

VISAA Track & Field Championship - 5/15/2026 to 5/16/2026

Fork Union Military Academy
Meet Program - DII Field Events**Event 47 Boys High Jump Division II (22)**

Meet Record: 6-08.50 5/16/2009 Ben Katz				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Meeker, Benjamin	10	Trinity Chri	5-04.00
2	Terry, Aiden	8	Broadwater A	5-04.00
3	LaBlance, Shae	10	Greenbrier C	5-04.00
4	Hinshelwood, Owen	12	Stonebridge	5-04.00
5	Keyes, Jaxon	11	North Cross	5-04.00
6	Miller, Malachi	12	Trinity Chri	5-06.00
7	Stensland, Luke	11	Walsingham A	5-06.00
8	Townes, Donovan	10	Blue Ridge S	5-06.00
9	Jones, Taj	10	Virginia Epi	5-08.00
10	Whittington, K j	10	Walsingham A	5-08.00
11	Hines, Thomas	9	Norfolk Chri	5-08.00
12	Jones, Derrius	11	Blue Ridge S	5-08.00
13	O'Herron, Sean	12	Roanoke Cath	5-10.00
14	Pannell, Marcus	12	Roanoke Cath	5-10.00
15	Massie, Kemaan	11	Tandem Frien	5-10.00
16	Yardley, Wynn	10	North Cross	6-00.00
17	Hairston, Yajae	11	Roanoke Cath	6-00.00
18	Martin, Zion	11	Virginia Epi	6-00.00
19	Bragg, I'Szwohn	11	Brunswick Ac	6-00.00
20	Buford, Graham	12	Blue Ridge S	6-00.00
21	Denson, Zion	11	Atlantic Sho	6-00.00
22	Thomas, Jamal	12	Nansemond-Su	6-02.00

Event 64 Girls High Jump Division II (19)

Meet Record: 5-05 1981 Pease				
Meet Record: 5-05 5/17/2014 Nadia Khoury				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Bradley, Lauren	11	Roanoke Cath	4-04.00
2	Benn, Rayven	10	Atlantic Sho	4-04.00
3	Gilbert, McKenzie	12	Nansemond-Su	4-04.00
4	Deloye, Annaliese	11	Trinity Acad	4-04.00
5	Rogers, Emily	12	Eastern Menn	4-04.00
6	Winslow, Abigail (Abby)	9	Immanuel Chr	4-04.00
7	Cho, Annabelle	10	Trinity Chri	4-06.00
8	Holmes, Alicia	11	North Cross	4-06.00
9	Akintide, Aderinsola	11	Trinity Chri	4-06.00
10	Sutingco, Amelie	9	Walsingham A	4-06.00
11	Canoles, Ellie	8	St. Anne's-B	4-06.00
12	Cannon, Taniya	10	Stonebridge	4-06.00
13	Baumbusch, Audrey	9	St. Anne's-B	4-08.00
14	Mishler, Mackenzie	8	Walsingham A	4-08.00
15	Aaron, Brinkley	10	Roanoke Cath	4-08.50
16	Smith, Karly	12	Roanoke Cath	4-10.00
17	Schultz, Brooklyn	9	Walsingham A	4-10.00
18	Hobson, Iva	11	Peninsula Ca	4-10.00
19	Fisher, Ella	9	Trinity Chri	5-01.00

Event 66 Girls Pole Vault Division II (8)

Meet Record: 11-10 5/21/2022 Lauren Lucy				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Moore, Zariyah	10	Atlantic Sho	6-00.00
2	Smith, Karly	12	Roanoke Cath	6-00.00
3	Rader, Sofia	12	Broadwater A	6-00.00
4	McClung, Nellie	10	St. Anne's-B	6-06.00
5	Bruscia, Ellie	9	St. Anne's-B	6-06.00
6	Griffin, Caroline	11	Atlantic Sho	7-06.00
7	Davis, Sierra	10	Atlantic Sho	7-06.00
8	Hecker, Alaina	10	Cape Henry C	7-06.00

Event 49 Boys Pole Vault Division II (9)

Meet Record: 16-06 5/18/2024 Victor Olesen				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Byers, Jason	11	Blue Ridge S	8-06.00
2	Larsen, Noah	10	Atlantic Sho	8-06.00
3	Lemcke, Cohen	12	Blue Ridge S	8-06.00
4	Larson, Blake	11	Trinity Chri	9-00.00
5	O'Herron, Sean	12	Roanoke Cath	9-06.00
6	Mieusset, Maelig	9	Blue Ridge S	9-06.00
7	Lee, Beau	12	Roanoke Cath	10-06.00
8	Eno, Thomas	12	Broadwater A	11-00.00
9	Skelton, Liam	12	Roanoke Cath	13-06.00

Event 50 Boys Shot Put Division II (20)

Meet Record: 66-01 5/20/2023 Rodney Lora				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Mboya, Wayne	12	Hargrave Mil	38-03.00
2	Simpson, Josh	11	Nansemond-Su	38-03.50
3	Williams, Chance	10	Roanoke Cath	38-04.00
4	Ford, Brycen	9	Atlantic Sho	40-00.50
5	Sine, David	12	Blue Ridge S	40-02.00
6	Green, Jaylen	10	North Cross	40-02.00
7	Ford, Marx	12	Peninsula Ca	40-05.00
8	Aaron, Rhodes	11	Roanoke Cath	40-09.00
Flight 2 of 2 Finals				
1	Jones, James	12	Hampton Road	40-11.00
2	Lee, Marvin	11	Greenbrier C	41-00.00
3	Weber, Judah	11	New Covenant	41-00.00
4	Miller, Malachi	12	Trinity Chri	41-01.00
5	Bon-Ami, cameron	11	Fredericksbu	41-08.50
6	Tisdale, Tyler	11	Atlantic Sho	42-02.50
7	Bakari, Emmanuel	10	Virginia Epi	42-06.00
8	Nichols, Marshall	12	Eastern Menn	43-09.00
9	Ross, Henry	12	Nansemond-Su	44-04.00
10	Udemba, Somto	9	Blue Ridge S	45-08.00
11	Ponzar, Maden	12	Immanuel Chr	48-09.25
12	Ye, Steven	11	Broadwater A	49-03.00

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Fork Union Military Academy
Meet Program - DII Field Events**Event 67 Girls Shot Put Division II (16)****Meet Record: 40-05 5/17/2008 Jessica Watkins**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Oluwamakinde, OreOluwa	9	Grove Christ	27-10.00
2	Pham, Chloe	11	Roanoke Cath	28-05.00
3	Bridges, Destinee	11	Fredericksbu	29-08.00
4	Fadairo, Tife	12	Atlantic Sho	30-08.00
5	Eggleston, Morgan	9	New Covenant	30-11.00
6	Rose, Gabrielle	11	New Covenant	31-02.50
7	Lemcke, Kella	10	The Covenant	31-05.00
8	Maurer, Emily	12	St. Anne's-B	31-07.00
9	Hammond, Miranda	10	Nansemond-Su	31-10.00
10	Smith, Kelse	10	Atlantic Sho	32-04.50
11	Rhodes, Jerrah	9	North Cross	32-05.25
12	Blocker, Adirah	11	Hampton Chri	33-05.00
13	Michel, Kyiah	10	Atlantic Sho	33-08.00
14	Llavore, Justinne	12	Roanoke Cath	37-05.00
15	Chen, Brooklyn	12	North Cross	39-05.25
16	Holmes, Alicia	11	North Cross	42-00.00

Event 46 Boys Discus Throw Division II (17)**Meet Record: 182-10 5/19/2012 Jordan Roach**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Hines, Caelen	11	Immanuel Chr	106-04
2	Igiraneze, Helva	12	Blue Ridge S	107-08
3	Simpson, Josh	11	Nansemond-Su	107-10
4	Bakari, Emmanuel	10	Virginia Epi	108-09
5	Baker, Porter	10	Walsingham A	110-04
6	Lee, Marvin	11	Greenbrier C	111-04
7	Yardley, Wynn	10	North Cross	115-10
8	Lee, Beau	12	Roanoke Cath	118-04
9	Bon-Ami, cameron	11	Fredericksbu	119-02
10	Jones, James	12	Hampton Road	119-04
11	O'Herron, Sean	12	Roanoke Cath	122-07
12	Nichols, Marshall	12	Eastern Menn	127-03
13	Weber, Judah	11	New Covenant	127-05
14	Arnold, Logan	12	Broadwater A	127-08
15	Miller, Malachi	12	Trinity Chri	128-00.50
16	Ponzar, Maden	12	Immanuel Chr	135-08
17	Ye, Steven	11	Broadwater A	154-01

Event 63 Girls Discus Throw Division II (19)**Meet Record: 134-07 5/20/2023 Gabi Deglau**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Chen, Alison	10	Fredericksbu	74-08
2	Zimmerman, Rachel	12	Richmond Chr	75-02
3	Walrond, Olivia	12	Stonebridge	81-05
4	Lemcke, Kella	10	The Covenant	84-10
5	Dummermuth, Naomi	8	Immanuel Chr	86-07
6	Rose, Gabrielle	11	New Covenant	87-02.50
7	Pham, Chloe	11	Roanoke Cath	88-10
8	Smith, Kelse	10	Atlantic Sho	88-11

Flight 2 of 2 Finals

1	Eggleston, Morgan	9	New Covenant	92-05
2	Rhodes, Jerrah	9	North Cross	93-11
3	Van der Merwe, Rory	10	Kenston Fore	94-04
4	Garcia, Olivia	11	Atlantic Sho	94-09
5	Wright, London	10	Steward Scho	97-09
6	Blocker, Adirah	11	Hampton Chri	102-01
7	Michel, Kyiah	10	Atlantic Sho	103-00
8	Chen, Brooklyn	12	North Cross	104-02
9	Holmes, Alicia	11	North Cross	108-02
10	Llavore, Justinne	12	Roanoke Cath	111-01
11	Maurer, Emily	12	St. Anne's-B	130-09

Event 48 Boys Long Jump Division II (18)**Meet Record: 24-08.75 5/17/2025 John Morrison**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Gao, Stephen	10	Banner Chris	18-10.25
2	Burgess, Grey	12	Immanuel Chr	18-10.50
3	Makasi, Ivedigbo	11	Blue Ridge S	19-00.00
4	Headley, Dre	12	The Covenant	19-00.00
5	Whitaker, La'Quarion	12	Brunswick Ac	19-01.00
6	Williams, Joshua	12	Trinity Chri	19-05.00
7	Clark, Joseph	10	Fredericksbu	19-06.00
8	Banks, Isiah	12	Norfolk Chri	19-08.00
9	Mitchell, Sebastian	9	Nansemond-Su	19-10.00
10	Meeker, Benjamin	10	Trinity Chri	19-11.00
11	Guishard, Emmanuel	12	Hargrave Mil	19-11.50
12	Jones, Taj	10	Virginia Epi	20-01.50
13	Yardley, Wynn	10	North Cross	20-02.00
14	Aaron, Rhodes	11	Roanoke Cath	20-05.00
15	Buford, Graham	12	Blue Ridge S	20-10.00
16	Thomas, Jamal	12	Nansemond-Su	21-06.50
17	O'Herron, Sean	12	Roanoke Cath	21-10.50
18	Lemon, Kyce	11	Roanoke Cath	22-01.50

Event 51 Boys Triple Jump Division II (21)**Meet Record: 48-08.50 5/17/2025 Kenan Andrews**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Powell, Zach	9	Eastern Menn	36-02.00
2	LaBlance, Shae	10	Greenbrier C	36-05.00
3	Townes, Donovan	10	Blue Ridge S	36-10.00
4	Taylor, James	11	Immanuel Chr	36-11.50
5	Meeker, Benjamin	10	Trinity Chri	36-11.50
6	Paquet, Kingston	10	North Cross	37-05.00
7	Titus, Michael	11	Virginia Aca	37-10.50
8	Scholz, Justus	11	Broadwater A	37-11.00

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Meet Program - DII Field Events**Flight 2 of 2 Finals...(Event 51 Boys Triple Jump Division II (21))**

1	May, Noah	10	Eastern Menn	38-03.00
2	Deloye, Philip	9	Trinity Acad	38-04.00
3	Hinshelwood, Owen	12	Stonebridge	38-07.00
4	Clark, Joseph	10	Fredericksbu	39-02.50
5	Lemon, Kyce	11	Roanoke Cath	39-06.00
6	Makasi, Ivedigbo	11	Blue Ridge S	40-05.00
7	Lipford, Rahem	10	Roanoke Cath	40-07.50
8	Jones, Taj	10	Virginia Epi	40-09.00
9	Mitchell, Sebastian	9	Nansemond-Su	41-08.50
10	O'Herron, Sean	12	Roanoke Cath	42-05.75
11	Nwafor, Chima	11	Stonebridge	43-01.25
12	Williams, Joshua	12	Trinity Chri	44-02.50
13	Thomas, Jamal	12	Nansemond-Su	45-00.75

Event 65 Girls Long Jump Division II (20)

Meet Record: 19-01 5/17/2025 Armani Chance

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	McKee, Harper	10	Eastern Menn	14-07.50
2	Winslow, Abigail (Abby)	9	Immanuel Chr	14-08.25
3	Cherkaoui, Meriam	10	Walsingham A	14-08.25
4	DiGiovanni, Josephina	10	Nansemond-Su	14-09.25
5	Edwards, Jamariah	11	Roanoke Cath	14-11.00
6	Cho, Annabelle	10	Trinity Chri	15-01.00
7	Mathews, Emily	8	Fredericksbu	15-01.00
8	Fisher, Ella	9	Trinity Chri	15-02.00

Flight 2 of 2 Finals

1	Akintide, Aderinsola	11	Trinity Chri	15-02.50
2	Stevens, Camryn	10	North Cross	15-05.50
3	Rivera, Carmen	9	Cape Henry C	15-07.00
4	Tinsley, Serenity	9	St. Anne's-B	16-01.75
5	Edwards, Miracle	11	Fredericksbu	16-02.50
6	Cunningham, Gabrielle	9	Christ Chape	16-03.25
7	Smith, Karly	12	Roanoke Cath	16-05.00
8	Hammond, Miranda	10	Nansemond-Su	16-07.00
9	Holmes, Alicia	11	North Cross	16-07.50
10	Johnson, Faith	10	North Cross	16-08.50
11	Ofole, Chiamaka	12	Stonebridge	17-01.25
12	Holland, Courtnee	11	Virginia Epi	18-05.00

Event 68 Girls Triple Jump Division II (17)

Meet Record: 39-09.25 5/17/2008 Nefertiti Smith

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Christensen, Kamryn	9	Atlantic Sho	28-05.00
2	Johnson, Brynn	9	Cape Henry C	28-08.50
3	Tolbert, Andrea	10	Hampton Road	28-10.50
4	Ledger, Emily	11	St. Anne's-B	29-07.75
5	Winslow, Abigail (Abby)	9	Immanuel Chr	30-03.25
6	Fisher, Ella	9	Trinity Chri	31-01.00
7	Rivera, Carmen	9	Cape Henry C	31-04.50
8	Akintide, Aderinsola	11	Trinity Chri	31-06.75
9	Cho, Annabelle	10	Trinity Chri	31-09.00
10	Cannon, Taniya	10	Stonebridge	32-02.00
11	Pittman, Kendall	8	Nansemond-Su	32-06.50
12	McKee, Harper	10	Eastern Menn	32-07.00
13	Tinsley, Serenity	9	St. Anne's-B	33-09.75
14	Smith, Karly	12	Roanoke Cath	34-02.00
15	Hammond, Miranda	10	Nansemond-Su	34-10.00
16	Holland, Courtnee	11	Virginia Epi	35-06.50
17	Edwards, Miracle	11	Fredericksbu	35-06.50