	3) Merrill, Kate 12		4) Schultz, Regan 12
4	Norfolk Acad	A	4:26.90
	1) Lapitan, Aniston 8		2) Jones, Mia 11
	3) Scott, Adaline 12		4) Uncapher, Emma 12
5	Paul VI Cath	A	4:24.83
	1) Kouami, Kathia 10		2) Kouami, Keshia 10
	3) Rakowitz, Chloe 12		4) Taddeo, Elliana 11
6	Saint John P	A	4:26.48
	1) Obasi, Eberechi 10		2) Bechtel, Tegan 11
	3) Barton, Sofia 10		4) McCoppin, Alyssa 11

Section 3 of 3 Finals

1	Bishop O'Con	A	4:24.32
	1) Musolino, Caitlin 12		2) Soruco, Camila 10
	3) Dombrowski, Madeleine 9		4) Rodriguez, Isabelle 11
2	Episcopal	A	4:23.10
	1) Antunez Martinez, Jimena 11		2) Berrier, Lindley 10
	3) Radi, Lina 11		4) Gibbins, Grey 12
3	Collegiate	A	4:22.43
	1) Beville, Claire 8		2) Harris, Virginia 11
	3) Ferrell, Rosie 11		4) Onwuchekwa, Chinyere 11
4	Saint Cather	A	4:16.06
	1) Huffman, Ruthie 11		2) McKay, Abigail 11
	3) Frazier, Keira 10		4) Burnette, Campbell 10
5	The Potomac	A	4:06.09
	1) McGrew, Kayla 9		2) Griswold, Ally 12
	3) Barabanov, Rose 11		4) Levine, Sydney 10
6	St. Stephen'	A	4:14.47
	1) McAree, Philippa 10		2) Flynn, Zemina 10
	3) Hughes, Madison 12		4) Schneider, Ella 11

Event 53 Girls 4x400 Meter Relay Division II (8)

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
5	Stonebridge	A	4:37.51
	1) Stimson, Lily 10		2) Wilbanks, Katelyn 11
	3) LeBlanc, Sarah 12		4) Anderson, Faith 9
6	Nansemond-Su	A	4:41.82
	1) Dimperio, Julianna 11		2) Jones, Alex 11
	3) Carpenter, Zoey 11		4) Rapp, Ava 10
Section 2 of 2 Finals			
1	Immanuel Chr	A	4:36.72
	1) Shore, Abigail 12		2) Fortier, Grace 12
	3) Bess, Maddisen 12		4) Winslow, Marjorie (Mo) 11
2	North Cross	A	4:34.96
	1) Cocowitch, Claire 8		2) Conlee, Alex 9
	3) Kemper, Rowen 8		4) Bradley, June 8
3	Peninsula Ca	A	4:32.33
	1) Branan, Rachel 11		2) Banks, Hannah 12
	3) Houlihan, Cailin 10		4) Nguyen, Kaitlynn 11
4	Cape Henry C	A	4:29.24
	1) Andrews, Reese 9		2) Megroz, Eve 10
	3) Cajulis, Maia 10		4) Doron, Lauren 10
5	Norfolk Chri	A	4:17.33
	1) Fellner, Kaiya 11		2) McDonald, Delaney 10
	3) Williams, Baylee 11		4) Hernandez, Pilar 10
6	Trinity Chri	A	4:26.79
	1) Van Raaphorst, Lexi 11		2) Chronister, Anna 10
	3) Fisher, Ella 9		4) Borcharding, Meredith 12

VISAA Track & Field Championship - 2/12/2026**Virginia Beach Sports Center****Meet Program - Running Events****Event 2 Boys 4x400 Meter Relay Division I (12)**

Meet Record: 3:24.18 2016 **St. Christopher's**
Menges - Dabney Cuevas - Thomas

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

1	Paul VI Cath	A	3:47.57
	1) Garrett, Robbie 11	2) Raj, Armaan 11	
	3) Vo, Nam 10	4) Stankiewicz, Timothy 12	
2	Norfolk Acad	A	3:46.10
	1) Shamblee, Keese 12	2) Reid, Campbell 10	
	3) Jackson, Brody 11	4) Guzik, Finn 11	
3	Collegiate	A	3:45.00
	1) Malveaux, Jake 12	2) McGeorge, Connor 10	
	3) Boyd, Corin 9	4) Spicer, Kyle 10	
4	Fork Union	A	3:40.56
	1) Amoo, Carl 11	2) Owino, George 11	
	3) Knowlton, Austin 10	4) Johnson, Tyran 12	
5	Bishop Ireto	A	3:39.59
	1) Taft, Will 11	2) Carter, Joseph 10	
	3) Chandler, Eden 11	4) Salamanca, Niko 11	
6	Episcopal	A	3:40.36
	1) Avery, O'Neal 11	2) Cowburn, Carson 12	
	3) Sands, Hart 12	4) Heske, Owen 11	

Section 2 of 2 Finals

1	Woodberry Fo	A	3:39.33
	1) Butler, Req 10	2) Looney, Boyd 12	
	3) Li, Aaron 10	4) Melton, Zaidien 12	
2	St. Stephen'	A	3:36.44
	1) Haynes, Derrick 9	2) Rutter, Jack 12	
	3) Figaro, Tawon 12	4) Herring, Ryan 9	
3	Cape Henry C	A	3:32.75
	1) Kite, Preston 8	2) Lewis, Dylan 11	
	3) Cheshire, Daniel 10	4) Brown, Mason 11	
4	Bishop O'Con	A	3:30.37
	1) Petersen, Ben 10	2) Collin, Luke 12	
	3) Clarke, Alex 10	4) O'Donnell, Johnny 11	
5	St. Christop	A	3:29.15
	1) White, Maddox 12	2) Mayer, Benjamin 11	
	3) Jones, Grayson 10	4) Mayer, Coleman 11	
6	Saint John P	A	3:29.31
	1) Obasi, Tobechei 12	2) Bouril, Andrew 10	
	3) Everson, Alexander 12	4) Wingfield, Izaiah 10	

Event 36 Boys 4x400 Meter Relay Division II (9)

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

4	Tandem Frien	A	4:10.75
	1) Buppert, Hayes 11	2) Shiraishi, Brendan 10	
	3) Wilberger, Peter 11	4) Dumars, Peter 9	
5	Norfolk Chri	A	4:04.19
	1) Cuyler, Myles 12	2) Launi, James 8	
	3) Nedelin, Aleksander 10	4) Zook, Carson 12	
6	Stonebridge	A	4:08.40
	1) Johnson, Ty 10	2) Huber, George 12	
	3) Gonzalez, Levi 9	4) Washington, Joshua 11	

Section 2 of 2 Finals

1	Isle of Wigh	A	4:04.08
	1) Huber, Gage 12	2) Souders, Brendan 9	
	3) Maust, Aj 9	4) Mackie, Brendan 12	
2	Blue Ridge S	A	3:59.05
	1) Ferris, Griffin 9	2) Collins, Ty 11	
	3) Bower, Nathan 10	4) Morgon, Benjamin 11	
3	North Cross	A	3:54.40
	1) Britton, Spencer 11	2) Phelan, Conner 9	
	3) Britton, Parker 10	4) Yardley, Wynn 10	
4	Eastern Menn	A	3:53.82
	1) Castaneda, Daniel 10	2) Shank, Levi 9	
	3) Yoder, Ben 10	4) Showalter, Mason 11	
5	Trinity Chri	A	3:45.91
	1) Gardner, Jace 11	2) Fenske, Aiden 9	
	3) Kwitchoff, Jeremy 11	4) Jang, Ian 11	
6	Veritas Scho	A	3:47.31
	1) Parker, Chris 12	2) Chippendale, James 11	
	3) Petersen, Michael 9	4) Benko, Tad 12	